

GROVEDALE



grapevine 

Issue #23

Winter 2017

WAN-YAARI ABORIGINAL BOYS CULTURAL PROGRAM



The Wan-Yaari Aboriginal Boys Cultural Program runs every Wednesday from 4:00-5:30pm at the Grovedale Community Hub with the aim of engaging Aboriginal boys and young men aged 8-18. The program aims to enhance and strengthen connection to culture, Aboriginal identity and positive wellbeing in a fun, safe and supportive environment. The group participate in a range of cultural activities including Traditional Aboriginal games, such as Marngrook (football), boomerang and spear throwing, Aboriginal art, dance and music.

The group also participates in an Aboriginal wellness and connection practice called Wayapa Wuurk. Wayapa is a unique combination of Earth mindfulness narrative meditation and

movement that teaches the boys the energy connection to the Earth and our Spirit and the importance of caring for country.

The program will run until July and will conclude with the group showcasing an Aboriginal dance performance for the community during NAIDOC week.

Thank you to the Grovedale Neighbourhood House and City of Greater Geelong for supporting this program.

If you would like more information about the program please contact Lowell on 0473476728, visit www.wanyaari.com.au or email enquires@wanyaari.com.au or

Hi Grovedale Community Hubbers

Just a reminder that Government regulations state that there is to be no smoking within 6 metres of a door or window near a child care centre or community hub. What this means at our Hub, is that smokers need to cross the car park and go onto the parkland to smoke, making sure butts are disposed of appropriately.

Thank you for your compliance with this important government regulation, and in consideration to our children and others in the Hub.

One Way!

Don't forget our car park is one way. This is for the safety of children and all the community member's that use the Hub. Also a gentle speed when entering and the leaving the car park is much appreciated.

We have arrows painted on the ground now so it makes it easy to follow, and a 20kmph sign so please go with the flow!

Free Wifi

Grovedale Neighbourhood House has free wifi, so come on out of the cold, have a cup of tea and catch up on your emails, Skype your friends and family or finish that last essay. Just ask us for the password.

The Grovedale Grapevine is compiled and published by Grovedale Neighbourhood House.

Advertising & Editorial Disclaimer

The inclusion of inserts, editorials or advertising in The Grovedale Grapevine does not necessarily constitute or imply any endorsement or recommendations concerning the products, services, opinions or information found in the contents.

TO ADVERTISE

Phone: 5241 5717

Email: info@grovedalenh.org.au

EDITORIAL POLICY

Contributors should note that the right to modify submitted articles is retained by the Grovedale Grapevine. All contributors are asked to provide their articles electronically on Microsoft Word format.

WEBSITE

grovedalenh.org.au

LAYOUT & DESIGN

Palila Opit

**NOW DELIVERED
TO 5,156 HOMES IN
GROVEDALE.**

TERM 3 DATES 2017

**JUL. 17th-SEPT.
22ND**

Check our activity program for course starts dates.

Deadline

for next issue of
**Grovedale
Grapevine
25th August
2017**
Published September

MANAGER'S CHIT CHAT!

I would like to thank all our volunteers for the valuable work they do at the Neighbourhood House, keeping the Hub tidy, answering the phones, putting items on facebook and generally making people feel welcomed.





Please use our great book swap which is kept organised every week by two of our fabulous volunteers.

I would also like to thank Pam our Administration Officer, Pam has been involved with the Neighbourhood House for 11 years and continually provides a welcoming smile and generally keeps the Neighbourhood House running!

If you want to know more about our programs or the Neighbourhood House please come and chat with us, grab a Grovedale Grapevine or check out the Grapevine on our website. As we enter the chilly months keep warm and cosy!

Linda.





WAN-YAARI


EXPRESSION OF INTEREST

WEEKLY WAYAPA AT GROVEDALE NEIGHBOURHOOD HOUSE

Connect into the Earth, Connect into Spirit, Connect into Self

Wayapa is an exciting new Aboriginal Wellness & Connection practice based on ancient Indigenous knowledge and wisdom that focuses on taking care of the Earth as the starting point for healing ourselves.

- Creates Earth Mind Body and Spirit well-being
- Wayapa is a unique combination of earth mindfulness, narrative meditation and movement
- Shares Aboriginal culture in an interactive and innovative way
- Through Aboriginal eyes, it explains the energy connection to the earth and our spirit in a way that is easy to understand for any age
- Teaches the importance of caring for Country
- Encourages living sustainably and in harmony with nature
- Is a great tool for stress management
- Is perfect for anyone of any age and physical capacity




WAN-YAARI

Wayapa Wuurrk

To book or for more info contact

- 0473 476 728
- enquiries@wanyari.com.au
- www.wanyari.com.au



Ladies Probus Club of Grovdale East

The Ladies Probus Club of Grovedale East meet at 10am on the 4th Monday of each month in the Uniting Church hall, Reserve Rd Grovedale. We have interesting speakers, outings, a walking group, movie days, a craft group and more. New members welcome. Come to a couple of meetings as a visitor to get a feel for our club. Enquiries Ph. 5243 3670.

What's new @ Grovedale Neighbourhood House?

- Wan-Yaari Aboriginal Boys Cultural Program
- Community Ukulele
- Pastel Art Classes
- Guitar 4 Kids
- U3A Activities

See our program for details.

Book Swap

If you love reading and like a variety of topics, then our book swap library is for you. We have murder mysteries to enchantment and history. Craft to cooking and of course travel the world books. So bring in the books you would like to swap, and take a new lot home with you!

Our fabulous volunteers keep this book area beautifully neat and functioning.

You Have the Power!

Grovedale Neighbourhood House can now offer points to recharge your battery on your scooter or wheelchair. You can have a cuppa while you wait or use our free wifi.



Grovedale Neighbourhood House acknowledges the support of:



Life Activity Afternoon Tea Dance

Life Activities Club Geelong Inc. holds an Afternoon Tea Dance every Thursday 2.30 – 4.30pm Belmont Park Pavilion, Barrabool Road, Belmont \$5 Entry All welcome.

Enquiries: Val 5251 3529

Rent a room.

Grovedale Neighbourhood House has a range of rooms, and a beautiful old hall with a commercial kitchen that you can rent for workshops, meetings, events and activities.

Give us a call to discuss your needs and we will let you know availability and the range of reasonable rental costs. Phone 5241 5717.



Karingal St Laurence Volunteering – We Love Volunteers!

Karingal St Laurence Volunteering – We Love Volunteers! Are you interested in reaping the benefits of giving back to the community and joining our 400+ volunteers at Karingal St Laurence? We are flexible in supporting volunteers to get involved in any way they can, whether that be 2 hours or 10 hours a week! We have a number of exciting opportunities available across aged care and disability services, that make a real difference to supporting our local community. Our Volunteers Manager Emily Learey would love to hear from you! Contact (03) 5282 0016 or volunteers@stlaurence.org.au to arrange an appointment.

P 03 5282 1405 **E** volunteers@stlaurence.org.au
F 03 5282 2606 **W** www.stlaurence.org.au
 90 Station Lake Road, Lara 3212 PO Box 110, Lara, VIC 3212



Open: Saturdays 9.30am - 11.30am

New members welcome

Special rates apply for Concession, Grandparents, Day Care and Play Groups.

Enjoy over 1000 toys suitable for babies to 6 years

Check website for any additional opening hours.
 Closed during School holidays and public holiday weekends

Where? Grovedale Community Hub- 45 Heyers Rd, Grovedale 3216

Email us: info@grovedaletoylibrary.org.au

www.grovedaletoylibrary.org.au

OUR COMM

NAIDOC 2017

Grovedale Neighbourhood House acknowledges Wadawurrung Traditional Owners of this land and all Aboriginal and Torres Strait Islander People who are part of the Greater Geelong community today.

Grovedale Neighbourhood House will celebrate NAIDOC week with a performance by the Wan – Yaari Aboriginal Boys Cultural Program (watch our facebook page for times and date). NAIDOC week is a wonderful opportunity to know more about our shared history and to celebrate with and acknowledge our first nations culture and significant achievements.

This year the theme is 'Our languages matter' and it highlights that for many Aboriginal people English is a second or third language as there are still 120 languages spoken. At Grovedale Neighbourhood House we delight in knowing more about all the population groups in our community. Please enjoy the information about NAIDOC week.

NAIDOC originally stood for National Aborigines and Islander Day Observation Committee. This committee was once responsible for organising national activities during NAIDOC Week and its acronym has since become the name of the week in which we celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

Held each year in July, NAIDOC is celebrated not only in First Nations communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community. In 2017 National NAIDOC Week runs from 2 - 9 July with the theme of Our Languages Matter

The 2017 theme aims to emphasise and celebrate the unique and essential role that First Nations languages play in cultural identity, linking people to their land and water and in the transmission of Aboriginal and Torres Strait Islander history, spirituality and rites, through story and song.

Some 250 distinct Indigenous language groups covered the continent at first (significant) European contact in the late eighteenth century. Most of these languages would have had several dialects, so that the total number of named varieties would have run to many hundreds.

Today only around 120 of those languages are still spoken and many are at risk of being lost as Elders pass on.

For more information about NAIDOC Week go to <http://www.naidoc.org.au/>



UNITY



Would you like to tell us your story?

Perhaps you have lived in Grovedale and surrounds for many years and started the school canteen, soccer club or a business. Or maybe you came from overseas and settled here and can tell us the story of your journey to get here. Cooking traditional and cultural meals may be your passion, perhaps you can give us an insight into your world. Maybe you play wheelchair basketball, or started an LGBTQI social club.

We would be delighted to hear from you so we can share your story with our community. Call us on 5241 5717 or email us at manager@grovedalenh.org.au

The Grapevine Goes Online

Dear Grovedale Grapevine readers,

As you would be aware, in the last edition we spoke about the Grapevine going online with some paper copies available at the Hub and other community places. The rationale for this decision is the expense and waste involved in paper based newsletters. It also means the Grapevine and our programs can reach those in Waurin Ponds, Marshall, Belmont, Armstrong Creek, Warralily etc, as currently we can only afford delivery to Grovedale. So we are planning over the year 2018 to begin the process.

To begin the process we need to have an email so we can send you the Grapevine or you can read and or download it on our website. So in our next edition we will provide an email for your details. This process will take time so bear with us as we launch into the world of technology.

For those who love the paper based Grapevine it will still be available for you. Watch this space.

Linda,
Manager Grovedale Neighbourhood House.



Geelong Wheelchairs



Large range of
Mobility Scooters
available for trial

FREE RACV
Roadside Assist

We service what we sell
Call us for a free in-home
trial today

Phone: 52440844
106 Bailey Street Grovedale

Are You a Local Artist?



We have exhibition space at the Grovedale Hub. We would be very happy to chat with you about showcasing your work. Come and speak to us at the Grovedale Neighbourhood House, call us on 5241 5717 or email: manager@grovedalenh.org.au.

COURSES & ACTIVITIES

What's New?

Wan-Yaari Aboriginal Boys Cultural Program

The Wan-Yaari Aboriginal Boys Cultural Program runs every Wednesday from 4-5:30pm at the Grovedale Community Hub with the aim of engaging Aboriginal boys and young men aged 8-18. The program aims to enhance and strengthen connection to culture, Aboriginal identity and positive wellbeing in a fun, safe and supportive environment.

Contact Lowell: 0473 476 728 or email enquires@wanyaari.com.au

Pastel Art Classes

Pastel Artist & Teacher Jen Jones will be conducting lessons for beginners through to the more advanced students

When: Mon 1pm-3pm (9 weeks) **Commencing 17th July** and Thurs 9.30am-12pm (9 weeks) **Commencing 20th July**
Cost: \$144.00

Contact Jen:
0408 461 559

U3A Activities @ Grovedale Hub

Yoga

Monday 10.45am-11.45am
Commencing 17th July

Meditation with Sound

Monday 12pm-1pm

Commencing 17th July

Yoga

Wed & Fri 8am-9am

Commencing 19th & 21st July

Contact Brian: 5242 8453

Community Ukulele

A fun and social group for all ages where you will learn the basics of playing the ukulele and learn some easy songs along the way. You do not need any prior experience, but you will need to bring along your own ukulele and a sense of fun.

When: Mon 7.30pm-9pm

Beginners Class: Tues 7pm-8pm TBC

Cost: \$2.50 per week.

Contact Ross:

0430 871 045

Commencing 17th July

Guitar for Kids

Fun and easygoing classes for primary school age children to learn the basics of playing the guitar. Prep – grade 6, \$14 p/lesson

When: Tues 3.45pm-4.45pm

Contact Sarah:

0466 113 138

Commencing 18th July

Spanish Playgroup

Group of parents with young children who speak Spanish and meet weekly for friendship and playtime activities.

When: Mon 9.30-11.30am

Cost: \$2.50 p/family p/wk

Ph GNH: 5241 5717

Computers

Computer Photo Editing

Beginners: Tues 1-3pm

Advanced: Tues 9am-12pm

Cost: \$5 p.w.

Ph GNH: 5241 5717

Commencing 18th July

EXPRESSIONS OF INTEREST: Intro to Computers level 1&2

This Intro course covers everything you need to know to gain confidence.

When: Thurs 9.30am-1.30pm, 5 weeks(20 hours)

Cost: \$120

Ph GNH: 5241 5717

Fitness

Wingrove Calisthenics

Mon: Tinies 4.15, Jnrs 5.30pm, Seniors 7.30pm

Tues: Sub jnrs 4.30pm, Inters 6.30pm

Thurs: Masters 7.30pm

Ph Kylie: 5244 2448

Commencing 17th July

Ninjutsu

When: Thurs 6.30-9pm

Rob Baard: 0410 414 488

Commencing 20th July

Active Aging Exercise

Strengthen your balance and fitness

When: Monday 8.30am & 9.30am, **Commencing 17th July** and/or Wednesday 9.30am & 10.30am

Commencing 19th July

Cost: \$6 per session, monthly or \$7 casual

Bookings essential

Ph: 5241 5717

Yoga

Evenings

Mon 6-7.30pm

Contact Glenda:

5241 9367

Commencing 17th July

TERM 3 2017

Zumba

When: Wed 7-8pm

Cost: Casual classes \$10

Ph Julie: 0419 377 563

julie.lastavec@bigpond.com.au

Commencing 19th July

Weight Watchers

When: Wed 6pm-8pm

Ph Steve: 0402 303 064

Craft

CRAFT

Wed Group—Wed 1-3pm

Commencing 19th July

\$2.50 p.w.

Craft Creators – Friday

9.30am-12pm,

Commencing 21st July

\$2.50 p.w.

Ph: 5241 5717

SOGETSU IKEBANA

Ikebana is the unique Japanese form of floral art. With understanding and practice, beautiful works may be created with even quite humble materials.

When: Thurs 6pm-8pm,

Cost: \$200.00 per 8 weeks

Email: Christopher, road-sideikebana@bigpond.com

Commencing. 20th July

Karen Feldman's Dance Classes

Age specific dance classes

Wednesday: 2.30pm from 19th July

Thursday: 4pm from 20th July

Contact Karen:

0432 493 527

Wellbeing

New Community Kitchen Group

When: Tues 10am-12.30pm

Learn to cook a meal for \$5 or less. Friendly, welcoming group; no prior skills required.

Ph GNH: 5241 5717

Community Kitchen

When: Wed 10am-12.30pm

Learn to cook a meal for \$5 or less. Friendly, welcoming group; no skills required.

Ph GNH: 5241 5717

Food Swap

3rd Saturday of the month

9.30-11am. Bring your excess produce for swap or sale at Grovedale Community Hub

TOWN(Take Off Weight Naturally)

When: Wed 6pm-7.30pm

Ph Heather: 5243 0622

Philosophy Discussion Group

When: Wed 7pm-9.30pm

Cost: \$2.50 per week

Ph GNH: 5241 5717

Commencing 18th July

MACHINE EMBROIDERY CLUB

If you have any brand of computerised embroidery machine and would like to join, contact GNH on 5241 5717 for details.

When: Sat 10am-3pm, Jul.

15th, Aug 12th, Sept. 9th

Cost: \$5 p/session

Children

MINI MAESTROS

music classes for children,

When: Wed 9.15-12:30pm

Ph: 0424 047 822.

Email: mm.geelong@

minimaestros.com.au

Commencing 19th July

Men's Shed

The Old Hangars Men's Shed (OHMS) meet every Tuesday at the former airport on Surf Coast Highway. An active and productive group. Call us for more info.

Ph Nic Kuiper:

0438 789 417

Youth

Acting Performance Studio

Acting classes for Youth:

Fri 4.30pm-8.30pm

Teens and Adults: Fri

6.30-8.30pm

Web:www.apstudio.com.au

Email: info@apstudio.com.au

Ph: 9078 1454

Commencing 21st July

YOUTH DROP IN NEW DAY

Regular drop in activities of X-box, foosball, table tennis, art activities, sports, Wii, free food!! All welcome

When: Thur 3.30pm-5.30pm
Ages 12-25

Ph Harrison: 0419 504 329

Commencing 20th July

The Grovedale Mens' Probus Club



These photos were taken on one of our many interesting excursions to the Water Cutting Factory in Grovedale. The factory designs and produces sculptures and screenings from various metal and plastics. They even made a plaque in front of us for our Probus group as photographed. Many of us have seen these screenings around-such as the ones at the Botanical gardens- (although I am not saying this company made these exact ones)- it was an eye opener to see how they are actually made - cut & designed from high pressure water and with such speed.

Some of our other interesting, educational and unusual excursions are: The old train route to Barwon Heads, the Sewerage Bridge, The re-cycling centre, Rippon Lea Gardens. Not all

excursions have costs involved and some are not commonly known and can only be visited by groups.

The Grovedale Mens' Probus Club are wanting to increase their membership. The club has been in existence for 23 years and provides most members with new long-time friends. Every month there are interesting speakers, varied outings, plus a movie morning.

The club meets at the Uniting Church Hall in Grovedale on a Tuesday at 2pm, normally after a casual friendly luncheon.

All members are able to take partners or friends to any of our various functions.

For further information please call our Secretary - Peter on 5243 6122

Searching for History!

My Name is Tom and I am a local resident of Grovedale. I am very interested in history in my area. I am very keen on war history and service men and women of our area.

Does anyone know any soldiers from Grovedale that served in the First World War, Second World War, Vietnam War and other wars? If you know any information could you please email it to me,

Kind Regards,

Thomas
tomspaper@gmail.com



Grovedale GARDENS | St Albans Park GARDENS | Townsend GARDENS

FREE events for over 55s

GROVEDALE GARDENS

Tuesdays, 1:30pm – **Games Hour & Afternoon Tea**

First Wednesday of each month, 1:30pm –
Singalong with Richard



ST ALBANS PARK GARDENS

Tuesdays, 2pm – **Exercise Group**



TOWNSEND GARDENS

Thursdays, 10am – **Knit 'n Natter**

Weekdays, 10am – **Morning tea**



*Come along to our events to meet new friends and discover what renting in our community is all about.
Call our Village Managers to book your place, take a village tour and pick up your FREE information pack.*

David at **GROVEDALE GARDENS**

1-3 Church Street, Grovedale Ph: **5241 3011**

Melinda at **ST ALBANS PARK GARDENS**

142-152 Townsend Rd, St Albans Park Ph: **5248 5011**

Janet at **TOWNSEND GARDENS**

142-152 Townsend Rd, St Albans Park Ph: **5248 8426**

Is your child turning 3 or 4 before 30 April 2018?

Sessional kindergarten registrations are now open across the City of Greater Geelong.

Kindergartens provide a stimulating play-based learning environment for children 3-5 years of age. Through experimenting and participating in group interactions with others, children make friends, build resilience and develop positive self-esteem. Research shows children who attend a kindergarten program are more likely to be independent, confident and make a smooth transition to primary school.

High quality kindergarten programs are delivered throughout the municipality. The City of Greater Geelong (Council), Geelong Kindergarten Association (GKA) and Barwon Child Youth and Family (BCYF) are committed to working with families to ensure that, wherever possible, all eligible children have access to a high quality sessional kindergarten program. Kindergarten places are limited, so we encourage you to register your preferences for first round offers as soon as possible.

If you have put your name down at a centre you are still required to complete the registration process online or in person. First round will close on the June 2nd 2017.

Children who are eligible for a Kindergarten Fee Subsidy (Health Care Card holders) or Early Start Kindergarten (3 year old children who identify as Aboriginal or Torres Strait Islander or children known to Child Protection) can access a kindergarten program free of charge.

For further information about Council, GKA or BCYF kindergarten programs, locations, and registration process, please visit the respective websites:

City of Greater Geelong Kindergartens:

www.geelongaustralia.com.au/kindergartens

Geelong Kindergarten Association Kindergartens:

www.gka.org.au

Barwon Child Youth and Family Kindergartens:

www.bcyf.org.au

Winter School Holiday Program: July 3rd -14th 2017



The City of Greater Geelong School Holiday Program is a fun, inclusive and flexible program for children aged 5 to 12 years. The School Holiday Program offers a range of activities, experiences and excursions appropriate for primary school aged children, including children with additional needs.

To view the Winter program guide or to enrol your child please go to www.geelongaustralia.co.au/shp

Programs operate from Belmont (Barwon Valley Activity centre), Boorai Child & Family Centre Ocean Grove, Norlane Child & Family Centre and Leopold Child & Family Centre.

Need Help Getting Computer literate?



We are calling for expressions of interest for Intro to Computers Level 1&2. This Intro course covers everything you need to know to gain confidence.

Call 5241 5717 to register!

Are You Retired?

Come with a friend



Grovedale Men's Probus Club

Where: Uniting Church Hall, Reserve Rd Grovedale

When: 2nd Tuesday of the Month, 2pm-4pm

Join us and listen to great, live speakers.

Call Peter on 5243 6122 Or just Come Along!

Plenty of Free Parking!

**1 IN 6 AUSTRALIANS HAS A HEARING LOSS.
IT'S MORE COMMON THAN YOU THINK**



Free
hearing
check for
Adults!

**Australian
Hearing**

**Tuesday August 1st
10am-1pm**

Grovedale
Neighbourhood House
45 Heyers Road

Call 131 797 to book!

News From the Grovedale Seniors

If you are looking for somewhere to go - come along to the Grovedale Community House in Heyers Rd. and join in some of the activities there.

We have carpet bowls on Mondays - gentle exercises and cards on Tuesdays - bingo every 2nd Thursday with social afternoons the other Thursdays, on Fridays we have line dancing. So don't be lonely at home - we are all friendly seniors, you will be most welcome.

For more info. ring Gwen on 0416 381 510

GEELONG
Wheelchair Services


Phone: 5244 0844

12 MONTHS RACV ROADSIDE ASSIST

Walkers, Beds, Living Aids,
Lift & Utility chairs

SCOOTER SALE



106 Bailey Street, Grovedale
(off Marshalltown Road)

Rotary Serving Humanity




We continue to run sausage sizzles on the third Saturday of the month at the Aldi store in Grovedale, for \$2.50 you can have sausage on bread, onions and your favourite sauce. We have also had sausage sizzles at Bunnings Waurin Ponds and other venues that we are invited to attend.

We are proud that the Rotary Club of Grovedale Waurin Ponds, together with other Rotary clubs in the Geelong area, form part of a network of service clubs and aid agencies in Geelong that help people in need, and provide opportunities to all, especially the youngsters. You may have seen one of the fleet of patient transport vehicles provided by the Barwon Health Foundation and Rotary.

International service is a Rotary priority. To continue our service in developing countries we now have a Facebook page: Grovedale-Waurin Ponds Rotary Hand Up Project. Please visit it to see how Rotary "does good in the world".

Of course it isn't all work, we enjoy our company at weekly meetings at Rice Village. If you are interested in joining please call our Membership coordinator at 0457 504 425.



YOUTH DROP-IN

AT THE SHACK

FREE 3.30PM - 5.30PM
EVERY FRIDAY AFTERNOON OF SCHOOL TERM

TABLE TENNIS
X-BOX
FOOTBALL
WII
FREE FOOD
ART
SPORTS
AND MORE!

Want to hear more about youth activities and opportunities for 12-25 year olds in your area?

Get involved in school holiday programs, youth events, youth environment opportunities, programs, community volunteering and more!

Whether you are a young person, parent or carer, we'd love to hear from you!

Contact Karina on kdonkers@geelongcity.vic.gov.au or 0419 504 329

SPECIAL OFFER

Drop off your old mattress during June and save!



PAY ONLY
\$10
NORMALLY PAY \$22.50

DROP OFF LOCATIONS

GEELONG RESOURCE RECOVERY CENTRE:
100 Douro St, North Geelong.
OPERATING HOURS:
Mon to Sun, 7.30am - 4.15pm.
CONTACT: 5272 2613.

DRYSDALE RESOURCE RECOVERY CENTRE:
Becks Rd (off Murrado Rd Drysdale).
OPERATING HOURS:
Mon to Sun, 8.00am - 4.15pm.
CONTACT: 5251 2935.

PICK UP SERVICE

A pick up service is available on request for customers who do not have transport. You can book your pick up with The Mattress Recycler during June, contact: **5248 2227**. This pick up service is \$15 per item. Mattress and base charged separately (\$15 each). Please note: this pick up service is only available in the City of Greater Geelong municipality.

DROP OFF CONDITIONS

Domestic quantities only (limit four per customer). Mattress and base charged separately (\$10 each). Offer ends at 4.15pm on Friday 30 June 2017. This mattress offer is part of the City's recycling program and is in partnership with The Mattress Recycler.



REED PRINTING

500 BUSINESS CARDS FREE

WITH YOUR FIRST PRINT ORDER

(03) 5249 8632
sales@reedprinting.com.au

*Digital printed, 350gsm double sided **orders must be over \$50

ANDREW KATOS MP

Member for South Barwon



Please contact my office if you wish to discuss any
State Government matters

www.andrewkatos.com.au

1/174-178 Torquay Road GROVEDALE 3216

Phone: 5243 5222

andrew.katos@parliament.vic.gov.au

Authorised by A Katos 1/174-178 Torquay Road GROVEDALE 3216
Funded from Parliament's Electorate Office and Communications Budget

What's the Story?

Do you have a story from your club or organisation that could be shared? Did you have an important cultural event? Celebrate a special occasion? Know someone special you would like to acknowledge? Tell it through the Grovedale Grapevine!

Contact us on 5241 5717 or info@grovedalenh.org.au



Like us on

Facebook:

<https://www.facebook.com/GrovedaleNeighbourhoodHouse>


Grovedale
GARDENS

St Albans Park
GARDENS

Townsend
GARDENS

Rental retirement living

limited opportunities remain.

Grovedale Gardens, St Albans Park Gardens and Townsend Gardens provide independent seniors with an alternative to retirement living, offering great value rental units in a secure community of like-minded residents.

- » Ground floor units with easy access, large bathroom and private courtyard
- » Simple weekly rent – no big upfront fees
- » Home-style meals prepared on-site
- » Enjoy FREE fun activities, performances, bus trips and health talks
- » Pets welcome
- » Friendly on-site Village Manager (Mon–Fri)
- » Our **FREE Care Assist** service will connect you with the care you need to live an independent and active life

Call our Village Managers today for a FREE information pack & village tour.



VILLAGE TOURS
MON–FRI | *Call today to book*

David at **GROVEDALE GARDENS**
1-3 Church Street, Grovedale

Ph: 5241 3011

Melinda at **ST ALBANS PARK GARDENS**
142–152 Townsend Rd, St Albans Park

Ph: 5248 5011

Janet at **TOWNSEND GARDENS**
142–152 Townsend Rd, St Albans Park

Ph: 5248 8426

www.gardenvillages.com.au

PROUDLY OWNED BY INGENIA COMMUNITIES GROUP



THE CITY OF
GREATER GEELONG

HOMECARE PACKAGES

City of Greater Geelong has been at the forefront of providing high quality aged care services to the Geelong region for over 30 years. Our Home Care Packages Program assists you to remain living safely in your home.

Our pool of Community Care Workers are reliable, experienced and trusted. Your package can be spent on a huge range of services as directed by you. **Eligibility is determined by contacting My Aged Care on 1800 200 422.**

If you are allocated a package, you can choose City of Greater Geelong by contacting us on 5272 4677. Ask to speak to a case manager to find out more about our services and competitive pricing.

Alternatively visit us at:

www.geelongaustralia.com.au/seniors

WWW.GEELONGAUSTRALIA.COM.AU

