GROVEDALE



ISSUE # 28 | SPRING 2018 | PH: 5241 5717 | <u>WWW.GROVEDALENH.ORG.AU</u>



What's better than homegrown, you ask? Nothing. So come and join the activities lined up for the Big Saturday from 20th October through to the 10th November featuring an exciting talk by Permaculture cooriginator David Holmgren. Spots are limited so book early. Workshops, talks, and food swap happening all here right in our very hub, with the Community Orchard and the Grovedale Community Carden just an arm's length away, Visit, www.transitionsouthbarwon. org.au/grow-it-eat-it/ Enquires: Monica 0414789613.

A BIG THANK YOU TO OUR VOLUNTEERS!

ave you ever walked into the Hub and thought it looked tidy, organised and there was a smiling face at the window of the Neighbourhood House? Well we can thank our fabulous volunteers who clean, organise and keep books, tea, coffee, pamphlets, noticeboards and the office under control and in order. An even bigger benefit for all of us in the Neighbourhood House and the Hub is that they are smart, kind, funny and a great pleasure to be around. So a very big thank you to Anne, Leeanne, Diane, Dianne for your amazing and invaluable contribution on a weekly basis at GNH.

I would also like to thank the Grovedale Men's Shed for fixing, maintaining and sorting out tricky broken things for us through the year. We greatly appreciate your time and expertise.

I am sure you would have noticed the new look of the Grovedale Grapevine, our website, our Facebook page and unbeknown to you all our documents, letterheads, notices and signs. We have had a total transformation in our community information and promotional and marketing materials. This is due to our fabulous volunteer Tet, who one day walked into GNH and within weeks had brought us into the 21 st century world of communications. Tet, thank you, you rock!

WHAT'S INSIDE

Big Saturday featuring David Holmgren 27th October

MANAGER'S 2

KARDINIA 3 Ward update

CFA BRIGADE 4

LOCAL ARTIST 5

PROGRAM 6

BECOME A LION 8

SENIORS 9

CONTEST 9

ROTARY 10



The Grovedale Grapevine is compiled and published by Grovedale Neighbourhood House.

OFFICE

45 Heyers Rd, Grovedale VIC 3216 Phone: 5241 5717 Mon 9am - 12pm, Tues-Thurs 9am - 3 pm www.grovedalenh.org.au

ADVERTISING & EDITORIAL

Disclaimer | The inclusion of inserts, editorials or advertising in The Grovedale Grapevine does not necessarily constitute or imply any endorsement or recommendations concerning the products, services, opinions or information found in the contents

TO ADVERTISE

Phone: 5241 5717 Email: info@grovedalenh.org.au

EDITORIAL POLICY

Contributors should note that the right to modify submitted articles is retained by the Grovedale Grapevine. All contributors are asked to provide their articles electronically on Microsoft Word format.

LAYOUT & DESIGN

Maria Theresa Kelly

NOW DELIVERED TO 5,156 HOMES IN GROVEDALE.

TERM 4 DATES 2018

MONDAY, 8 OCTOBER 2018 TO FRIDAY, 21 DECEMBER 2018. CHECK OUR ACTIVITY PROGRAM FOR COURSE START DATES.

DEADLINE FOR NEXT ISSUE OF GROVEDALE GRAPEVINE 3RD DECEMBER



GROVEDALENEIGHBOURHOOD HOUSE

MANAGER'S CHITCHAT

ell Hubbers can you believe this is our last edition for the year. Let me take this opportunity to wish you all a joyous and relaxing holiday time and we look forward to seeing you all again in 2019.

I would like to thank you all for your continuous support and participation at the Grovedale Neighbourhood House (GNH) and the Grovedale Community Hub. I think we can all agree that we have a thriving community Hub that increasingly is utilised by the local community and beyond.

However, before we start closing the year we still have Term 4 which is filled with exciting events and activities. We have a fabulous project coming up in October and November around local food growing and sustainability. GNH is one of the partners in this great project and you can see the program on our website, our Facebook page and around the walls of the Hub. It's amazing how many groups are involved in growing food locally. Come along and listen to the speakers, watch the films and partake in cooking workshops or swap the food you grow.

GNH is also conducting an engagement project this term to see what you think about what goes on at the GNH, what's missing and what we can do into the future. So keep your eye out for our surveys, our community conversation events and someone with an ipad who would like to talk to you!

We also have a new photographic exhibition by a local artist so come in, have a cuppa, use the wifi and have a look at the beautiful coastal photographs.

Enjoy Term 4 Hubbers and see you in 2019! ■

RENT A ROOM

Grovedale Neighbourhood House has a range of rooms, and a beautiful old hall with a commercial kitchen that you can rent for workshops, meetings, events and activities. Give us a call now to discuss your needs and we will let you know availability and the range of reasonable rental costs. Phone 52415717.

BOOK SWAP

If you love reading and like a variety of topics, then our book swap library is for you. We have murder mysteries to enchantment and history, craft to cooking and of course travel the world books. So bring in the books you would like to swap, and take a new lot home with you! Our fabulous volunteer keeps this book area beautifully neat and functioning.

YOU HAVE THE POWER!

Grovedale Neighbourhood House can now offer points to recharge your battery on your scooter or wheelchair. You can have a cuppa while you wait or use our free wifi.



Grovedale Neighbourhood House acknowledges Wadawurrung Traditional Owners of this land and all Aboriginal and Torres Strait Islander People who are part of the Greater Geelong community today.

GROVEDALE NEIGHBOURHOOD HOUSE ACKNOWLEDGES THE SUPPORT OF:







KARDINIA WARD UPDATE

STRIVING FOR A HEALTHY GREATER GEELONG COMMUNITY







BY KARDINIA WARD COUNCILLORS

BRUCE HARWOOD (MAYOR), PAT MURNANE AND RON NELSON

ocal governments have an important role to play in helping the community achieve the highest possible levels of health and wellbeing.

They can influence a range of areas, including mental health, participation in physical activity, access to healthy food, preventing violence, and gender equity - among others

As a Council, we need to understand the challenges community members are facing, and then plan and deliver places, services and programs that meet their needs.

Of course, this also involves working closely with other organisations and levels of government.

In some areas, Greater Geelong is doing really well – for example, our attendance at community events is much higher than the state average, which helps us feel connected.

But in others, the statistics are concerning.

To highlight just one: four per cent of residents ran out of food and couldn't afford to buy more at some stage during the past 12 months. That's around 8000 people.

Council intends to focus sharply on improving in the areas that need attention, and the Municipal Public Health and Wellbeing Plan is the document that will guide us.

It's in the final stages of development, with a month-long period of community engagement having just finished.

The plan sets out four key goals for the next three years:

- · Improve mental health through social connections
- · Increase participation in physical activity
- Improve access to safe and healthy local environments, services and food
- Increase community safety and prevent violence and injury.

To achieve these goals, we'll need to allocate funds, but equally, we'll need to apply our combined ideas, skill, energy and passion.

One thing we've identified is that the Geelong region needs its own centralised food distribution centre to support the community with emergency food relief. We've set aside \$75,000 in our 2018-19 budget to scope this project.

Many of the social issues we face are complex and extremely difficult to solve, and they certainly can't be tackled by local government alone.

But a healthy and well Greater Geelong community is definitely worth striving for. ■

ADVERTISE YOUR BUSINESS WITH US

CONTACT Phone: 5241 5717

www. grovedalenh.org.au info@grovedalenh.org.au Mon 9am - 12pm, Tues-Thurs 9am - 3 pm

QUALITY PRINTING

OUTSTANDING SERVICE

FAST TURNAROUND

Newsletters Brochures Books Flyers, Cards & More

Contact David Lambourn sales@reedprinting.com.au 5249 8632



3

your local printer

148 Marshalltown Road Grovedale

ORGANISATIONS



// GI

Grovedale Community Hubbers!

NO SMOKING.

Just a reminder that
Government regulations state that
there is to be no smoking within 6
metres of a door or window near a
child care centre or community hub.
What this means at our Hub, is that
smokers need to cross the car park
and go onto the parkland to smoke,
making sure butts are disposed of
appropriately. Thank you for your
compliance with this important
government regulation, and in
consideration to our children and
others in the Hub.

ONE WAY!

Don't forget our car park is one way. This is for the safety of children and all the community member's that use the Hub. Also a gentle speed when entering and leaving the car park is much appreciated. We have arrows painted on the ground now so it makes it easy to follow, and a 20kmph sign so please go with the flow!

FREE WIFI

Grovedale Neighbourhood House has free wifi, so come on out of the cold, have a cup of tea and catch up on your emails, Skype your friends and family or finish that last essay. Just ask us for the password.

Meet Allan Rogers 2nd Lieutenant of Grovedale Volunteer Fire Brigade

How did you get into Firefighting?

My dad & uncle were firefighters. Now my brother & I are. I've been a firefighter off and on for 20 odd years. I started off firefighting in a small country town called Dunkeld. In that farming community you're sort of expected to chip in and help.

How has Firefighting changed over the years? In the old days in the rural communities we used to let almost anybody on the truck. These days there's a lot more training.

Why do you keep doing it?

don't really know. I suppose just being able to help somebody out when they're having a bad time. I like being able to do that. I've met some great people. I think the camaraderie in fire brigades is fantastic. You'll meet people that you'll know until the day you die.

What might surprise people about Firefighting? Firefighting might only last 5-10 minutes, and then takes 10 hours to clean up. Some people think we fight fires for hours and hours on end, but in reality we usually don't. Even fighting a grass fire, we need to stop to fill up the



What type of person makes a good Firefighter? Someone who can keep a cool head in a crisis situation - without panicking. It's easy to say, but it's hard to do. Also someone who can understand and take directions.

Have you ever had to rescue a cat? Yes. And also a Magpie caught on a TV antenna -his Mum & Dad swooped us the whole time. But what annoyed me the most was that he never said thanks. He just flew away! ■

Please follow us on Facebook: 'Grovedale CFA'

Grovedale Prayer Group

rovedale Prayer Group is made up of members of different denominations to pray for the community. It has been meeting for approximately 18 years. At first it was meeting in homes, and then each other's churches, and sometimes in a home.

Three years ago we decided to start meeting at The Hub, believing it was more central and good to be in the heart of the community.

The aim of the Grovedale Prayer Group is to pray for the churches in Grovedale and Geelong, the schools, community activity groups and whatever needs are perceived in the community as well as personal needs. We have seen amazing answers to prayer.

We meet from February to November on the 3rd Saturday of each month at The Hub in the Correo Room at 10am and finishing at 11.30. We start with a cuppa and chat then moving into a short devotion and prayer time.

If you have a heart for prayer and would like to bless and pray for our community in Grovedale and beyond, we would love to welcome you along.

For more information please telephone Maureen on 0414 259 665 or Diane on 5241 5801 ■

ART/CHILDREN



Local Artist

Pick Knowles

Photography Enthusiast

have been a resident of Grovedale for the past seven years. As a child, I lived with my mother and my sister in Geelong, and have many fond memories of spending my summer holidays at Eastern Beach.

Having lived in Melbourne for many years as an adult, and being lovers of the beach, my partner and I would regularly visit the Geelong and Surf Coast region. We finally decided to make the move to Grovedale in 2011. What I like about living in Grovedale is the people; you can always have a friendly chat with someone (even if you don't know them!) at the local

However, I suppose the thing I like most about living in Grovedale is its proximity to the coast; close enough to be easily accessible, but far enough away to be able to avoid the holiday crowds.

Photography has been a passion of mine for many years. I work as a nurse in a busy Melbourne hospital, so photography gives me the opportunity to unwind and have some time-out from society.

Living in Grovedale gives me easy access to, and the opportunity to explore and photograph our amazing coastline.



RICK KNOWLES IS A LOCAL PHOTOGRAPHER BASED IN GROVEDALE. HE WILL **BE EXHIBITING HIS WORK** AT GNH IN OCTOBER AND **NOVEMBER SO COME AND** HAVE A LOOK. VISIT WWW. RICKKNOWLESPHOTOGRAPHY. COM FOR MORE INFO.

The great thing about exploring and photographing the coast is that it is such a dynamic environment, and there is always something different to



Mini Maestros music classes, fostering confident learners



s we near the end of another great term of music, we are excited by all the learning and development that has taken place.

Term 3 sees many of our students taking great steps in confidence and ability.

Term 4 offers much for these little learners with the highlight being our End of Year Concert. Our concerts are a family focused celebration designed to promote confidence and pride in each child. We are very excited about seeing our Grovedale children shine at this special event that concludes a

wonderful year of fun and learning.

New families are always welcome to join our program where places are available. Our three week trials offer a flexible way to experience our program whilst allowing your child time to settle into the new class environ-

For more details please call 0424 047 822 or email mm.geelong@minimaestros.com.au.

Further details can also be found at www.minimaestros.com.au.



NEW FITNESS CLASSES

ACTIVE AGEING

A class encompassing cardiovascular moves, active movement in all directions, various levels of balance, core work, coordination and agility. Classes may also include floor/chair based stretching and a level of focus and mindfulness. Suitable for adults with competent mobility and coordination to attend to their activities of daily living with independence.

Mon 8.30am & **Wed** 8.30am Commencing 8th & 10th October

Contact GNH: 5241 5717

AGEING WITH CONFIDENCE &

ABILITY A gentle exercise program for adults with some limitations in mobility and stamina. A large component of the class is done seated. An objective of these sessions is stretching, improving mobility/balance, deep breathing drills, focus and mindfulness. Floor work is omitted from this class.

Mon 9.30am & **Wed** 9.30am Commencing 8th & 10th October \$6 per session if paid monthly or \$7 casual

BOOKINGS ESSENTIAL Contact GNH: 5241 5717

NEW

MEDITATION IN MOTION

Thursday 7.00 – 8.00pm Commencing 8th October Contact Sylvia: 0422 980 193

AUSLAN CLASSES

For Parents and their children For details of Day and Time please Contact Renee: 0408 686 419

MUSIC

"UKES "N" MORE" COMMUNITY UKULELE GROUP

A fun and social group for all ages where you will learn the basics of playing the ukulele and learn some easy songs along the way. You do not need any prior experience. Bring along your own ukulele (or use ours) and a sense of fun.

Mon. 7.30 - 9.00pm Beginners - 6.30-7.30pm Commencing 8th October \$2.50 p/wk.

Contact Ross: 0430 871 045

WELLBEING

COMMUNITY KITCHEN NEW! MONDAY

10am - 12.30pm - Vacancies Learn to cook a meal for \$5 or less. Friendly, welcoming group; no prior skills required.

Wed 10am –12.30pm (Vacancies) **Contact GNH: 5241 5717**

FOOD SWAP

Bring your excess produce for swap or sale at Grovedale Community Garden

Third Saturday of the month 9.30 – 10.30am.

Contact Jess: 0409 536 752

TOWN (Take Off Weight Naturally) Weight Loss Support Group **Wed** 6pm-7.30pm

Contact Heather: 5243 0622

WEIGHT WATCHERS

Wed 6pm-8pm Sat. 8am-10am

Contact Kylie: 0437 289 633

MEN'S SHED

THE GROVEDALE MEN'S SHED

meets every Tuesday at the former airport on Surf Coast Highway. An active and productive group. Call for more info.

Contact Nic Kuiper: 0438 789 417



Find and like the **Grovedale Neighbourhood House**Facebook page to get updates about our events and programs.

www.facebook.com/GrovedaleNeighbourhoodHouse

FITNESS

ZUMBA

Casual classes \$10 per session **Wed** 7.00-8.00pm julie.lastavec@bigpond.com Continuing 10th October **Contact Julie 0419377563**

WINGROVE CALISTHENICS

Mon: Tinies 4.15, Jnrs 5.30pm Seniors 7.30pm

Tues: Sub jnrs 4.30pm, Inters 6.30pm

Thurs: Masters 7.30pm Commencing 8th October **Contact Kylie: 5244 2448**

NINJUTSU

NINJUTSU

Thurs 6.30pm – 9pm Continuing 11th October

Contact Rob Baard: 0410 414 488

PHILOSOPHY DISCUSSION GROUP

Wed 7.00 – 9.30pm Continuing 10th October **\$2.50** p/wk

Contact GNH: 5241 5717

YOGIC PHILOSOPHY STUDY GROUP

Yoga is so much more than doing exercises to improve physical fitness! If you are interested in learning more about the philosophy surrounding yoga then this group could be for you!

Thursday 10.30am – 12.00pm **\$2.50** p/wk

Commencing 11th Oct. **Contact Brian:** 5242 8453

YOUTH

YOUTH SPACE

Regular drop in activities of X-box, table tennis, art activities, sports, Wii, free food!!

All welcome

Thursday 3.30pm - 5.30pm

Ages 12 -25

Commencing 11th October Contact Jarrod: 0419 504 329

CHILDREN

MINI MAESTROS

Music classes for children,

Wed: 9.15 – 12:30 ph 0424 047 822.

Commencing 10th October **Email: mm.geelong@minimaestros.**

com.au

KAREN FELDMAN'S DANCE CLASSES

Age-specific dance classes

Wed: 9.30am from 10th October

Wed: 2.30pm from 10th October

Thurs: 4.00pm from 11th October

Contact Karen: 0432 493 527

DAZZLING DAN'S MAGIC CONNECTIONS

Magic classes for Children

Wed: 4.00pm comm. 22nd October

www.dazzlingdan.com.au

Contact Dan: 0417 165 408

COMPUTER

COMPUTER PHOTO EDITING

Advanced Tues 9am

\$5 pw

Comm. 9th October Contact: GNH 5241 5717

U3A ACTIVITIES

YOGA

Mon 10.45 – 11.45am Commencing 8th October

YOGA

Wed Fri 8.00 - 9.00am Commencing 10th & 12th October **Contact Brian: 5242 8453**

MEDITATION WITH SOUND

Mon 12.00 – 1.00pm Commencing 8th October Contact Brian: 5242 8453

U3A - MARITIME SCIENCE

NEED A PLACE FOR YOUR EVENT OR MEETING?

Call **5241 5717** for more info.



CRAFT

CRAFT CREATORS

Sewing & Patchwork group **Friday** 9.30am - 12 noon \$2.50 pw Commencing 12th October

Contact GNH: 5241 5717

PASTEL ART CLASSES

Teacher Jen Jones will be conducting lessons for beginners through to the more advanced students

NEW! Saturday 10.30am – 1.00pm 6th Oct.

Mondays: 1.00pm - 3.30pm

comm 8th Oct

Thursdays: 9.30am – 12.00noon

comm 11th Oct (10 wks) \$160.00

Email: Jjones53@internode.on.net Contact: Jen 0408 461 559

SOGETSU IKEBANA

Ikebana is the unique Japanese form of floral art. With understanding and practise, beautiful works may be created with even quite humble materials.

Thurs: 6.00 - 8.00pm (8 weeks) \$200.00

Contact: Christopher at roadsideike-bana@bigpond.com

Commencing: 11th October Contact Phone: 5261 3983

MACHINE EMBROIDERY CLUB

If you have any brand of computerised embroidery machine, and would like to join, call for more info.

Sat 10am - 3pm Oct. 27th & Nov. 24th \$5.00 p/session

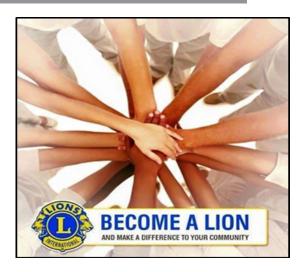
Contact GNH: 5241 5717

Wed 10.00am

Commencing 10th October

Contact Mary Paul: 5244 5114

ORGANISATIONS



Become a Lion

o you have some ideas of community needs in Grovedale/Waurn Ponds?

Do you want to make a positive difference to the lives of local people?

If the answer is 'yes', then the Lions Club of Grovedale/ Waurn Ponds would like to hear from you. You might enjoy helping your community in the company of others.

Basically, Lions are people like you who enjoy getting together to improve their community by helping others and having fun together while doing so. The organisation is not religiously based and is not politically affiliated.

Call David Ridley (0459 574 347) or Jane Petniunas (5241 3909) for a no obligation chat about the Lions Service organisation, or email us at: lionsgwp@gmail.com ■

Uniting Uniting Barwon

niting Barwon provides services to individuals and families who are struggling to make ends meet. Emergency Relief addresses the gap in resources including food, clothing and material aid. It is also about relationships and walking with people to navigate their way to a better place in their lives.

Our programs and services include: Client Advocacy and Linkage; Budget and Microfinance; Bill Assist; Christmas Assistance; Education Assistance; Opportunity Shops and Volunteering.

The last Friday of the month, Uniting BOOK SALE will be held on Friday 28 September at the Uniting Barwon Grovedale site (272 Torquay Road, cnr Reserve and Torquay Roads) between 10.00am – 2.00pm. Plenty of old and new stock to browse through and all books are only \$1.00l

To enquire about volunteering with Uniting Barwon, please contact Elizabeth Hopkin on 4210 1113 or email: Elizabeth.hopkin@vt.uniting.org ■

Step into the Day Program with Stepping Up Consortium

F you or someone you know suffers from substance abuse or mental issues, consider the Day Program offered by Stepping Up Consortium.



What is the day program? This day program consists of an intensive 6 week course. Clients will be allocated a case manager. Clients who don't have any other professional support and would like some will be offered AOD counselling with their case manager.

The program runs on Monday, Tuesday, Wednesday, Thursday 10:00 - 2:00. Friday is a half day at 10:00 -12:00.

Each day consists of two sessions Morning and Afternoon, with two 5 minute breaks and $\frac{1}{2}$ hour Lunch break. Lunch, snacks, tea and coffee is included. Check in and check out is conducted daily.

Some of the psychoeducational groups facilitated in our Day Program include topics such as: What are drugs and addiction? The Physiological and Psychological Impacts of Drugs, Stages of Change, Mental Health, Denial and Self-Acceptance; Nutrition, self-care, physical activity, sleep hygiene,;Weekly group therapy and relapse prevention, Art therapy and Mindfulness.

In the third week is a family day, an opportunity for you to invite your family or significant others to come and see what you do and have a shared afternoon tea.

At the end of the program is a graduation day when you have a shared lunch with your peers and receive your Graduation Certificate.

For more details, Ph: 5221 4466 or visit our website: http://stepping-up.org.au. ■

Grovedale Child and Family Centre

Victoria Museum Backyard Bugs incursion

endy from the Victoria Museum visited the 4 year kindergarten groups and presented her Backyard Bugs program to the children.

The program is designed to be a hands on experience with the children being able to hold, touch and see a variety of bugs that are found in gardens, parks and backyards! The children learnt how bugs benefit the environment, how to gently hold them, what makes a bug unique from all other creatures and danced, moved and "sang" like a bug!

Grovedale Senior SENIORS

Citizens Centre turns 35

If you are keen to join, please phone **5241 5021.**

rovedale Senior Citizens Centre held their 35th birthday on Thursday 12 July 2018 at the Grovedale Community Hub.

Members and invited guests from Anglesea/Aireys Inlet, Belmont, Leopold, Kardinia and Torquay Senior Citizens Clubs were entertained by Don Fisher - Guitar, vocals & Laughs.



Life members present cutting the 35th birthday cake. (L to R: Mary Marendaz, Joan Dixon, Esther Gilmore & Georgie Brown)

Below is an extract from the first meeting of the club.

The first meeting of the Co-ordinating Committee Commencing at 10.40 am on the 28th of July 1983 at the Grovedale Neighbourhood House.

11 people were present. Mr. Bert Gamble, Mrs Dorothy Gamble, Mrs. Ellie Chambers, Mrs Pearl Grove, Mrs Edna Lugg, Mr Theo Zaunbrecher, Mr John Hall, Mrs Laurie Guthrie, Mr Hugh Mann, Mr. Mike King, Mr Alan Cane.

The following Officers were elected. Chairman: Mr. Bert Gamble; Hon Treasurer: Mr. Alan Cane; Hon Secretary: Mr. John Hall.

Committee proposed to have 8 types of activities: Craft Groups, Bus Trips, Cards, Gardening, Singing & Music, Poetry, Pottery & Arts.

The following activities convenors were appointed: Craft Groups (Mrs Val Hufer), Bus Trips (Mrs Joyce Mann), Cards (Mr Theo Zaunbrecher), Gardening (Mr Theo Zaunbrecher), Singing & Music (Mr Don Strong), Poetry (Mrs Laurie Guthrie), Pottery & Arts (Mrs Laurie Guthrie).

Other issues discussed: Treasurer to open a bank account with the State Bank (Account is still current today); To raise funds, the Committee approved to charge a \$2.00 joining fee per member, plus a nominal fee of 20 cents per member for each group function; Discussion about raising additional funds by holding street stalls to sell cakes/plants/ home- made jams. (Permit would be required); Get - together on a monthly basic - if approved.



Opening Hours
Saturday 9:30 - 11:30 am

Enjoy over 1000 toys suitable for babies to 6 years for less than \$2 per week.

Inside & Outside Toys
Ride-on Toys
Sports Equipment
Building & Construction sets
Puzzles & Games
Imaginative play props
Party & Travel Packs

Grovedale Community Hub 45 Heyers Rd, Grovedale 3216 info@grovedaletoylibrary.org.au www.grovedaletoylibrary.org.au

Join our story writing competition

he Grovedale Grapevine is running its first ever story writing competition for amateur writers within the Grovedale community. We are looking for inspiring true stories, anecdotes, short memoirs, interviews etc.

Articles could be about families, friends, groups, individuals who have led inspiring lives or have fascinating memories and insights to share about living in Grovedale. You could also write about your favourite things, streets or even a family recipe! Strictly no business or political advertorials.

We encourage everyone to contribute. All contributions must be original and must not have been previously published in print or online. Open to all COGC residents 18 years and over. Submissions must be under 1000 words. One winner gets a \$30 voucher and will be published in the next issue. Runner ups may be featured in future publications in print or online.

Remember, it's free to enter! Email info@grovedalenh.org.au to fill out the form. Include GRAPEVINE CONTEST in the subject line. Deadline 3rd December 2018. Watch out for more announcements on our Facebook Page (www.facebook.com/GrovedaleNeighbourhoodHouse).

ORGANISATIONS



Grovedale/Waurn Ponds Rotary

Be the Inspiration

irst of all, let me congratulate the members of the Grovedale/Waurn Ponds Lions Club on their donation of the barbecue for the Community Hub. It was a wonderful gesture and will help to bring community members together in a social and friendly atmosphere.



During the past year the Grovedale Waurn Ponds Rotary Club has supported the House of Angels in South Africa. House of Angels is an orphanage at Coffee Bay providing support

for orphan children of the Xhosa people of Coffee Bay.

These children have lost their mother, father or both and have no other support in the community, frequently being homeless and hungry.

Our club has given a cash donation to the orphanage and at present eight of our members are in Coffee Bay doing maintenance work on the accommodation the organisers have been able to build.

They are helping to re-roof rondavels which are the traditional houses of the Xhosa people, and



This year we are once again hosting an exchange student from overseas. Our student hails from Cologne in Germany and he is attending Lutheran College at Mt Duneed. This activity has been practised by Rotary International for many years and is aimed at fostering peace and understanding throughout the world.

Our club is still raising funds with sausage sizzles, being held monthly outside the Aldi store in Grovedale, and also on occasions outside Bunnings at Waurn Ponds. Come along and enjoy a sausage knowing your money is going to a worthwhile cause.

FOR MORE INFO: PHONE: (0) 4374 4360 EMAIL: SEC.GROVEDALEROTARY@GMAIL.COM VISIT: WWW.GWPROTARY.ORG



outh Space happens every week on Thursdays during school term at the Grovedale Neighbourhood Hub from 3.30 to 5.30pm.

Come down, hang out and enjoy some of the activities offered including table tennis, art activities, sports, Wii, X-box, free food! No need to book, just come along.

We are also offering sessions each week. Young people can attend cooking and art classes, as well as games competitions. Limited places available and first in basis.

If you are a young person and there are other skills you would like to learn, come down and chat the youth development staff

'VIBE' group. VIBE group involves young people who run events and activities for other young people in the area. This is run every 2nd week at Grovedale Youth Space. The VIBE group is passionate about social justice and often runs event and activities to help raise awareness or funds for different issues or charities. We are always looking for young people to be new members. So come and say hi and check it out and see whether it's the right space for you.

If you would like more information about Youth programs, come down and have a chat, or get in contact Jarrod. Email: jzdrzalka@geelongcity.vic.gov.au. Mobile: 0419 504 329.

WDEA Works for you

hen it comes to employment services, individualised attention is everything. Experience, knowledge, networks and a focus on the right employer for the client is why WDEA Works continues to grow and expand its Disability Employment Services throughout Victoria.



WDEA Works is excited to offer its Disability **Employment Services** in the Geelong, Corio and Surf Coast communities. In partnership with local businesses, WDEA 'Works'

closely with clients at their pace to find employment that best matches their particular needs and ability.

The not-for-profit organisation has built a reputation for quality service and experience in the disability employment sector, working effectively with local businesses, community support services and local government. TWDEA Works now provides a chance for those in the Grovedale and Belmont areas to chat face-to-face with their friendly and experienced team members every Thursday morning in Belmont.

You can also get in touch with WDEA Works on (03) 5292 **1640**, or visit <u>www.wdeaworks.org.au</u> for further information.

Ladies Probus Club of Grovedale East

The Ladies Probus Club of Grovedale East meet at 10am on the 4th Monday of every month in the Uniting Church Hall Reserve Road, Grovedale. We have interesting Speakers, outings, a walking group, movie days, a craft group and more. New members are welcome. Come to a couple of our meetings as a visitor to get a feel for our Club. Enquiries 0405 449 716. ■

Join a club, just for you

re you looking to join a club that has no reason to exist other than making you feel welcome, part of your community and special. Vell,,,here it is. Grovedale-Marshall Probus Club.

We are a fairly new club and have roughly 60 members all coming from different walks of life. We get together at the Grovedale Community Centre in Heyers Road the second Thursday of the month at 0930 for a 1000start.

Probus is a club for semi or fully retired people who like to share activities and enjoy the companionship of others. We have walking groups, coffee mornings, movie nights, morning melodies, dinners and a once a year larger trip for those that wish to travel.

Come share a cuppa and a chat. For more information contact Vivienne Buchanan on 0458 288504. I would love to hear from you. ■

Want a digital copy of the Grovedale Grapevine?

SIGN UP NOW to get a digital copy of the Grovedale Grapevine right in your inbox. Email us your name and email at info@grovedalenh.org.au or let staff know at the Grovedale Neighbourhood House Office at 45 Heyers Rd, Grovedale VIC 3216. Phone: 5241 5717. Website: www. grovedalenh.org.au.

ORGANISATIONS



If you have anything

you would like to contribute or share with the Grovedale community for the upcoming issues please contact info@ grovedalenh.org.au.







FUNERAL AND ESTATE PLANNING WHAT DO I NEED TO KNOW?

Amy Fisher from Succession Legal will focus on changes to 'Powers of Attorney'. Sue Marshman and Alyson Burchell from Tuckers will explain Funeral Plan Options and introduce 'Pay by Instalments' Pre-paid Funeral Plans. Bring your questions. Tea and coffee provided.

MON 22nd OCT, 1.30pm - 3.30pm

Tuckers Chapel Grovedale, Cnr Torquay & Pioneer Rds

To RSVP phone Tuckers on 5221 4788.

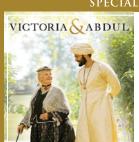
in partnership with Succession Legal

ackers

Australian owned, locally operated 5221 4788 www.tuckers.com.au



Gold coin donation for entry. Raising funds for St Marys Parish and Les & Trevor Cole Fund SPECIAL FEATURE MOVIE MATINEE



VICTORIA 📐 ABDUL

WED 10TH OCT. 1.00PM - 3.30PM TUCKERS HIGHTON CHAPEL Barrabool Hills Centre 4–32 Province Boulevard. Highton

FREE EVENT - BOOKINGS ESSENTIAL CALL 5221 4788 TO SECURE YOUR TICKET

DOOR PRIZE & LOLLIES ON THE DAY

Gold coin donation & ticket required for entry.

11



Celebrate aged care, home style.

Find all the familiar comforts of home in permanent and respite care at Homestyle Belmont Grange. Enjoy the benefits of a surf coast way of life in this home away from home, while being close to all of the services Geelong has to offer. Family and friends are always welcome.

PERMANENT AND RESPITE PLACES AVAILABLE NOW Inspections welcome 03 5243 8522

VETERANS LIAISON AVAILABLE



HOMESTYLE BELMONT GRANGE 34-36 Church Street, Grovedale www.homestyleagedcare.com.au