

# Grapine



## STRENGTHENING CULTURE & CONNECTION

READ ABOUT THE POSSUM  
CLOAK PROJECT, PAGE 4



The Grovedale Grapevine is compiled and published quarterly by Grovedale Neighbourhood House.

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Contributors should note that the right to modify submitted articles is retained by the Grovedale Grapevine. All contributors are asked to provide their articles electronically on Microsoft Word format. New contributions welcome. Please email us.

**LAYOUT & DESIGN**  
Tet Kelly



Grovedale Neighbourhood House acknowledges Wadawurrung Traditional Owners of this land and all Aboriginal and Torres Strait Islander People who are part of the Greater Geelong community today.



## COORDINATOR'S CORNER

# WELCOME TO THE AUTUMN EDITION OF THE GRAPEVINE!



It's been lovely to see so many of our groups return to the Hub offering much needed social connection opportunities for our community. With Covid-19 more prevalent and restrictions easing to 'Covid normal', it is important that we don't become complacent. Please remember to protect yourself and each other by maintaining good hygiene practices, continuing to follow public health orders and making sure you do not attend activities at the Hub if you are feeling unwell. As we go to print, it is still a requirement for participants at Community Centres (this includes the Grovedale Community Hub) to show evidence of their Covid-19 vaccination and QR Code check-in on arrival.

Like so many industries and businesses, Grovedale Neighbourhood House has felt the impacts of this virus on our small team. Shivonne and I would like to thank you all for your understanding and patience as we continue to manage isolation requirements, particularly where they result in office closures.

Based on our observations over the last Term and to better support all aspects of our service delivery, from Monday 11 April we will be trialling new office hours. These hours will be reviewed at the end of the Term to ensure they continue to meet community need. The trial office hours will be:

Monday to Thursday 9am-2.30pm  
Friday 9am-12noon.

We are excited to see the fantastic Slowphoto program commence on Friday May 13 after Covid concerns saw it postponed in Term 1. There are still places available for this wonderful free 6-week program. For more information see the flyer in this edition of the Grapevine or contact our office on 5241 5717.

Grab a cuppa, make yourself comfy and enjoy the latest edition of the Grapevine.

GROVEDALE NEIGHBOURHOOD HOUSE  
ACKNOWLEDGES THE SUPPORT OF:



## FROM YOUR COUNCIL

# Kardinia Ward Update

With the warmer days of summer set to become few and far between in the months ahead, it is pleasing to know that those of us who enjoy getting in the water will have a nice undercover facility ready to go again very soon.

Whether it be to undertake rehabilitation sessions, attend classes or simply to have a swim, Leisurelink at Waurin Ponds is a great place to get your water fix.

The final stage of the 50-metre pool redevelopment currently being undertaken at Leisurelink will begin in April, and construction of the centrepiece tiled concrete pool is progressing well, with the new and improved aquatic facilities expected to open in June.

There will be some service changes as the finishing touches are applied to the project, which will also deliver upgrades to the waterslide, splash park and concourse.

To ensure key works can be safely carried out, all aquatic facilities at Leisurelink will be closed on

April 11 and April 12, but from April 13 the warm water pool and spa will reopen.

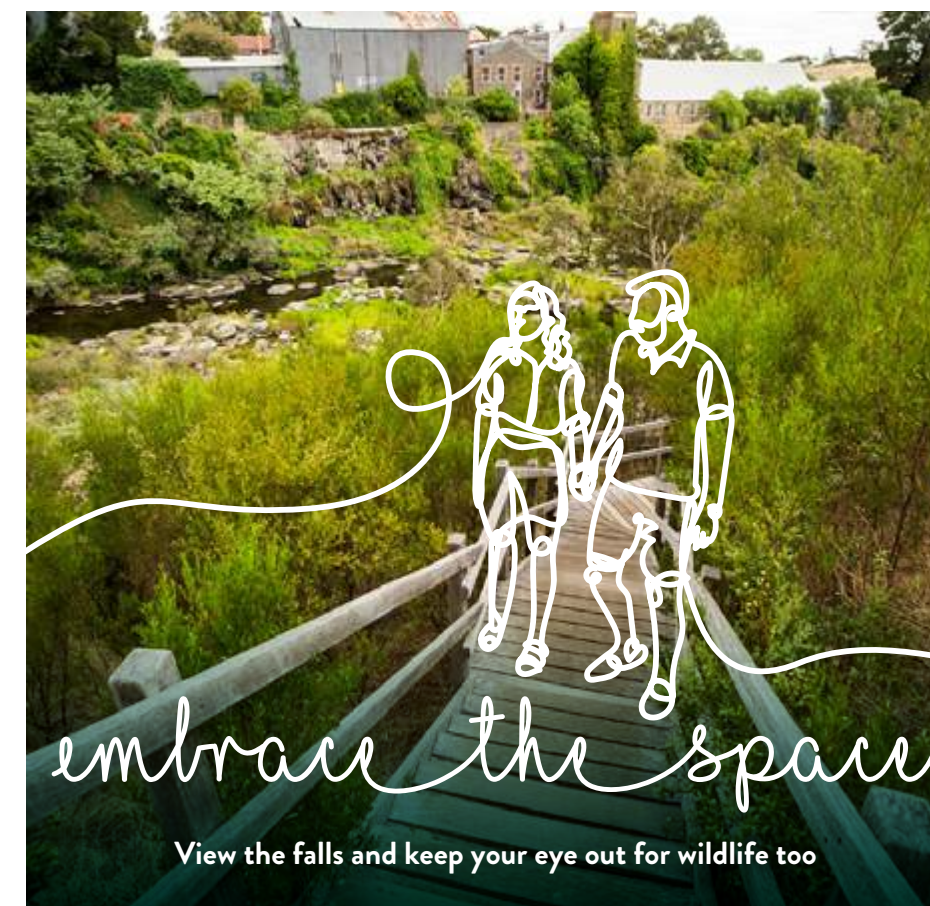
The majority of Webstar Swim School's program will relocate to the warm water pool, with the Learn to Swim and toddler pools to remain shut for a scheduled seven weeks.

All aquatic facilities will again be unavailable for four days at the end of May, before the tiled 50-metre concrete pool is opened for the first time.

The new pool at Leisurelink will serve the community for many years to come, so we thank everyone for their patience as the redevelopment is carried out.

The works that are being undertaken now will enable us to provide the best facilities for our residents to learn to swim, stay safe around the water, and to undertake vital rehabilitation and hydrotherapy sessions, and we can't wait to welcome everyone back very soon.

An update from your City of Greater Geelong, Kardinia Ward councillors Ron Nelson, Belinda Moloney and Bruce Harwood.



View the falls and keep your eye out for wildlife too

## Buckley Falls Reserve, Highton Wadawurrung Country

You might just see a gang-gang cockatoo or a rainbow lorikeet on the trail to the Buckley Falls lookout.

- Take the River Red Gum Walk or you can park nearby
- Views the whole family will enjoy
- Bike friendly
- Dogs welcome on-leash
- Link to other nearby trails

Discover more for yourself at [geelongaustralia.com.au/embracethespace](http://geelongaustralia.com.au/embracethespace)

Scan the QR code for more information about Buckley Falls Reserve





# STRENGTHENING CULTURE & CONNECTION

This article featured in the City of  
Greater Geelong Community Update  
Summer 2021 publication and is  
reprinted with permission.



**Possum skin cloak story is a process that's shared by knowledge holders in the community and can be a process of healing, connection and of storytelling for their family and journey.**



The Possum Cloak Project was an initiative by Nyul Nyul man and director of Wan-Yaari Aboriginal Consultancy Services, Lowell Hunter, who had experienced first-hand the importance of a program that strengthened connections to culture and identity.

"For me growing up in community I had a lot of opportunities to connect to culture through various programs, and that was when I was growing up down on Gunditjmara Country, down in Warrnambool. I knew how important they were as a young fella and now, a bit older, knowing the impact they had on me and my family," Lowell said.

"It's really important work and allowed me to connect to culture and strengthen my identity and learn about cultural values. Fast-forward 20-odd years and now I'm in a position to be able to give back and provide similar opportunities for community – in way of delivering cultural programs like this."

The program continues on from Wan-Yaari's cultural strengthening program with young Aboriginal men, which is one of many services provided by the consultancy. "That program was around cultural strengthening through dance. Often what would occur is the families would come and drop the boys off, but there were still other siblings and family members missing out on the chance to learn about culture."

The Possum Cloak Project ran over 10 weeks. At the end of the project, the families involved went home with a possum skin cloak and the knowledge of this significant cultural practice. A series of photographs were also taken to document the experience of the families and these are now on display as banners and framed photos at the Grovedale Community Centre, which was the host venue for the program.

"When I first attended the facility [in Grovedale], I think it was only a couple of years old and the newly renovated space looked like it had a lot of potential. A community hub is there for everyone to use but that gap that was missing was that there was nothing there to encourage the local Aboriginal community to go and be involved in the hub," Lowell said.

Now with the photos on display, First Nations People and families will be able to see themselves, or someone they know, represented at the community facility.

Lowell credits one of our Healthy and Connected Communities Grants for helping him to get the program off the ground. He worked with the Grovedale Neighbourhood House on the application and is hoping it will be the start of many more programs for Aboriginal communities that are supported by the City.

Connect with Lowell Hunter at [wanyari.com.au](http://wanyari.com.au).



# WHAT'S ON TERM 2 2022

All activities are subject to COVID-19 Protocols

## GET ACTIVE

### AGEING WITH CONFIDENCE

Low impact exercise  
Mondays 9.15am  
Wednesdays 9.15am  
\$8 per session  
Registration Essential  
Contact: 5241 4717

### BALLROOM DANCING

Suitable for beginners  
Fridays 6.30pm-9pm  
Contact: Jose 0401 673 221

### WINGROVE CALISTHENICS

Mondays 5pm - Juniors  
Mondays 7pm - Seniors  
Tuesdays 4.30pm - Sub Juniors  
Tuesdays 6.30pm - Inters  
Thursdays 7.30pm - Masters  
Saturdays 9.30am - Tinies  
Contact: Cathy 0416 255 684

### LINE DANCING

Classes Fridays from 9am  
Events 4<sup>th</sup> Saturday of the month 12noon-5pm  
Contact: Pauline 0409 164 701

### FOLKWAWE PUNJABI DANCE

Tuesdays 6pm-8pm  
Contact: Avtar 0423 193 998

### THE JUNGLE BODY WITH KAT B

Thursdays 6pm  
Contact Katrina 0433 663 996

## GET CREATIVE

### ACRYLIC & PASTEL ART CLASSES

Mondays 1.30pm-4pm  
Saturdays 10.30am-1pm  
Contact: Jen Jones 0408 461 559

### CRAFT CREATORS SOCIAL GROUP

Fridays 9.30am-12noon  
\$4 per week  
Contact: 5241 5717

### SOGETSU IKEBANA

Thursdays 6pm-8pm  
(Commencing 13 April)  
Contact: Christopher 5261 3983

## FOOD

### FOOD SWAP

Bring your excess produce to swap at the Grovedale Community Garden  
Third Saturday of the month 9.30am-10.30am



## COMMUNITY

### GROVEDALE SENIOR CITIZENS

Contact: Terry 5241 4308

#### Carpet Bowls

Mondays 1pm-3pm

#### Gentle Exercise

Tuesdays 9am-10am

#### Cards 'Euchre'

Tuesdays 1pm-3pm

#### Bingo

Thursdays 1pm-3pm  
(Excluding 2<sup>nd</sup> Thursday of month)

### Afternoon Tea & Entertainment

2<sup>nd</sup> Thursday of month 1.30pm-3pm

### GEELONG AREA FRIENDS (GAF)

1<sup>st</sup> Thursday of the month  
Contact: 5241 5717

### GROVEDALE TOY LIBRARY

Saturdays 9.30-11.30  
For more info go to:  
grovedaletoylibrary.org.au

## MUSIC & SONG

### UKES 'N' MORE

Community Ukulele Group  
Wednesdays 7.30pm  
Contact: Ross 0430 871 045



## TECHNOLOGY

### JEZA'S COMPUTER TECH HELP

Providing support with phone, tablet and laptop issues  
Contact: 5241 5717

Available Tuesday mornings by appointment

## LANGUAGE & PHILOSOPHY

### ZIMBABWEAN LANGUAGE CLASS

Sundays 2pm-4.30pm  
Contact: Athanas 0424 326 267

### KYBALION DISCUSSION GROUP

Wednesdays 9.30am - 12noon  
\$2.50 per week  
Contact: Michael 5264 7484

### GITA DISCUSSION GROUP

Wednesdays 7pm-9.30pm  
\$2.50 per week  
Contact: Michael 5264 7484

## U3A

For all bookings contact U3A 5244 5114

### DISCUSSION GROUP: 'Let's talk about that'

Tuesdays 12 noon - 2pm

### SPANISH INTERMEDIATE / ADVANCED

Wednesdays 2.15pm-4.15pm

### OUR SOLAR SYSTEM

Tuesday Fortnightly 1.30pm-3.30pm

### TRAGEDY AND COMEDY IN LITERATURE

Thursdays 9.30am-11am

### YOGA

Fridays 7.45am-9am



## WELLBEING

### TOWN (TAKE OFF WEIGHT NATURALLY) WEIGHT LOSS SUPPORT GROUP

Wednesdays 6pm  
Contact: Heather 0417 516 020

### BUDDHIST MEDITATION

Sunday fortnightly from 9.30am (commencing 16 Feb)  
Contact: Alex 0407 018 498

### SLOWPHOTO

Life through the mindful lens of slow photography  
Fridays 10am-12noon  
(6 weeks commencing May 13)  
Bookings Essential  
Contact: 5241 5717



## DO YOU HAVE AN IDEA FOR A CLASS, ACTIVITY OR GROUP?

Grovedale Neighbourhood House would love to hear from you!

Email [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au)  
Call 03 5241 5717

All activities are subject to COVID-19 Protocols



## MEET OUR STEERING GROUP

The Grovedale Neighbourhood House Steering Group had their first meeting in February. This newly formed group of passionate and civic-minded community members will guide the direction of our Neighbourhood House and provide input into our programs and activities.

We will feature each of the Steering Group members in the Grapevine over this year, starting with Ross Hobbs.

Ross is well connected to Grovedale Neighbourhood House, running the large Ukes 'n' More community singing and ukulele group. Ross kept this group connected during the lockdowns by running catch ups via Zoom, with 25-30 people attending each week.

Ross comes to the steering group with over 32 years' experience working for a large industrial company and 8 years as a teacher before that. He brings wisdom and extensive experience that can be applied to the Neighbourhood House sector.

Ross says, 'I have lived in Grovedale for over 40 years and seen it grow from a small, detached outlier from Belmont, into the vibrant family belt that it is now.'

We welcome Ross to the Steering Group and are grateful to have him on board. If you would like to know more about the Steering Group, please contact the Grovedale Neighbourhood House on 5241 5717 or email [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au)

Ross Hobbs



If you would like to chat with Ross about his work on the Steering Group or learn more about Ukes 'n' More, you're welcome to give him a call on 0430 871 045.



**WINGROVE CALISTHENICS**

Join us in Term 2

U7 - Saturday 9:15am  
U10 - Tuesday 4:30pm  
U13 - Monday 5:00pm

© Grovedale Hub, Heyers Road

Ph: 0416 255 684 / follow us @wingrovecals

## STORIES WELCOME



Does your group have important updates for the community? If you use the Grovedale Neighbourhood House within the hub and have anything you would like to contribute or share with the Grovedale Hub community for the upcoming issues please contact [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au).

## SLOWPHOTO

FREE

Learn to see from a fresh perspective, and connect with moments, people and places in your own life, through the mindful lens of slow photography.

**ABOUT THE FACILITATOR:** Nicole Marie is a local documentary photographer who is interested in encapsulating and sharing the extraordinary stories of everyday people, places and projects through photography.

### ENJOY SHARING YOUR STORY BY FOCUSING LESS ON TECHNICAL ASPECTS OF THE DEVICE, AND MORE ON THE ART OF SEEING.

- 1. MINDFUL SEEING** - The art of observation + composition in photography
- 2. TEXTURE** - Observe and document interesting textures in your home and community
- 3. LIGHT** - Discover and capture the magic that light can make through shadows, reflections and mood
- 4. COLOUR** - Choose a colour to focus on, find and incorporate into an image
- 5. PEOPLE** - What is the story of someone you know? Create a portrait in response.
- 6. PRINT + SHARE** - Select a favourite photo from the 5 photo prompts to print and share

This project is supported by the City of Greater Geelong through its Community Investment and Support Fund.

### PROGRAM DETAILS

**DURATION/TIME:** 6 week program commencing Friday 13 May 10am-12noon

**EQUIPMENT:** BYO digital camera (compact or SLR), smartphone or tablet. (Digital cameras available to borrow if required.)

**COST:** Free

**OUTPUT:** Each participant will have one image printed on a small canvas for exhibition at the Grovedale Community Hub.

**LOCATION:** Grovedale Neighbourhood House, Banksia Room, 45 Heyers Road, Grovedale

**BOOKINGS ARE ESSENTIAL.**

This program is subject to COVID-19 protocols. Proof of vaccination is required. For all enquiries and bookings please contact Grovedale Neighbourhood House on 5241 5717.





# EXCITING THINGS ARE BREWING AT THE GROVEDALE TOY LIBRARY



There has been a lot of exciting things happening at the Grovedale Toy Library this term. We have recommenced our Book and Browse sessions, allowing members who are doubled vaccinated to enter the toy library and select their own toys.

This has been an exciting change as due to COVID, the toy library has been operating via Click and Collect for the majority of 2020 and 2021. We have had new members join, our AGM and of course, new toys for people to borrow!

In the coming weeks, we have even more exciting events to watch out for at our toy library.

**NATURE PLAY WEEK** - Member Stay & Play - Saturday April 9th 9:30-11:30, Blackwood Room @ the Hub

**EASTER COMPETITION** - Guess the Toys in the Jar - on display in our window - enter via Facebook & Instagram, or there is a link next to the jar to enter if you're not a social media user! Winners announced at the Nature Play event.

**GEELONG CIRCULAR LIVING CHALLENGE** - GTL Open Day - Wednesday 20th April 10-12 (no borrowing) - stay tuned for promotional material, help us spread the word about our amazing toy library (and a bonus for new members signing up as part of the challenge)

Pictures of new additions to our toy library:



Please spread the word about our wonderful toy library to friends and family who have children and if you would like to know more about our toy library or any of these events, please follow us on Instagram, find us on Facebook or email us at: [info@grovedaletoylibrary.org.au](mailto:info@grovedaletoylibrary.org.au)



*StudioArt6 - Jen Jones,*  
Local Artist @  
Grovedale Neighbourhood House.  
Heyers Rd  
Grovedale

**Registration is now open for the following Term 2 - 2022**  
**Classes catering for beginners to experienced artists:**

***Combined Acrylic Painting & Soft Pastels***

***Monday 2nd May - 20th June: Times 1.30pm-4pm***  
***Saturday 30th April - 18th June: Times 10.30am-1pm***

**Bookings essential.**

**Cost - \$200**

**Payment in full prior to commencement.**

**Includes light refreshments.**

**Proof of Covid vaccinations required.**

**Current Covid-19 restrictions and safety requirements adhered to.**  
**Current Working With Children's Check.**

Any queries regarding payment or registration can be directed to Jen:

M: 0408 461 559

E: [jenajones1253@gmail.com](mailto:jenajones1253@gmail.com)

W: [studioart6.com.au](http://studioart6.com.au)

# SHARE YOUR STORY



## Disability Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability

Do you have a story to tell the Disability Royal Commission about your experiences living with a disability?

The Federal Government has announced that the Disability Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability will be taking submissions until the end of December 2022.

However, if you would like to register for a private session with a Commissioner you will need to register by the end of June 2022.

Leadership Plus as well as other agencies can provide support individuals in Victoria to tell their stories.

Make sure your story is heard.

**To register** visit the website [www.disability.royalcommission.gov.au](http://www.disability.royalcommission.gov.au)

**Royal Commission contact details:**

**email** [DRcenquiries@royalcommission.gov.au](mailto:DRcenquiries@royalcommission.gov.au)

**telephone** 1800 517 199 or +61 7 3734 1900 9:00am to 5:00pm AEST Monday to Friday, excluding national public holidays

**SMS** 0459 906 629 – text only (Please note that it may take up to 2 business days to respond.)

**post** GPO Box 1422, Brisbane Qld 4001.

If you would like to contact the Royal Commission in your own language, including a First Nations language, email [DRcenquiries@royalcommission.gov.au](mailto:DRcenquiries@royalcommission.gov.au) to organise an interpreter.



For a free-of-charge translator or interpreter phone the Translating and Interpreting Service- external site on 131 450. Ask to be connected to 07 3734 1900.



If you are Deaf or hard of hearing, you can use the National Relay Service- external site. Or you can send a text to 0459 906 629 and an Auslan interpreter will be organised.

## The Lions need you

The Lions Club of Grovedale/Waurn Ponds is looking for new members to further our efforts in our local, national, and international communities.

Our numbers are small, and we are seeking some young folk to reinvigorate our club to become the great helper it once was.

This could be just the thing for you, to give back to Grovedale/Geelong and Australia and become a member of the largest service club in the world.

Every bit helps in the work of Lions Clubs, and particularly the Lions Club of Grovedale/Waurn Ponds.



Join us to become a member of an international organisation numbering nearly 1.5 million people who help their communities and enjoy the camaraderie that comes with this.

If you have a bit of time to spare, we'd love to hear from you.

To have a 'no obligation' chat, contact either:

Mark Grey – 0428 557 564 or

David Ridley – 0459 574 347

## Uniting Barwon's Op Shops generate urgently needed funds for our Emergency Relief budget



Our Geelong West, Highton and Point Lonsdale stores urgently need volunteers for Saturday shifts.

- ✓ Op Shop fan
- ✓ Love customer service
- ✓ Ready to help your local community and make new friends
- ✓ Available for 3 or more hours a week (or fortnightly or monthly)
- ✓ Need 15 hours per week volunteering for your Centrelink mutual obligation

Uniting Barwon needs you!

Please contact Elizabeth Hopkin on **4210 1113** or email [elizabeth.hopkin@vt.uniting.org](mailto:elizabeth.hopkin@vt.uniting.org)

Other urgent volunteer vacancies with Uniting Barwon include:

- Emergency Relief: Receptionists, Interviewers, Van Crew, Maintenance and Food Distribution Team Members at Norlane and Grovedale.
- Retail: Team Members and Team Leaders at Highton, East Geelong, Norlane, Geelong West and Point Lonsdale.

Here's why we do what we do:

Emergency Relief addresses the gap in resources including food, clothing and material aid. Our volunteer teams provide services to individuals and families who are struggling to make ends meet.

### WE OFFER SUPPORT SUCH AS:

- Food and food vouchers
- Clothing – Adult & Children
- Nursery Items
- NILS (No Interest Loan Scheme)
- Homelessness and Housing
- Education Assistance Program
- Advocacy and links to other services

**GROVEDALE - 4210 1100**  
**NORLANE - 5278 8492**



[unitingvictas.org.au](http://unitingvictas.org.au)



## Join the Probus



For the last 6 years Grovedale Marshall Probus Club has been providing fun, friendship and fellowship to retirees, with the opportunity to discover new interests with new friends, ranging from exciting nationwide trips to casual outings, guest speakers, coffee mornings and lunches.

Monthly meetings are on the second Thursday of each month at 9.45am for 10 am in the Grovedale Community Hub, 45 Heyers Road, Grovedale.

Everyone Welcome!

Enjoy your retirement – Join our Probus community today!



### General Enquiries

Secretary Anne Lane 5261 7747  
or email 48lane44@gmail.com

Membership Pam Simpson 0447088238  
or email: pjsimpson49@hotmail.com



### Grovedale Wairn Ponds Rotary Club

## Become a friend of the Rotary

Would you like to help your Community, make friends and have fun?

Become a member of Rotary or Become a friend of Rotary.

What does Rotary do?

- Supports Local, National and International Projects.
- Friendship and Fellowship
- Supports the Development of our youth.
- Helps those less fortunate than ourselves.
- Works to improve the environment.
- Club Information
- We meet twice a month.

Rotary is open to any person of good standing in the community.

There is no commitment to attend.

You may prefer just to help with our hands on events. We meet on a Wednesday night 6 for 6.30pm or via Zoom.

80% of people stay in Rotary to serve the community and for the friendships they make.

PERHAPS THE TIME IS RIGHT FOR YOU?  
Contact David Carlyle 0409 343 250  
or Gary Clark 0418 593 767.

What have we done recently?

We have had 2 Bunnings Barbeques where we raised monies to support

1. The Tonga Disaster.
2. To the Flood Victims in Queensland/NSW.

All funds raised by Rotary is 100% given to our beneficiaries.



### DEADLINE FOR THE NEXT ISSUE OF THE GRAPEVINE

Copy due: Monday 6th June 2022

Distribution: Monday 20 June 2022

### WANT TO RECEIVE A REMINDER TO SUBMIT YOUR ARTICLE?

Sign up at: <https://bit.ly/Grapevinereminder>

## HOW A JOBS VICTORIA ADVOCATE CAN HELP YOU

If you're looking for work more hours or training opportunities, Jobs Victoria Advocates can:

- Refer you to a local Jobs Victoria Partner who can help you update your resume, prepare for job interviews, and connect you with local employers.
- Connect you to local skills and training opportunities through Work and Learning Centres, TAFE Skills and Jobs Centres, and apprenticeship programs.
- Help you apply for jobs in your local area through the Jobs Victoria online hub

Are you looking for great role with an immediate start? With a focus on supporting the critical supply chain shortages at major supermarkets and wholesalers, speak to a Jobs Victoria Advocate who can discuss Jobs Victoria's recruitment drive and support you through the application process.

Positions currently being advertised:

- Front of House – Cashiers
- Fill and Night Fill
- Pick Packers (includes manual handling of up to 16kgs and working in different controlled temperatures)
- Forklift Operators
- Transport Drivers
- Food Preparation
- Butchering Apprenticeships

Expressions of Interest can be submitted at:

<https://jobs.vic.gov.au/help-for-jobseekers/supply-chain-roles-now-open>

Contact:

Mat & Lizz 5272 5272

Carly 0427 997 472

Janelle 0439 080 296

Karianne 0447 155 046

## Connect with GNH

We're on facebook and Instagram. Like/Follow us to get the latest updates as we share real time information from the community.



[/GrovedaleNeighbourhoodHouse](https://www.facebook.com/GrovedaleNeighbourhoodHouse)



[/grovedaleneighbourhoodhouse](https://www.instagram.com/grovedaleneighbourhoodhouse)

## ADVERTISE WITH US

Advertising is welcome for the online version of the Grapevine. Please contact [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au)

or phone us at (03) 5241 5717.

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