

GROVEDALE



grapevine
Issue #21
Summer 2017



Welcome to 2017 at Grovedale Neighbourhood House



Hi everyone,

I'm Jen Jones, Pastel Artist and new Arts Teacher for the Grovedale Neighbourhood House at the Grovedale Community Hub starting 1st Term 2017.

I currently teach out of my studio, StudioArt6 at Bannockburn and will continue to do so on Mondays and Tuesdays, but Thurs mornings you will find me at the Community Hub from 9.30-12pm running Pastel drawing and art classes. You can also check out my art on my website: studioart6.com.au.

Pastels are an amazing medium to work with as they are extremely forgiving, diverse in their effects as you can see on my artworks, but very messy so bring along an apron or old shirt to protect your clothes from the dust.

For beginners to pastels and art right through to the more advanced students, I teach very much 'hands-on' and will assist you to work on your painting through problem solving and practical demonstrations.

Each student works on their own artwork of their choice and will learn how to grid up their photos and enlarge on to their art paper to get correct proportions and scale.

I will show you how to identify colours and hues, develop your individual style, and will have you hanging your completed and framed artwork on your home wall in no time.

Classes commence February 9th, check out our program on page 6 for full details.

The Grovedale Grapevine is compiled and published by Grovedale Neighbourhood House.

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TO ADVERTISE

Phone: 5241 5717

Email: info@grovedalenh.org.au

EDITORIAL POLICY

Contributors should note that the right to modify submitted articles is retained by the Grovedale Grapevine. All contributors are asked to provide their articles electronically on Microsoft Word format.

WEBSITE

grovedalenh.org.au

LAYOUT & DESIGN

Palila Opit

**NOW DELIVERED
TO 5,156 HOMES IN
GROVEDALE.**

Deadline
for next issue of
**Grovedale
Grapevine**
28th FEB.
2017
Published
march, 2016

MANAGER'S CHIT CHAT!

Welcome to 2017 and our first edition of the Grapevine for the year.

I hope you all had a fabulous break over summer.

The Grovedale Neighbourhood House staff are all organised and ready to rock and roll. We have two new part time staff that some of you may have meet. Jenny Speed our Volunteer Support and Coordination Officer, and Tina Grimes our Creative Programmer. We are delighted to have Tina and Jen working with us as we move into 2017.

Pam has worked really hard to ensure everyone has the space and programs they wanted. So many thanks Pam.

We now have 6 active volunteers who are amazing, and we have others who will be coming in over the year. We are so lucky to have such committed, skilled people that support the Grovedale Neighbourhood House.

This term we have a new pastel drawing class and an exhibition of a local artists work in late February, see inside for Jen and Saabira's stories - check our program/facebook for time and dates.

Please look over our programs and news and come on in and spend some time with us.

Linda.



You Have the Power!

Grovedale Neighbourhood House can now offer points to recharge your battery on your scooter or wheelchair. You can have a cuppa while you wait or use our free wifi.



Book Swap

If you love reading and like a variety of topics, then our book swap library is for you. We have murder mysteries to enchantment and history. Craft to cooking and of course travel the world books. So bring in the books you would like to swap, and take a new lot home with you! Our fabulous volunteers keep this book area beautifully neat and functioning.

Rent a room.

Grovedale Neighbourhood House has a range of rooms, and a beautiful old hall with a commercial kitchen that you can rent for workshops, meetings, events and activities. Give us a call to discuss your needs and we will let you know availability and the range of reasonable rental costs. Phone 52415717.

TERM 1 DATES 2017

**JAN. 30th-
MAR. 31st**

Check our activity program for course starts dates.

Please enrol early as places can fill quickly

Grovedale Neighbourhood House acknowledges the support of:



Like us on
Facebook

Free Wifi

Grovedale Neighbourhood House has free wifi, so come on out of the cold, have a cup of tea and catch up on your emails, Skype your friends and family or finish that last essay. Just ask us for the password.

Barwon River Dragonboating

Geelong Firecats are looking for new members. Come & try, we paddle for fun, fitness & friendship. No prior experience required, all ages welcome.

www.geelongfirecats.com.au

facebook: Geelong Firecats Dragon Boat Club

News From the Grovedale Seniors

Hello to all the Grovedale Seniors. Here we are in 2017, hope you are all keeping well.

If you are looking for somewhere to go - come along to the Grovedale Community House in Heyers Rd. and join in some of the activities there.

We have carpet bowls on Mondays - gentle exercises and cards on Tuesdays - bingo every 2nd Thursday with social afternoons the other Thursdays,

on Fridays we have line dancing. So don't be lonely at home - we are all friendly seniors, you will be most welcome.

For more info. ring Gwen on 0416 381 510

Creative Awakenings

Do you dream of being a painter, a dancer or a writer, creating an invention or Perhaps there's just a small flicker of excitement at the thought that you just might be able to create something. It doesn't matter where you're starting from, whether you are a full time artist or entrepreneur or if you don't believe you have a creative bone in your body. Creative Awakening is a 6 week journey, in a safely held space, where you will find yourself waking up to a more invigorated, more creative, you. Call Mia 0400 953 368 for expressions of interest/information.

One Way!

Don't forget our car park is one way. This is for the safety of children and all the other community member's that use the Hub. Also a gentle speed when entering and the leaving the car park is much appreciated.

We are in the process of organising new signs for the car park and traffic flow arrows that will assist you, keep your eyes out for the new directions! Thank you for your consideration.

No Smoking Please!

Just a small reminder that Government regulations state that there is to be no smoking within 6 metres of a door or window near a child care centre / community hub. What this means at our Hub, is that smokers need to cross the car park and go onto the parklands to smoke, making sure you dispose of your butts appropriately.

Thank you for your compliance with this important government regulation, and in consideration to our children and others in the Hub.




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**TOTAL
HARMONY
YOGA & REIKI**

Classes at Grovedale
Community Centre
Mon 6pm - 7.30pm

Classes in Highton
Tues & Wed evenings

Call Glenda on
(03) 5241 9367

OUR COMM

Local Artist: Saabira Razac



Saabira Razac is a local Artist whose works you may have seen dotted about the Cafes and small businesses of Geelong. She was born in the Twin Island State of Trinidad and Tobago and has spent most of her life between there and Canada before migrating to Australia in 2012. She grew up celebrating many different cultures and religions, which in part, is the inspiration of her artwork. Saabira is fascinated by people's mannerisms and why they do the things they do. She focuses greatly on the perception of the human form; presenting it in a non-conventional manner while maintaining a high level of realism.

Saabira's Artwork can be described as stylised, colourful and engaging. She uses colour and abstracted drawing style to spark a memory in the viewer. Saabira loves to paint her female figures with unusual colours that you would not come to expect as skin tone; but somehow seem to work very well. Her figures possess a strong sense of movement creating a gentle yet playful conversation with the viewer. She uses mirrored imagery, crafting a pleasant kind of conflict between the figures; of wanting to reach out and touch each other.

Saabira strives to portray the essence of beautiful subject matter and her floral images are no different. She uses non-conventional colours and abstracted lines to trigger a memory in the viewer. She calls upon your senses as you view each artwork, causing the individual to create a personal experience as they narrate through each floral drawing.

Saabira also enjoys blending the human form with these floral influences. The delicate beauty of each subject creates an image full of energy and intrigue. Her "Floral Women" Series is an ongoing exploration in to the strength and beauty that lies within the female portrait. Some of these engaging drawings will be on display at the Grovedale Neighbourhood House in February 2017.

If you enjoy Saabira's artwork, you maybe interested in attending her private classes. Saabira Razac Artworks hosts Adult Art Classes on a weekly basis in Grovedale. Her classes are focused on harnessing your own Artistic Style and learning to create artwork that you enjoy making. She instils confidence in her students and allows their inner artist to blossom.

Check out some of the fun and interesting projects her students get up to in these classes on Facebook (www.facebook.com/saabiraR) as well as her website (www.saabirarazac.com).

We are pleased to announce that Saabira Razac will be exhibiting some of her dynamic artwork with The Grovedale Neighbourhood House in February 2017. Be sure to look out for further information on our Opening Night Event in February 2017. Come on out and have a look at these interesting and beautiful works of Art.



UNITY

Brian Johansson and the Grovedale Community Kitchen.

My last interview for the Grovedale Grapevine was about the food swap, and this time I continue the foodie theme, catching up with the Community Kitchen Grovedale coordinator, Brian Johansson, to find out what it's all about.

Take a retired guy that has always enjoyed cooking, likes Ballroom Dancing, through to competition level, who was a Fitter and Turner and then became a baker for 15 years. Brian also grows his own veggies in the grovedale community garden.

What is a Community Kitchen?

It's a group of people who come together on a regular basis to cook, socialise and enjoy good food. Each group decides how their kitchen will run, how often they will meet, and what food they will prepare.

What got you started?

I got involved in the community kitchen about 18 months ago. I retired from work and found the community kitchen by chance when I was looking online for details about the Community Garden which I also enjoy.

I read about the kitchen and it sounded like something that would suit me. When I first started with the group it had 3-4 active members. I started assisting the facilitator with buying the groceries and with the running of the group. I have since completed facilitators training and am sharing the role. I find the group to be fun and I enjoy spending time with the people and have even made some new friends.

It's great to share recipe ideas and to learn cooking tips from each other. The group involves attending Wednesday cooking. I buy food to prepare and supervise and participate. We enjoy eating what we have cooked.

The group has about 12 members on the books with 8 - 9 attending most weeks people can find out more from <http://www.barwonhealth.org.au/healthy-communities/community-kitchens-bh>

What sorts of foods does the group cook?

The group decides on their own menu each week. We try to have healthy meals that can be made on a budget that are tasty. We have been making a lot of old fashioned desserts which are yum but not always healthy

A member of the group may bring a favourite recipe of theirs something they see on tv or just something they feel trying.

Do you use any of the foods from the community garden in the cooking?

I may bring something from my garden to cook or pick some free herb to add to a dish.

What day and time does the group meet?

We meet Wednesday 10:00 to 12:30 and generally meet over the school holidays.

Do members have to book and pay in advance?

Members don't book, but we have just started a waiting list for next year with a pay as we go system at \$5 a week.

I think it's been great for me to get involved with the Grovedale Community. I have met lovely people and I would encourage others who might be thinking about getting out there to just give it a go!



Brian and some of the Community Kitchen members enjoying a celebration

COURSES & ACTIVITIES

What's New?

Pastel Art Classes

Pastel Artist & Teacher Jen Jones will be conducting lessons for beginners through to the more advanced students

When: Thurs 9.30am-12pm

Contact Jen:

0408 461 559

Commencing 9th Feb.

Psychic & Mediumship Development

Two classes to suit all levels.

When: Tues 10am-12pm & Thurs 7-9pm comm. 7th & 10th Feb.

Contact Lindie:

0421 148 862

Community Ukulele

A fun and social group for all ages where you will learn the basics of playing the ukulele and learn some easy songs along the way. You do not need any prior experience, but you will need to bring along your own ukulele and a sense of fun.

When: Mon 7.30pm-9pm

Cost: \$2.50 per week.

Contact Ross:

0430 871 045

Commencing 6th February

U3A Activities @ Grovedale Hub

Yoga & Meditation

Monday 10.30am-1pm

Commencing 1st Feb

Wed & Fri 8am-9am

Comm. 3rd & 5th Feb.

Contact Garry: 5244 5114

Finding Stillness

A 4 week program for children to learn stillness and meditation.

When: Wed 4.15pm-5.45pm

8th Feb- 1st Mar

Contact Tessa:

0450 675 282

Guitar for Kids

Fun and easygoing classes for primary school age children to learn the basics of playing the guitar. Prep – grade 6, \$14 p/lesson

When: Tues 3.45pm-4.45pm

Contact Sarah:

0466 113 138

Commencing 6th Feb.

Spanish Playgroup

Group of parents with young children who speak Spanish and meet weekly for friendship and playtime activities.

When: Mon 9.30-11.30am

Cost: \$2.50 p/family p/wk

Ph GNH: 5241 5717

Computers

Computer Photo Editing

Beginners: Tues 1-3pm

Advanced: Tues 9am-12pm

Cost: \$5 p.w.

Ph GNH: 5241 5717

Commencing 7th Feb.

Fitness

Ninjutsu

When: Thurs 6.30-9pm

Rob Baard: 0410 414 488

Commencing 5th Jan.

Zumba

When: Wed 7-8pm

Cost: Casual classes \$10

Ph Julie: 0419 377 563

julie.lastavec@bigpond.com.au

Commencing 22nd Feb.

Active Aging Exercise

Strengthen your balance and fitness

When:

Monday 8.30am & 9.30am,

Commencing 6th Feb.

Wednesday 9.30am

Commencing 8th Feb.

Cost: \$6 per session, monthly or \$7 casual

Bookings essential

Ph: 5241 5717

Kangagym Fitness

If you are a new Mum, fasten your bub to you, and our tutor Kate will take you through your paces.

When: Mon 10.30-11.30am,

Contact Kate:

0422 708 487

Commencing 16th Jan.

Yoga

Evenings

Tues 6-7.30pm

Glenda: 5241 9367

Commencing 30th Jan.

Early Mornings

Tues 6.30-7.30am

Contact Bianca:

0478 167 312

Commencing 10th Jan.

T E R M I

2 0 1 7

**Wingrove
Calisthenics**

Mon: Tinies 4.15, Jnrs 5.30pm, Seniors 7.30pm
Commencing 6th February

Tues: Sub jnrs 4.30pm, Inters 6.30pm
Commencing 7th February

Thurs: Masters 7.30pm
Ph Kylie: 5244 2448
Commencing 9th February

Craft**CRAFT**

Wed Group—Wed 1-3pm
Commencing 8th February
\$2.50 p.w.

Craft Creators – Friday
9.30am–12pm,
Commencing 10th February
\$2.50 p.w.
Ph: 5241 5717

**Karen Feldman's
Dance Classes**

Age specific dance classes
Wednesday: 2.30pm from 1st February

Thursday: 4pm from 2nd February

Contact Karen:
0432 493 527

Wellbeing**Community Kitchen**

When: Wed 10am–12.30pm
Learn to cook a meal for \$5 or less. Friendly, welcoming group; no skills required.
Ph GNH: 5241 5717

**TOWN(Take Off
Weight Naturally)**

When: Wed 6pm
Ph Heather: 5243 0622

Weight Watchers

When: Wed 6pm–8pm
Ph Steve: 0402 303 064

**Philosophy
Discussion Group**

When: Wed 7pm-9.30pm
Ph GNH: 5241 5717

Food Swap

3rd Saturday of the month
9.30–11am. Bring your excess produce for swap or sale.

SOGETSU IKEBANA

Ikebana is the unique Japanese form of floral art. With understanding and practise, beautiful works may be created with even quite humble materials.

When: Thurs 6pm-8pm,
Cost: \$200.00 per 8 weeks
Email: Christopher, road-sideikebana@bigpond.com
Commencing. 2nd Feb

**MACHINE
EMBROIDERY CLUB**

If you have any brand of computerised embroidery machine and would like to join, contact GNH on 5241 5717 for details.

When: Sat 10am–3pm, Feb 18th, Mar 18th, Apr. 15th
Cost: \$5 p/session

Children**MINI MAESTROS**

music classes for children,
When: Wed 9.15–12:30pm
Ph: 0424 047 822.
Email: mm.geelong@mini-maestros.com.au
Commencing 8th Feb.

Men's Shed

The Old Hangars Men's Shed (OHMS) meet every Tuesday at the former airport on Surf Coast Highway. An active and productive group. Call us for more info.

Ph Nic Kuiper:
0403 203 184

Youth**ACTIVE
PERFORMANCE
STUDIO**

Acting classes for Kids, Teens and Adults
When: Fri 4.30pm–8.30pm
Ph: 9078 1454 luke@activeperformancestudio.com.au
Commencing 10th Feb.

**YOUTH DROP IN
NEW DAY**

Regular drop in activities of X-box, foosball, table tennis, art activities, sports, Wii, free food!! All welcome
When: **Thur 3.30pm–5.30pm**
Ages 12-25
Ph Karina: 0419 504 329
Commencing 2nd Feb.

International Day of Peace. September 21st 2016



Peace is more than an absence of war. It is about transforming ourselves and uniting our communities to work together for a just, safe, peaceful and harmonious world for all.

Here at the Grovedale Community Hub it was celebrated on 15th September. In the lead up to the event a display space was set up in the foyer, allowing visitors and users of the Hub to write messages of peace on smooth river stones which were left available on the table. These stones were to be included in the Peace Ceremony to be placed at the base of the Community Hub's Peace Pole (outside the back entrance).

Earlier on the day of the event a talk was given to the kinder children. They were asked about what peace meant to them. There were some very lovely, insightful answers: "playing with my friends", "not fighting with my brother", "sharing my toys", "having some quiet time". The ceremony later on would include sending peace to every country in the world, so we



also talked about the different colours and patterns of the flags and how people are different in colour, culture, language but that there is also a commonality that links us all. We all want to feel loved, to feel safe, to belong, to be cared for. The session was ended with a meditation/relaxation, as the children lay down and listened to some harp music being played.

At the ceremony later in the day, the children, and a few adults who joined in, laid their stone messages of peace at the peace pole. As the last stone was laid, the heavens opened up and we scurried inside to continue the ceremony in comfort. The rain was like a cleansing and purification, so intense it was.

Once inside, the mini flags of each nation, was placed into a sand pot while a message of peace was said to that country e.g. "May Peace be in Australia"

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These are just a few of our services so be sure to give me a call on **0429 687 553** for any enquiries

Guitar 4 Kids is coming to Grovedale

Looking for an after school lesson for your budding guitar players, give Sarah a call.

Guitar 4 Kids provides FUN and easy going classes for your primary school aged child to learn the basics of playing the guitar.

Sarah is a qualified music teacher with over twenty years' experience in performing and music teaching.

When : The class times and dates will be in our program.

Ages : Prep - Grade 6

Cost : \$14 per lesson

Contact : Sarah 0466 113 138



Youth @ Grovedale

PLEASE NOTE: YOUTH DROP IN IS CHANGING FROM FRIDAY TO THURSDAY AFTERNOONS IN 2017!



Ladies Probus Club of Grovedale East

The Ladies Probus Club of Grovedale East meet at 10am on the 4th Monday of the month (except December) at The Uniting Church hall, Reserve Rd. Grovedale.

Next meeting January 23, 2017. We have outings, interesting speaker, movie days, coffee mornings and a walking group. Visitors are welcome to come and see what we are all about. Enquiries Ph. 5243 3670.

YOUTH DROP-IN
AT THE SHACK

FREE 3.30PM - 5.30PM
EVERY FRIDAY AFTERNOON OF SCHOOL TERM

TABLE TENNIS
X-BOX
FOOTBALL
WII
FREE FOOD
ART
SPORTS
AND MORE!

Want to hear more about youth activities and opportunities for 12-25 year olds in your area?
Get involved in school holiday programs, youth events, youth environment opportunities, programs, community volunteering and more!
Whether you are a young person, parent or carer, we'd love to hear from you!

Contact Karina on kdonkers@geelongcity.vic.gov.au or 0419 504 329

Like or follow us on Facebook
TAG (Teen Activities Geelong)
Geelong South Youth Activities

GEELONG

PSYCHIC DEVELOPMENT COURSE

Are you curious about psychic and mediumship development?
Want a safe place to develop your abilities in a safe and non-judgemental environment?

Have you developed your abilities to a certain level but not sure where to go from here?

Join me in a weekly development circle that caters to all abilities where you will

Discover your innate psychic abilities
Explore your intuition and learn to communicate with spirit
Gain confidence in your skills

I have been training with world renowned psychic medium Tony Stockwell since 2011, and am passionate about sharing what I have learnt through my own experiences in developing my mediumship

Classes will run during term time, at a cost of \$25 for the first term. Following terms will be \$30 per class.

Lindie Gunston
SPIRIT MEDIUM

To enrol contact 0421148862
or lindie.gunston@gmail.com



THE JOURNEY OF THE GROVEDALE GRAPEVINE

Dear Grovedale Hubbers and Grapevine readers,

As we begin 2107 we are assessing the best way to do things at Grovedale Neighbourhood House, and one of our thoughts is by 2018 that we put the Grovedale Grapevine online.

There are a few reasons for this and I would like to explain them to you. Also for those that really enjoy the hard copy of the Grapevine, I want you to know it will still be available. We understand not everyone has or wants the internet, so rest assured we will have the Grapevine as you know it, for you.

Producing and distributing the Grovedale Grapevine costs a significant amount of money, which the staff at the Grovedale Neighbourhood House believe could be put back into the Grovedale community. Also we can only afford to distribute the Grapevine to Grovedale. So many people that come to the Hub that live in Marshall or Waurm Ponds do not receive it.

Environmentally the production of the Grapevine has a significant impact due to the use of paper (some of which gets tossed in the bin), inks and wastage.

So, slowly we would like to put the Grapevine on our website, distribute via email and hard copies be available at the

Grovedale Neighbourhood House and other accessible community spaces such as the library, shopping centre etc.

If we do this, the savings for the Grovedale Neighbourhood House would be very significant and we could use the funds to respond to the community in other ways.

We would be very interested to hear your responses to this proposal.

Call us on: 5241 5717 or email info@grovedalenh.org.au



Grovedale GARDENS | **St Albans Park GARDENS** | **Townsend GARDENS**

FREE events for over 55s

GROVEDALE GARDENS
Mondays, 1.30pm – Nit & Natter
(Sewing & Afternoon tea)

4th Monday of each month, 1.15pm – **Craft class**

ST ALBANS PARK GARDENS
Wednesdays, 1pm – Cards

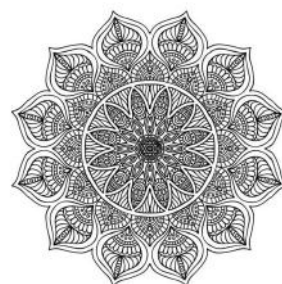
TOWNSEND GARDENS
Weekdays, 10am – Morning tea

Come along to our events to meet new friends and discover what renting in our community is all about.
Call our Village Managers to book your place, take a village tour and pick up your FREE information pack.

David at GROVEDALE GARDENS
 1–3 Church Street, Grovedale Ph: **5241 3011**

Melinda at ST ALBANS PARK GARDENS
 142–152 Townsend Rd, St Albans Park Ph: **5248 5011**

Janet at TOWNSEND GARDENS
 142–152 Townsend Rd, St Albans Park Ph: **5248 8426**



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Tash 0422 719 589



Lions Clubs – 100 years of Community Service

You may be interested to know that the Lions Club of Grovedale/Waurn Ponds, which was formed in 1985, is part of a worldwide organisation that has been serving humanity around the world since 1917.

In 2016 we were pleased to be able to contribute significant seed funding to the Grovedale Community Hub towards the proposed Community Hub Project to create an outdoor space where all the groups from the Hub can come together and have access to a BBQ, seating, a street art board and a small garden.

We are also keen to further develop our links to the needs of the Grovedale community.

To continue our community efforts in the local area; wider efforts on a national front; and to contribute in a small way internationally the Lions Club of Grovedale/Waurn Ponds needs people

like you. All it entails is the amount of time and energy you feel you can put in. We meet twice monthly, one being a dinner meeting and the other a business meeting.

Lions Clubs are not religiously based or politically affiliated. Basically, Lions are people, like you, who enjoy getting together to help others and having a good time while doing so.

If you are interested in finding out more about the Lions Club of Grovedale/Waurn Ponds, feel free to contact our membership chairman, Gordon Harwood on 5243 9093 or our President, David Ridley on 0459 574 347.

You can also check out the club's website <http://grovedalewaurnponds.vic.lions.org.au/> for information and or contact information.

ANDREW KATOS MP

Member for South Barwon



Please contact my office if you wish to discuss any State Government matters

www.andrewkatos.com.au

1/174-178 Torquay Road GROVEDALE 3216

Phone: 5243 5222

andrew.katos@parliament.vic.gov.au

Authorised by A Katos 1/174-178 Torquay Road GROVEDALE 3216
Funded from Parliament's Electorate Office and Communications Budget

Just a visitor in town? Much more about Lions is on the web: <http://lionsclubs.org.au/join-lions/>



Grovedale
GARDENS

St Albans Park
GARDENS

Townsend
GARDENS

Rental retirement living *limited opportunities remain.*

Grovedale Gardens, St Albans Park Gardens and Townsend Gardens provide independent seniors with an alternative to retirement living, offering great value rental units in a secure community of like-minded residents.

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- » Simple weekly rent – no big upfront fees
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- » Pets welcome

- » Friendly on-site Village Manager (Mon–Fri)
- » Our **FREE Ingenia Care** service will connect you with the care you need to live an independent and active life

Call our Village Managers today for a FREE information pack & village tour.



VILLAGE TOURS
MON–FRI | *Call today to book*

David at **GROVEDALE GARDENS**
1–3 Church Street, Grovedale
Ph: 5241 3011

Melinda at **ST ALBANS PARK GARDENS**
142–152 Townsend Rd, St Albans Park
Ph: 5248 5011

Janet at **TOWNSEND GARDENS**
142–152 Townsend Rd, St Albans Park
Ph: 5248 8426

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VETERANS LIAISON AVAILABLE

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