WWW.GROVEDALENH.ORG.AU





The Grovedale Neighbourhood House Office will close at 4pm Wednesday 22 December and reopen on Monday 17 January.

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The Grovedale Grapevine is compiled and published quarterly by Grovedale Neighbourhood House.

OFFICE

45 Heyers Rd, Grovedale VIC 3216 Phone: 5241 5717 Monday & Tuesday 9am-3pm Wednesday to Friday 9am-4pm www.grovedalenh.org.au

ADVERTISING & EDITORIAL

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TO ADVERTISE Phone: 5241 5717 Email: info@grovedalenh.org.au

EDITORIAL POLICY

Contributors should note that the right to modify submitted articles is retained by the Grovedale Grapevine. All contributors are asked to provide their articles electronically on Microsoft Word format. New contributions welcome. Please email us.

LAYOUT & DESIGN / COVER PHOTO Tet Kelly





Grovedale Neighbourhood House acknowledges Wadawurrung Traditional Owners of this land and all Aboriginal and Torres Strait Islander People who are part of the Greater Geelong community today.



COORDINATOR'S CORNER

THANK YOU GNH COMMUNITY



If you have visited the centre recently you may have noticed the amazing banners and framed photographs on display in the foyer and Dianella Hall.

These images celebrate the Possum Cloak Project that took place earlier this year on Wadawurrung Country, at the Grovedale Community Hub. The photographs will be on display until the end of Term 4, with the banners becoming part of our permanent collection.

This fantastic project is featured in the 2021-2022 December/ January edition of the City of Greater Geelong Community Update. I encourage you to jump on the Geelong Australia website to access a copy of the Community Update and learn more about the Possum Cloak Project.

It's hard to believe that yet another rollercoaster year is about to come to an end. After the challenges of the last two years, we look toward 2022 with positivity and hope.

I'd like to take this opportunity to thank the Grovedale Neighbourhood House community for their patience and understanding as we continue to navigate the complexities and ever-changing restrictions that impact community centre operations during this pandemic. The safety of our community is a priority and we appreciate the support everyone has shown us during this time.

Shivonne and I have enjoyed getting to know everyone as we settle into our new roles and groups return. With regular activities taking a break over the holiday period, the Neighbourhood House Office will close at 4pm Wednesday 22 December and reopen at 9am on Monday 17 January.

Stay safe and well and enjoy reading this latest edition of the Grapevine.

Kind regards,

Nateesha, Your GNH Coordinator

GROVEDALE NEIGHBOURHOOD HOUSE ACKNOWLEDGES THE SUPPORT OF:





WELCOME OUR NEW STEERING GROUP!

We have recruited a stellar team of Grovedale locals to form the Grovedale Neighbourhood House Steering Group. These passionate and civic-minded community members will guide the direction of our Neighbourhood House and provide input into our programs and activities.

It is with great pleasure that we congratulate and welcome Lillian Chee, Nancy Donkers, Ross Hobbs and Alex Mitchell as members of the Steering Group.



We are grateful for the diverse range of

skills, experience and connections they bring.

Guidance and advice from this talented membership will support us to continue to foster a vibrant, inclusive and connected community.

The Steering Group is being oriented throughout November and early December, with formal meetings kicking off in 2022.

Look out for further introductions to our Steering Group members in upcoming editions of the Grapevine.

Geelong Libraries ready to assist people upload COVID vax certs

The Geelong Regional Libraries Corporation are assisting people in uploading their vaccination certificates on their phones at all local branches.

It is requested that people phone ahead to book an appointment before dropping into their local library. This is to ensure there is someone ready to help them.

Your nearest local library is Waurn Ponds Library at 230 Pioneer Rd. Grovedale. Phone: (03) 4201 0670 230.

CALL FOR ARTICLES

Do you enjoy writing? Do you have photos you want to be featured? Does your group have important updates for the community? If you live, work or play in 3216 and have anything (articles, announcements, recipes or photos) you would like to contribute or share with the Grovedale Hub

Connect with GNH



/GrovedaleNeighbourhoodHouse



/grovedaleneighbourhoodhouse

We're on facebook and Instagram. Like/Follow

information from the community.

us to get the latest updates as we share real time



GROVEDALE NEIGHBOURHOOD HOUSE

WHAT'S ON TERM 1 2022

All activities are subject to COVID-19 Protocols

GET ACTIVE

AGEING WITH CONFIDENCE Low impact exercise Mondays 9.15am Wednesdays 9.15am \$7 per session Registration Essential Contact: 5241 4717

BALLROOM DANCING Suitable for beginners Fridays 6.30pm-9pm Contact: Jose 0401 673 221

WINGROVE CALISTHENICS Mondays 5pm - Juniors Mondays 7pm - Seniors Tuesdays 4.30pm - Sub Juniors Tuesdays 6.30pm - Inters Thursdays 7.30pm - Masters Saturdays 9.30am - Tinies Contact: Cathy 0416 255 684

LINE DANCING Classes Fridays 9am-12.30pm Events 4th Saturday of the month 12noon-5pm Contact: Pauline 0409 164 701

> FOLKWAVE PUNJABI DANCE Tuesdays 6pm-8pm Contact: Avtar 0423 193 998

THE JUNGLE BODY WITH KAT B Thursdays 6pm-6.50pm Contact Katrina 0433 663 996

WELLBEING

TOWN (TAKE OFF WEIGHT NATURALLY) WEIGHT LOSS SUPPORT GROUP Wednesdays 6pm-7pm Contact: Heather 0417 516 020

BUDDHIST MEDITATION Sunday fortnightly from 9.30am (commencing 16 Feb) Contact: Alex 0407 018 498

SLOWPHOTO Life through the mindful lens of slow photography Fridays 10am-12noon (6 weeks commencing February 4) Bookings Essential Contact: 5241 5717

FOOD

COMMUNITY KITCHEN Wednesdays 10am-12.30pm Contact: 5241 5717

FOOD SWAP Bring your excess produce to swap at the Grovedale Community Garden Third Saturday of the month 9.30am-10.30am Contact: Vic 0407 231 350



GET CREATIVE

ACRYLIC & PASTEL ART CLASSES Mondays 1.30pm-4pm Saturdays 10.30am-1pm Contact: Jen Jones 0408 461 559

CRAFT CREATORS SOCIAL GROUP Fridays 9.30am-12noon \$4 per week Contact: 5241 5717

SOGETSU IKEBANA Thursdays 6pm-8pm (Commencing 3 February) Contact: Christopher 5261 3983



COMMUNITY

GROVEDALE SENIOR CITIZENS

Contact: Terry 5241 4308 Carpet Bowls Mondays 1pm-3pm Gentle Exercise Tuesdays 9am-10am Cards 'Euchre' Tuesdays 1pm-3pm Bingo Thursdays 1pm-3pm (Excluding 2nd Thursday of

month) Afternoon Tea & Entertainment 2nd Thursday of month

1.30pm-3pm

GEELONG AREA FRIENDS (GAF) 1ST Thursday of the month (Commencing 3 February) Contact: 5241 5717

GROVEDALE TOY LIBRARY Saturdays 9.30-11.30 For more info go to: grovedaletoylibrary.org.au

MUSIC & SONG

UKES 'N' MORE Community Ukulele Group Wednesdays 7.30pm Contact: Ross 0430 871 045

HARPING AROUND

Have you ever wanted to learn the Harp. Now you can! No previous experience required. Harps provided. Thursdays 1.30pm-3pm (Commencing 24 February for 4 weeks) Bookings Essential Contact: Christine 0419 526 550

TECHNOLOGY

JEZA'S COMPUTER TECH HELP Providing support with phone, tablet and laptop issues Tuesday mornings Bookings Essential Contact: 5241 5717

U3A

For all bookings contact U3A 5244 5114

AMERICAN CIVIL HISTORY 1860-65 Wednesdays 10.30am-12.30pm (Commencing 9 February)

SPANISH INTERMEDIATE / ADVANCED Wednesdays 2.15pm-4.15pm (Commencing 9 February)

OUR SOLAR SYSTEM Tuesday Fortnightly 1.30pm-3.30pm (Commencing 15 February)

TRAGEDY AND COMEDY IN LITERATURE Thursdays 9.30am-11am (Commencing 10 February)

YOGA Fridays 7.45am-9am (Commencing 18 February)



All activities are subject to COVID-19 Protocols



LANGUAGE & PHILOSOPHY

ZIMBABWEAN LANGUAGE

CLASS Sundays 2pm-4.30pm (Commencing 13 February) Contact: Athanas 0424 326 267

UPANISHAD DISCUSSION GROUP Wednesdays 10am-12noon \$2.50 per week Contact: Michael 5264 7484

GITA DISCUSSION GROUP

Wednesdays 7pm-9.30pm \$2.50 per week Contact: Michael 5264 7484



DO YOU HAVE AN IDEA FOR A CLASS, ACTIVITY OR GROUP?

Grovedale Neighbourhood House would love to hear from you!

Email info@grovedalenh.org.au Call 0<u>3 5241 5717</u>

SLOWPHOTO

FREE

Learn to see from a fresh perspective, and connect with moments, people and places in your own life, through the mindful lens of slow photography.

ABOUT THE FACILITATOR: Nicole Marie is a local documentary photographer who is interested in encapsulating and sharing the extraordinary stories of everyday people, places and projects through photography.

ENJOY SHARING YOUR STORY BY FOCUSSING LESS ON TECHNICAL ASPECTS OF THE DEVICE, AND MORE ON THE ART OF SEEING.

1. MINDFUL SEEING - The art of observation + composition in photography

2. TEXTURE - Observe and document interesting textures in your home and community

3. LIGHT - Discover and capture the magic that light can make through shadows, reflections and mood

4. COLOUR - Choose a colour to focus on, find and incorporate into an image

5. PEOPLE - What is the story of someone you know? Create a portrait in response.

6. PRINT + SHARE: Select a favourite photo from the 5 photo prompts to print and share

This project is supported by the City of Greater Geelong through its Community Investment and Support Fund.

PROGRAM DETAILS

DURATION/TIME: 6 week program commencing Friday 4 February 10am-12noon

EQUIPMENT: BYO digital camera (compact or SLR), smartphone or tablet. (Digital cameras available to borrow if required.)

COST: Free

OUTPUT: Each participant will have one image printed on a small canvas for exhibition at the Grovedale Community Hub.

LOCATION: Grovedale Neighbourhood House, Banksia Room, 45 Heyers Road, Grovedale

BOOKINGS ARE ESSENTIAL.

This program is subject to COVID-19 protocols. Proof of vaccination is required. For all enquiries and bookings please contact Grovedale Neighbourhood House on 5241 5717.





GROVEDALE GRAPEVINE



NEW TOYS UP FOR GRABS AT THE GROVEDALE TOY LIBRARY

Grovedale Toy Library is excited to welcome members back inside our toy library in 2022. Offering a mix of both in-library browsing and Click & Collect to suit the needs of our member families, we are always looking for new ways to help families to play!

The final months of 2021 have been very productive for the toy library, being successful in obtaining a number of grants, and we are looking forward to having lots of fresh toys to debut in the new year. Our thanks go to City of Greater Geelong, being a recipient of their Healthy & Connected Communities Grant, enabling us to purchase new soft play and active play toys. With families playing more at home during uncertain times, and in and out of lockdown, members recognise the need to develop and encourage active play at home that doesn't involve their couches as trampolines! Active play in young children is essential to gross motor development, and sets children up with good habits for healthy and active play as they grow.

Look out our new Midi Pikler Triangle, Wooden Boat Rocker & Climber, Gonge Body Wheel, Soft Foam Mini Tunnel & Crawl Cube and Animal Climbers Set and more!

We were thrilled to receive a grant from Ashbury Community Fund to refresh our domestic role play toys. These are some of our most consistently popular and well loved toys, and the realistic design of these toys has come a long way recently. As we prepare to welcome back little members inside the toy library in 2022, we recognise the importance of vibrant toys that entice children to borrow them, so that



they can play just like the grownups! Look out for new ovens, fridges, washing machines, gardening and handyperson tools! Start the conversation about healthy teeth care through play with our new Dentist Kit, or talk about the important role Scientists play with our lab coat & play chemistry set.

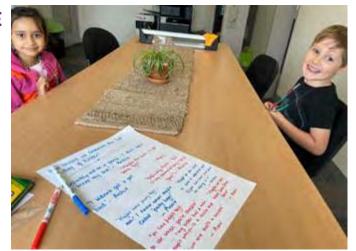
Grovedale Toy Library is run entirely by volunteers, and we are always happy to have more volunteer hands on deck. For the first time, our Annual General Meeting will be held entirely digitally, on Wednesday 23rd February at 8pm. It is a great opportunity to find out more about what makes Grovedale Toy Library tick and how we are travelling, as well as forming the committee for the coming year. Contact us for more information on info@grovedaletoylibrary.org.au

GROVEDALE CHILD & FAMILY CENTRE LITTLE KIDS WITH BIG PLANS

The Grovedale Child and Family Centre inaugural Student Representative Committee is up and running and getting down to some serious work too. As you can see from the photos, our representatives Aarvi (stepping in for Ruby), Archie, Hendrix, Eva, Tessa and Rémy, along with input from our three-year-old group, have been discussing their ideas about how they would like to celebrate the end of their Kindergarten year.

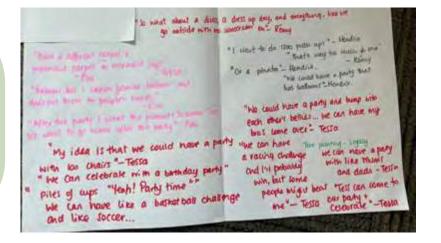
At the Grovedale Child and Family Centre, we believe in giving children a voice. We believe that children should have a say in matters that affect them and be able to speak and have their voices heard. As you can see from their ideas, and many suggestions they are very capable in expressing themselves. They have many wonderful ideas. The hardest part is going to be coming to some decisions and planning for our last day. But it will be a fun experience in the process.





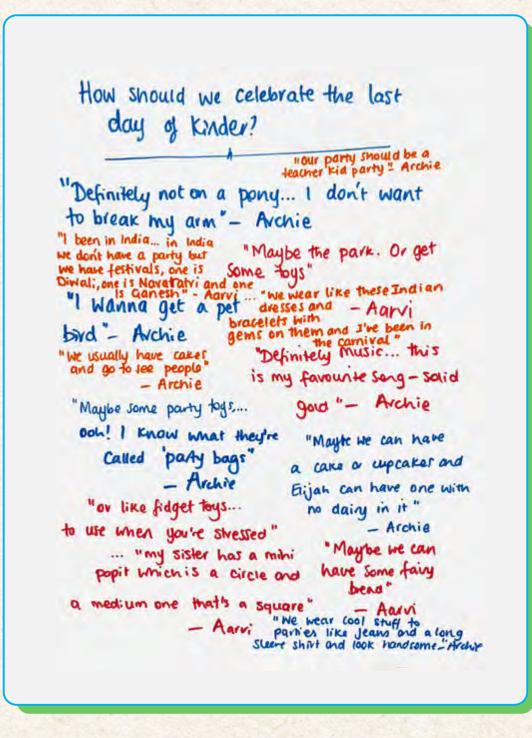
What should we do for the last day of Kindergarten to celebrate? "A birthday party" Pippa ... "a celebration ... set up decorations" "Have a party with lollies and flowers and aptakes cake Craft and painting" - Isabelle nd faing bread too "Lego"- Eddie Ray ..."a lego party " "] think a dinosaur. dinosaur balloons" - Joshua "Lightening M'Queen U amazing" - Devan "Make a party... a rainbow 'cos I love rainbows"- Eden "Bugs I mine bugs at A party - Roll " Music ... let it go. A birthday cake"

"Make a party...a rainbow 'cos I love rainbows." EDEN



HOW SHOULD WE CELEBRATE THE LAST DAY OF KINDER?

By Archie, Aarvi, Hendrix, Eva, Tessa & Remy Grovedale Child & Family Centre



HISTORY EARLY GERMAN SETTLEMENT AND THE CHURCH

ARTICLE FROM GROVEDALE GRAPEVINE ISSUE 12 SPRING 2014

In our last issue we saw that one of the reasons for the Grovedale migrants to leave Prussia was to escape religious persecution. In their homeland of Prussia, Martin Luther had offered a new way of worshipping and established the Lutheran Church in the 16th Century breaking aw`ay from the Catholic Church. The Kaiser of the day also determined his way of worship and these differences plus political circumstances and food shortage caused these families to take up the challenge to move to Australia and in particular what we know now as Grovedale.

When they came to live in Australia religion still played a significant role in these new settlers' lives and attendance at church and worshipping together was important. In 1854, they acquired an acre of land and built a small wattle and daub with a thatched roof building for church purposes. It was here in Church Street that this first Lutheran Church was built. Prior to this, they worshipped in each other's homes. This building was also used as a school.

The first teacher, Mr Stanger taught there from 1854-1858.

The graveyard, still in use today, holds many interesting facts. Here you will see many old gravestones inscribed with the details of these early settlers. For example, the first known burial took place in 1855; the deceased was Anna Bieske. Her gravestone with the following inscription still exists today: "And as in Adam all die, so also in Christ shall all be made alive."

Their first minister was Pastor Matthias Goethe who would travel from Melbourne to conduct regular church services. He conducted the first church service on 24 June 1854.

In 1855 two acres of land was granted on the Torquay Road where a mud brick manse was built. Today we can see the two large palms which remain, identifying this historical site. A blue stone church was built next door, on the corner of Torquay Road and Perret Street. In December 1859 the church was dedicated by Pastor Hausmann as was known as Holy Trinity Church.



Unfortunately there was a rift within the church with the congregation's loyalty split. Part of the original congregation returned to the church with the cemetery, whilst the others stayed at Holy Trinity Church. The original church congregation eventually built a new brick church in 1870-71, St Paul's on the Torquay Road.

Pastor Georg Heyer came to be the pastor of the church. When he arrived at Germantown there was no formal manse to live in and families would have put him up and offered him hospitality. However, a two storey building known as the Bay View Hotel-(which from a point of interest was never used as a hotel) became available and this then became the first manse. This was located on the corner of Heyers and Torquay Road and was on a four acre block. In 1868, St Pauls' congregation built the church manse on this site. Pastor Heyer faithfully served his congregation for fifty-two years as Pastor of St Paul's Lutheran Church.

Meanwhile circa 1893, the manse of Holy Trinity Church was destroyed by fire along with all of the church records.

The Lutheran Church is still a thriving religious community in Grovedale with a strong community presence today.

GROVEDALE GRAPEVINE

Its been a tough year for everyone... but Christmas is still coming!



lions australia

Hello from the Lions Club of Grovedale/Waurn Ponds

The members of the Lions Club of Grovedale Waurn Ponds wish all residents of Grovedale and nearby areas a very happy and safe Christmas festive season.

We would also like to remind you that the delicious Lions Christmas Cakes and Puddings are available now through to Christmas Eve.

Catch us outside Waurn Ponds Woolworths and Coles on Fridays, Saturdays, and Sundays through December until Christmas Eve. If you can't manage to get to our outlets, call the numbers below and we'll be able to fill your order.

The Grovedale Lions Community Raffle was finally drawn on 16 November following many administrative delays arising due to the Covid restrictions, lockdowns, and school shutdowns. Winners have been contacted, and winning ticket numbers for the 2021 raffle can be found here: https://grovedalewaurnponds.vic.lions.org.au/ projects Lastly, we wish you a very happy New year in 2022.

Hey! What about a New Year's resolution to join a great organisation like Lions?

You can give what time you can spare to assist the community in many ways and in the company of like-minded people.

Interested in joining Lions? Have a chat with Mark. (Mobile – **0428 557 564**)

For cakes, call Paul. (Mobile - 0438 442 198)

And for any other queries contact the club Secretary, David (Ph. **0459 574 347**)





DEADLINE FOR THE NEXT ISSUE OF THE GRAPEVINE Copy due: Friday 25th March 2022 Distribution: Monday 4th April 2022

WANT TO RECEIVE A REMINDER TO SUBMIT YOUR ARTICLE? Sign up at: <u>https://bit.ly/Grapevinereminder</u>



MENTAL HEALTH AND WELLBEING

Food Safety

Foods need to be stored, handled and cooked carefully and at temperatures that avoid the spread and growth of bacteria that can make you sick. Take care when preparing home-cooked meals.¹

Hygiene

Wash your hands in warm soapy water for at least 20 seconds. You should wash the front and back of both hands, and in between your fingers. Twist the opposite hand around each thumb and rub the tips of your fingers in the palms of your hands. Then dry thoroughly.

Wash your hands before and after handling food and touching raw meat, seafood or egg.

Wash your hand before and after eating.

Clean your benches with hot soapy water or cleaning spray.

Carefully wash chopping boards and utensils in hot soapy water, with a scrubbing brush. Or use a dishwasher, if you have one.

Contamination

The bacteria on raw foods can quickly spread to ready-to-eat foods like fruits, vegetables and bread. Never prepare ready-to-eat foods with the same utensils that you use for raw chicken, meat, seafood or eggs.

Carefully wash chopping boards and utensils in hot soapy water, with a scrubbing brush. Or use a dishwasher, if you have one.

Use separate utensils every time or take a minute to wash everything properly with hot soapy water. You can use different coloured chopping boards for raw meats and ready-to-eat foods.

Raw meats should always be stored at the bottom of the fridge. If the juices drip, they won't contaminate other foods.

Temperature

The bacteria that cause food poisoning thrives at temperatures between 5-60 degrees Celsius. This is called the temperature danger zone.

Hot foods should be kept 60 degrees Celsius or hotter. Keep cold food at 5 degrees Celsius or colder.

You can't always tell if foods contain bacteria that might make you sick by the look, smell or taste. If in doubt, throw it out.

Put leftovers in the fridge right after they've finished steaming. Make sure your fridge is operating at five degrees or colder.

Before freezing, cool food to five degrees Celsius or less. Food in your freezer should be frozen solid.

To minimise the time food is in the temperature danger zone, defrost in the fridge or microwave. Do not thaw on the bench.

Once defrosted, cook immediately. Cook your meals until they are steaming hot all the way through (above 75 degrees Celsius).²

References

- 1. HealthDirect. (2019) Food safety. https://www.healthdirect.gov.au/food-safety (accessed on 1 May 2020).
- 2. Queensland Government. (2020) Food safety. https://www.healthier.qld.gov.au/article-type/food-safety/ (accessed on 1 May 2020).





FOOD AND NUTRITION



KIDS IN THE KITCHEN – BANANA BREAD RECIPE

Cooking with children has many benefits. It's a fun activity that keeps them entertained, can sparks an interest in food and teaches lifelong skills. It also helps to develop healthy eating habits, allowing children to learn about and try different foods.

Why not get your kids in the kitchen with this healthy and delicious banana bread?



Banana Bread Preparation time: 15 minutes Cooking time: 50-60 minutes Serves: Makes one loaf

Ingredients

1/3 cup vegetable oil

1.4 cup honey*

- 2 eggs
- 3 medium ripe bananas

200 grams natural yoghurt

1/2 teaspoon vanilla extract

- 250 grams wholemeal self-raising flour
- 1 teaspoon mixed spice

Method

Preheat the oven to 180°C. Grease and line an 11 x 21cm loaf tin with baking paper.

Using an electric beater, blend the oil and honey until well mixed. Add the eggs one at a time, beating well after each addition.

In a separate bowl, mash the bananas and stir in the yoghurt. Fold through egg mixture. Fold flour and mixed spice into mixture.

Spoon into prepared tin and bake for 50-60 minutes, or until a skewer inserted comes out clean.

Remove from oven. Allow to cool in the tin for 5 minutes before turning out onto a wire rack.

*Note: Omit honey for children under 12 months old

TIPS:

- Add a handful of chopped nuts or seeds to the mixture for some healthy fats.
- Kids love this banana bread for breakfast, toasted and topped with a scrape of their favourite spread.
- Encourage your child to help. Even toddlers can join – ask them to stir the yoghurt!

References

 Raising Children. (2019) Cooking with kids. <u>https://raisingchildren.net.au/school-age/nutrition-fitness/cooking-with-kids/cooking-with-kids-teens</u> (accessed on 20 April 2020)







Why you should join Grovedale Waurn Ponds Rotary Club



If you feel that you would like to help give back to or help the community's we live in, Rotary is the club for you to join. Give us a call, come for a meal and find out what we do. Attendance at meetings is not compulsory but once you meet us you will want to become involved in what we do. Phone Gary Clark on 0418593767

Our club members were recently asked what are the most Important things you believe Rotary does:

Here are some of our members answers:

Some of their answers maybe similar but you will get the gist.

- Rotary supports my local community.
- Supports those who are less fortunate than we are.
- Provides Friendship and Fellowship.
- Provides advice and in some cases financial assistance to students.
- Provides overseas help both physically and financially to those not as well off as us.
- Provides valuable funds within our local communities for those in need.
- Providing financial assistance for an Ambulance or water program in poor countries.
- 100% of the money raised gets spent on projects or helping.
- Fellowship with members and partners and other Rotarians
- Service to local and international communities
- International service in developing underdeveloped countries - eg water and sanitation projects, literacy and health. Our club has been specifically involved in these projects in Nepal, Cambodia, South Africa and Ghana and support of Rotary projects such as End Polio, Shelterbox, Disaster (Google Shelterbox and see?)
- Financial support for local schools, school students, and charitable organisations and where/when permitted hands-on service e.g. scholarships, awards, breakfasts, Anum Cara, Foundation 61.

- Fellowship and learning. A diverse range of guest speakers inform and instruct and contribute to your lifelong learning while fellowship opportunities not just within the club but with other clubs - both Australian and International enable you to meet new people and hopefully form new friendships.
- Raising funds to help those less fortunate than ourselves, both local and international
- Is able to use resources both locally and overseas. Clubs are scattered in towns/cities locally so members are familiar with local issues, and have contacts, so can quickly respond to needs. Is able to work with branches of overseas clubs for global projects.

It provides mock job interviews to local schools such as Grovedale Secondary College and Lutheran College so that students can enter the workforce for part time work while at school or full time on completion of studies.

WHAT DOES ROTARY DO?

- Supports Local, National and International projects
- Friendship and Fellowship
- Supports the Development of our Youth
- Helps those less fortunate than ourselves
- Works to improve our Environment.

CLUB INFORMATION

- We only meet twice a month (why not come along for a Free meal)
- There is no commitment for you to attend. You may prefer just to help with our hands on events
- We meet on a Wednesday night 6 for 6.30pm or via Zoom.
- 80% of people stay in Rotary to serve the Community and for the friendships they make.
- Perhaps the time is Right For You

GEELONG COMMUNITY VOLUNTEERS SUPPORTING STUDENTS IN EDUCATION



We can all recall those teenage butterflies on that first day of our change of school location, the jump from primary to secondary, or a campus change. This can be a tough and daunting time for most young people. To assist and support Geelong students, local charity EdConnect now has Mentors to journey with students during this critical time thanks to the 2021 Give Where You Live Pitch Up initiative.

EdConnect volunteer transition mentors are supporting students at Moolap Primary School, Hendy and Peacock campus's of Northern Bay College for one hour a week, during school for the remainder of the 2021 school year and then continue the role in 2022, as the students commence at their new school or campus, at either Geelong High School or the Goldsworthy Campus, Northern Bay College.

Sue-Ellen Thatcher, school coordinator at Hendy Street campus of Northern Bay College is thrilled the Transition Mentors have been able to start with some Year 8 students. "For many students it is really challenging for them to navigate their way as they change campuses. The ability for the student's to have support that continues through this transition will provide stability and importantly a trusted role model who can journey with them to the Goldsworthy Campus in 2022."

EdConnect Volunteers are trained and supported as they build relationships with students, focussing on emotional and social support.



Mentors help build student's confidence and resilience and recognise strengths in preparation for the transition. The support from these Mentors will continue into the new school year and setting, providing stability, support and encouragement for students as they find their way.

EdConnect Geelong and Surf Coast Liaison Office Sally Edgerton is thrilled with the new volunteers that have put their hand up to play this crucial role in a young person's life.



"Covid has disrupted normal flow and structure for many students and schools so this help is crucial for some students. We are overwhelmed with the community volunteers we have, that are so committed to the programme and the wider ethos of EdConnect Australia." Ms Edgerton goes on to say, "This is an amazing opportunity for our local Geelong community to actively demonstrate to students that we support them whilst building intergenerational relationships and contributing to a stronger outcomes for the community."

EdConnect has a number of varied volunteer roles available in 2022. One hour a week is all that is required. If any of the following tasks interest you contact us now. Listening to children read; working with small groups of students in specific subject areas (maths, science, art, etc.); assisting senior students where English is second language in a homework club; providing subject specialist assistance in secondary schools, helping in a school library; or mentoring a student on a 1:1 basis over the year.

To find out more about all the EdConnect volunteering opportunities in the Geelong and Surf Coast region, head to our website to <u>www.</u> <u>edconnectaustralia.org.au</u>

FOR MORE INFORMATION:

Sally Edgerton EdConnect Australia: Liaison Officer Geelong and Surf Coast

sally.edgerton@edconnect.org.au

0498 015 323 | Available Tuesday, Wednesday, Thursday (9am-2pm)

Help Uniting Barwon Op Shop beef up their Emergency Relief budget

Love customer service? Ready to help your local community? Uniting Barwon needs you!

Three hours one afternoon a month.

Sea views from the iconic Point Lonsdale Op Shop.

Pack a picnic lunch, enjoy the promenade, and then sign on for a short, fun, rewarding shift.

If this sounds like your cup of tea please contact Elizabeth Hopkin on 4210 1113 or email <u>elizabeth.</u> <u>hopkin@vt.uniting.org</u>

Other urgent volunteer vacancies with Uniting Barwon include:

Receptionists, Interviewers and Food room team members at Norlane and Grovedale.

Emergency Relief Team Leader at Grovedale.

Retail Team Members and Team Leaders at our four Geelong based Op Shops.

Here's what our Op Shop profits support:

Our team provides services to individuals and families who are struggling to make ends meet.

Emergency Relief addresses the gap in resources including food, clothing and material aid. We offer support such as food and food vouchers, clothing – adult and children, nursery Items, NILS (No Interest Loan Scheme), Homelessness and Housing, Education Assistance Program, Advocacy and links to other services.

ADVERTISE WITH US

We accept advertising for the online version of the Grapevine.

Please contact info@grovedalenh.org.au or phone us at (03) 5241 5717.

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