

Grapewine

Shaping YOUR Neighbourhood



At the inaugural meeting of the Grovedale Neighbourhood House Steering Group, the group identified the need to re-engage with the Grovedale community following two COVID interrupted years.

Subsequently, Grovedale Neighbourhood House applied for, and received, grant funding from the City of Greater Geelong to support the delivery of the "Shaping Your Neighbourhood" community engagement project. This project will seek feedback from the Grovedale community on community values, priorities and the types of activities they would like to participate in at the Neighbourhood House.

The grant funding has allowed us to engage an independent facilitator, Jennifer Lilburn of Kismet Forward consulting, to lead workshops

with the Grovedale community, key partners and our Steering Group. We will also obtain valuable feedback from the community through responses received on our survey.

The data collected from the workshops and surveys will be used to guide the development of a new Grovedale Neighbourhood House Strategic Plan and future program planning.

Further updates on the 'Shaping Your Neighbourhood' project will be provided in future editions of the Grapevine.

TERM 4
'WHAT'S ON'
PAGE 6-7

The Grovedale Grapevine is compiled and published quarterly by Grovedale Neighbourhood House.

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Contributors should note that the right to modify submitted articles is retained by the Grovedale Grapevine. All contributors are asked to provide their articles electronically on Microsoft Word format and any images as separate high resolution files. New contributions welcome. Please email us.

LAYOUT & DESIGN
Tet Kelly



Grovedale Neighbourhood House acknowledges Wadawurrung Traditional Owners of this land and all Aboriginal and Torres Strait Islander People who are part of the Greater Geelong community today.



COORDINATOR'S CORNER

WELCOME TO THE SPRING 2022 EDITION OF THE GRAPEVINE!



Finally winter is behind us, the days are getting longer and the trees are awakening from their winter slumber.

Unlike deciduous trees and hibernating reptiles, the Grovedale Neighbourhood House team have not been dormant this winter.

We celebrated NAIDOC Week and the opening of the SlowPhoto exhibition; we checked in on each other and looked after ourselves at our 'Day of Garden and Gratitude' events on RU OK? day; we commenced seeking feedback from our community through the 'Shaping Your Neighbourhood' project; and we welcomed some new activities to the Hub.

I hope you enjoy reading all about our busy term in this Spring 2022 edition of the Grapevine.

TERM 4 DATES 2022

3rd October to 20 December. Check our activity program on page 6-7 for course start dates.



DEADLINE FOR THE NEXT ISSUE OF THE GRAPEVINE

Copy due: Monday 5th December 2022
Distribution: Monday 19th December 2022

WANT TO RECEIVE A REMINDER TO SUBMIT YOUR ARTICLE? Sign up at: <https://bit.ly/Grapevinereminder> or call us on 5241 5717

GROVEDALE NEIGHBOURHOOD HOUSE
ACKNOWLEDGES THE SUPPORT OF:



KARDINIA WARD UPDATE

BURDOO RESERVE LIGHTING UPGRADES

An update from your City of Greater Geelong, Kardinia Ward councillors Ron Nelson, Belinda Moloney and Bruce Harwood



It has been great to see so many people out and about in our region in recent weeks enjoying the spring weather.

Despite our best efforts, it is often challenging to exercise during the cooler months when the light fades earlier in the day, but hopefully the recent upgrades to lighting at Burdoo Reserve will make that easier in the future.

One of Council's fundamental roles is to help create a happy and healthy community, which is why we were thrilled to contribute \$250,700 towards multiple lighting projects across the region.

This was backed up by \$2.256 million from the Victorian Government via its Community Sports Infrastructure Stimulus Program.

The Grovedale Football and Netball Club, as well as the Grovedale Cricket Club, will be the main beneficiaries of the Burdoo Reserve lighting upgrade. It will provide the clubs greater flexibility with training and allow their members more opportunities to hone their skills for longer.

But the wider benefits to the community should not be forgotten.

The project will provide a greater sense of security for those who might enjoy a walk or ride through the reserve, during those periods the lights are in use.

The Grovedale Football and Netball Club has 600 players taking to the field or court each week and the lighting installation provides support to all of those participants in their quest to remain active.

The Tigers have a thriving female football program, which has been in place since 2018, and additions of this nature will undoubtedly increase training and playing opportunities.

Of course these new high-quality lights also support the various tenant clubs with the ability to recruit younger members and junior participants.

For example, Friday night Auskick will see instant benefits and the increased flexibility of scheduling will help support the growing number of players in this program.

If you haven't seen the new lights, get down to Burdoo Reserve and check them out.



STORIES WELCOME

Does your group or class have important updates for the community next term? If you use the Grovedale Neighbourhood House within the hub and have anything you would like to contribute or share with the Grovedale Hub community for the upcoming issues, please contact info@grovedalenh.org.au.



NAIDOC WEEK 3-10 JULY 2022

Grovedale Neighbourhood House celebrated NAIDOC week by collaborating with the children from the Grovedale Child and Family Centre to produce a wonderful art piece of Bunjil the Creator. The magnificent Bunjil, adorned with hand painted gum leaves, was exhibited in the Grovedale Community Hub foyer during NAIDOC week.

NAIDOC Week is a time to celebrate the histories, cultures, contributions and achievements of Aboriginal and Torres Strait Islander people.

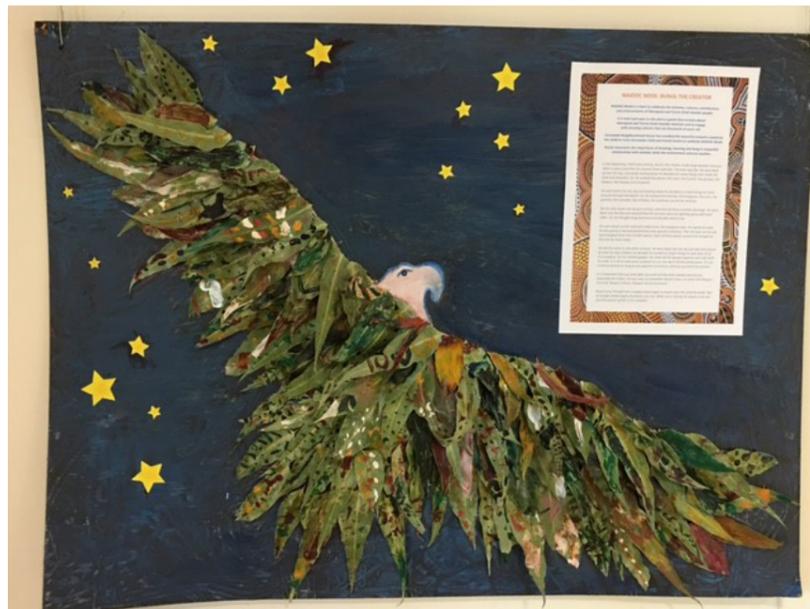
It is held each year in July and is a great time to learn about Aboriginal and Torres Strait Islander histories and to engage with amazing cultures that are thousands of years old.

Bunjil represents the importance of listening, learning and living in respectful relationships with animals, birds the environment and one another.

In the beginning, there was nothing. Bunjil, the Creator made large boulders and put them in place and then he covered them with dirt. The land was flat. He went back up into the sky, and while looking down he decided to create things that made the land look beautiful. So, he created the plants; the trees, the bushes, the grasses, the flowers, the mosses and all plants.

He went back into the sky and looking down he decided to create things to move around through the plants. So, he created the animals; the kangaroo, the emu, the goanna, the wombat, the echidna, the cockatoo and all the animals.

But he only made one of each animal, and each of those animals was huge. He went back into the sky and noticed that the animals were not getting along with each other. So, he thought long and hard and decided what to do.



He went down to the land and called Gure, the kangaroo over. He explained what he was going to do and performed some special Ceremony. Then he took out his axe and chopped Gure into smaller pieces. Each of those pieces turned into kangaroos the size we have today.

He did the same to the other animals. He went back into the sky and was very proud of what he had created. He decided he needed to create things to look after all of his creations. So, he created people. He called all the people together and told them his rules. It is ok to take parts of plants to use, but don't kill the whole plant. It is ok to kill an animal as long as you perform Ceremony, and you use all of the animal.

It is important that you look after yourself and the other people around you-especially the Elders. An easy way to remember Bunjil's rule is to think YOE-Respect Yourself, Respect Others, Respect the Environment.

Bunjil turns himself into a wedge-tailed eagle to watch over this Land he made. Not all wedge-tailed eagles are Bunjil, just one. When he is resting, he sleeps in the sky and the planet Jupiter is his campfire.



SlowPhoto Exhibitors at the foyer of Grovedale Neighbourhood House

SLOWPHOTO EXHIBITION

Grovedale Neighbourhood House were pleased to welcome back photographer Nicole Marie and our SlowPhoto program participants to celebrate the official opening of the SlowPhoto Exhibition on Friday 29 July.

The exhibition, on display until the 18 September, is a collection of carefully selected photos taken by participants during the 6-week program held at the Grovedale Neighbourhood House during Term 2, 2022. The program was designed and run by local photographer Nicole Marie and centred around developing mindful observation, through the practice of slow photography.

Slow photography is a mindset; focussing on the experience of making images and expressing ourselves though photography; it also has a flow-on effect on the way we see and interact with the world. To deepen this interaction, students learnt tools of composition and capture, enabling them to connect with, interpret and capture their own environment and experiences.

Congratulations to exhibitors Silvana Benacchio, Pam Lynch, Weiwei Cong, Carmel Sanderson, Laney Fu, Lisa Sitlington, Benett Hernandez, Lyn White and Nina Howell.

This project was supported by the City of Greater Geelong through its Community Investment and Support Fund.



WHAT'S ON at the hub TERM 4 2022



GET ACTIVE

STAYING ACTIVE

Low impact exercise
Mondays 9.15am
Wednesdays 9.15am
\$8 per session
Registration Essential
Contact GNH: 5241 5717

THE JUNGLE BODY WITH KAT B

Thursdays 6pm
Contact Katrina
0433 663 996

TECHNOLOGY

JEZA'S COMPUTER TECH HELP

Providing support with phone, tablet and laptop issues
Contact: 5241 5717
Available Tuesday mornings by appointment

DANCE

WINGROVE CALISTHENICS

Mondays 5pm - Juniors
Mondays 7pm - Seniors
Tuesdays 4.30pm - Sub Juniors
Tuesdays 6.30pm - Inters
Thursdays 7.30pm - Masters
Saturdays 9.30am - Tinies
Contact: Cathy 0416 255 684

FOLKWAVE PUNJABI DANCE

Tuesdays 6pm-8pm
Contact: Avtar
0423 193 998

LINE DANCING

Classes Fridays from 9am
Events 4th Saturday of the month
12noon-5pm
Contact: Pauline 0409 164 701

BALLROOM DANCING

Suitable for beginners
Fridays 6.30pm-9pm
Contact: Jose 0401 673 221

BOLLYWOOD DANCE

Tuesdays Kids 5.30pm-6.30pm
Adults 6.30pm-7.30pm
Contact Archana: 0432 161 933

MUSIC & SONG

UKES 'N' MORE

Community Ukulele Group
Wednesdays 7.30pm
Contact: Ross 0430 871 045

MUSIC WITH ABBEY

Music class for children.
Thursdays 11.30am-12.15pm
Contact Abbey:
0490 704 668

GET CREATIVE

ACRYLIC & PASTEL ART CLASSES

Mondays 1.30pm-4pm
Saturdays 10.30am-1pm
Commencing 15th of October
Contact: Jen Jones
0408 461 559

SOGETSU IKEBANA

Thursdays 6pm-8pm
(Commencing 13th of October)
Contact: Christopher
5261 3983

CRAFT CREATORS SOCIAL GROUP

Fridays 9.30am-12noon



WELLBEING

TOWN (TAKE OFF WEIGHT NATURALLY) WEIGHT LOSS SUPPORT GROUP

Wednesdays 6pm
Contact:
Heather 0417 516 020

BUDDHIST MEDITATION

Sunday fortnightly
from 10am-11.00am
Contact: Alex 0407 018 498

LANGUAGE & PHILOSOPHY

KYBALION DISCUSSION GROUP

Wednesdays 9.30am - 12noon
\$2.50 per week
Contact: Michael
5264 7484

GITA DISCUSSION GROUP

Wednesdays 12noon-3pm
\$2.50 per week
Contact: Michael
5264 7484

ZIMBABWEAN LANGUAGE CLASS

Sundays 2pm-4.30pm
Contact: Athanas
0424 326 267

U3A

For all bookings contact U3A
5244 5114

DISCUSSION GROUP:

'Let's talk about that'
Tuesdays 12 noon - 2pm

OUR SOLAR SYSTEM

Tuesdays Fortnightly
1.30pm-3.30pm

SPANISH INTERMEDIATE / ADVANCED

Wednesdays 2pm-4.15pm

TRAGEDY AND COMEDY IN LITERATURE

Thursdays 9.30am-11am

YOGA

Fridays 7.45am-9am

COMMUNITY GARDEN

FOOD SWAP

Bring your excess produce to swap at the Grovedale Community Garden
Third Saturday of the month
9.30am-10.30am
Contact: Vic 0407 231 350

TOY LIBRARY

GROVEDALE TOY LIBRARY

Saturdays
9.30-11.30
For more info go to:
grovedaletoylibrary.org.au



SENIOR CITIZENS

GROVEDALE SENIOR CITIZENS

Offering regular activities at the Grovedale Hub
Contact: Julie 0419 549 521

Carpet Bowls

Mondays 1pm-3pm

Gentle Exercise

Tuesdays 9am-10am

Cards 'Euchre'

Tuesdays 1pm-3pm

Bingo

Thursdays 1pm-3pm



DO YOU HAVE AN IDEA FOR A CLASS, ACTIVITY OR GROUP? Grovedale

Neighbourhood House would love to hear from you!
Email info@grovedalenh.org.au
Call 03 5241 5717

REGISTER YOUR INTEREST

Are you interested in joining a book group? Is a weekly hit of table tennis something you would like to do? We would love to hear from you! Please call 5241 5717 to register your interest today.

WE'VE BEEN BUSY AT THE GROVEDALE TOY LIBRARY

Grovedale Toy Library has had a very busy Term 3, as our membership numbers continue to grow, and Term 4 is shaping up to be equally busy with not one, but two events planned for Children's Week in October.



Our August Musical Stay and Play was filled with music, dancing and laughter. It was a fantastic way to showcase some of our newest musical toys and have some fun. Our members Laura and Melissa brought their violin and cello in for a musical performance, and we all enjoyed dancing and playing along to excerpts from The Nutcracker.

We also hosted another busy Stay and Play in September, which was encouraging our mini members to explore their creating and building skills. Jean from the Waurm Ponds Library had some wonderful stories to share at both Stay and Plays, and we always love her visits.

We would like to thank our recent grant supporters. Look at these amazing toys they've helped us purchase!



Five new Pikler climbing toys – many thanks to Villawood ARMSTRONG Grant

Musical instruments – many thanks to Forest Hill Grant from The Association of Graduates in Early Childhood Studies

Large Activity toys – Many thanks to the City of Greater Geelong COVID Recovery Grant



NEW TOYS
THANKS TO OUR RECENT GRANT SUPPORTERS



As a volunteer-run organisation, we would like to shine a light on our youngest volunteer, Jorja Houston. Jorja is at our Toy Library every Saturday morning, full of enthusiasm and initiative. It has been such a pleasure to see Jorja thrive as a volunteer, developing more independence as she goes. The committee are so grateful to the work that Jorja does for our library, and we sat down with Jorja and her mum Fiona to talk about their experience:

Name: *Jorja Houston*
Age: 13

How did you get started with the Grovedale Toy Library?

I had the opportunity to volunteer at the Grovedale Toy Library through my high school, Grovedale College. Every Wednesday we would go to the toy library and help with stock takes and cleaning toys. I really enjoyed helping so I decided "why not do it outside of school". I contacted Erin and asked how I could help more.

What types of jobs do you do when you're volunteering?

I help and recommend toys to children of different ages. I check stock for missing items along with cleaning and making the shelves neat. I help people to put items back if they don't know where they go. I use the computer to check items in and out, and I help with click and collect items.

What do you like most about spending your time at the library?

I love being able to help people of all ages and meeting new people. It's such a wonderful feeling

being able to help them and everyone is just so lovely and welcoming.

What would you like to say to other teenagers who are thinking of volunteering here or at another organisation?

Definitely give it a go, it's one of the best things you can do & you get so much back from it and helping others.

It makes you feel like you are making a difference, even by the simplest of things.

What are your top 3 toys to borrow from the toy library?

That's a tricky one as there so many good ones, but I usually go for Science and board game

1. Sphero which is a robot/coding toy
2. Climbing frames
3. Story Sacks

Fiona, as a parent, what are some benefits you've seen as a result of Jorja volunteering at the Toy library?

Jorja has always loved being able to help people and when she came home to tell us she wanted to start volunteering at the Toy Library we knew it would be something she would really enjoy. We have seen her confidence grow each session and the way she loves to be able to give back.

It's doing something for others that normally someone of her age wouldn't have the opportunity to do just yet.

We love hearing her stories each week and how proud she is to have helped someone. If you have the opportunity, I would definitely recommend others to take part and encourage your children to volunteer. We are so grateful to Erin and the Toy Library for giving Jorja the opportunity to volunteer and understand what that is and what it means. All of the volunteers are so kind, supportive and encouraging to Jorja in helping her and guiding her when needed.

The Grovedale Toy Library would like to thank Jorja for all of her efforts in supporting our growing community. If you would like to get involved as a volunteer for the Grovedale Toy Library, please visit our website www.grovedaletoylibrary.org.au/volunteer-with-us/ to register your interest. We have a range of tasks which can be completed, either in person during our opening hours or from home.

Reconnecting with community

The children and teachers at Grovedale Child and Family Centre have been really enjoying the opportunity to reconnect with the community. The last two and a half years have seen most of our events be put on hold so we've been making the most of our newfound freedom.

In recent weeks we have attended the Neighbourhood House 'R U OK? Day' barbeque, visited the post office, the community garden, had Bunnings for National Tree Day and several other incursions. We have lots more exciting events planned for term 4.

In our kindergarten programs, we have been focusing on learning about different cultures, sustainability and healthy eating. The children are immersed daily in a range of play based learning experiences that promote the development of each child.

Enrolments for 2023 are looking strong. If you are interested in our kindergarten program, please head to the City of Greater Geelong website to complete an expression of interest to join the waitlist. The enrolment process for 2024 will begin early next year.

Above: Preschool children doing some gardening. **Below:** The Ukes 'n More group entertaining the children at the Hub.



The Grovedale Marshall Probus Club is a combined club for men & women retirees



The Grovedale Marshall Probus Club is a Combined Club for men & women retirees.

Throughout these last two challenging years, Probus members have valued their connections to their Club and fellow members far more than at any other time. Probus provides so many opportunities for members to stay active, engaged and connected.

It's a magic opportunity to meet new friends and even to learn of useful activities or of social issues provided by a wide range of guest speakers. Most Probus members are a happy lot and this is contagious around others. It can be an exciting opportunity to get out and about especially for people who want to be involved in activities after leaving the workforce. In line with the United Nations Day of Older Persons, which is recognised across the world, the 1st of October is now known as Probus Day

Enjoy your retirement – Join our Probus community today!

Monthly meetings are on the second Thursday of each month at 9.45am for 10am in the Grovedale Community Hub, 45 Heyers Road, Grovedale. Everyone Welcome!



Some reasons to join!

- Listen to interesting guest speakers
- Make some great new friends
- Regular activities, outings, Mystery Bus Trips
- Lunches and coffee mornings throughout each month

General Enquiries

Anne Lane (Secretary), 48lane44@gmail.com

Membership Enquiries

Pam Simpson: 0447 088 238 or email pjsimpson49@hotmail.com

Mailing Address

Grovedale Marshall Probus Club
PO Box 2140
Grovedale East
VIC 3216

Website:

www.probusouthpacific.org/Grovedalemarshall

Connect with GNH

We're on facebook and Instagram. Like/Follow us to get the latest updates as we share real time information from the community.



Lions cakes and puddings arrive

BY LIONS CLUB OF GROVEDALE/WAURN PONDS

News from the Lions Club of Grovedale/Waurn Ponds

Christmas is Coming, and the Lions Club of Grovedale/Waurn Ponds is now ready to supply you with those delicious Lions Christmas Cakes and Puddings, as our stock recently arrived.

Prices this year are as follows:

Large Cakes (1.5 kg) - \$19

Small Cakes (1 kg) - \$15

Puddings (900 gm) - \$15

Mini Cakes (80 gm) - \$2

If you are local and need cake now, just give us a call or send an email and we'll organise to get products to you. We will be selling Lions Christmas Cakes and Puddings at Waurn Ponds shopping Centre during December on Fridays, Saturdays, and Sundays and Bunnings Waurn Ponds Saturdays and Sundays.

The 2022 Lions Club Community Raffle was drawn on Tuesday 6 September.

For those who had winning tickets, you will have been contacted by now.

Thank you to all the organisations and individuals that supported the raffle in raising much needed funds for the community.

Also, if you'd like to find out more about Lions, the largest voluntary service organisation in the world (Approx. 1.4 million members), give us a call. We are always keen to meet new enthusiastic people who'd like to become members.

Mark Grey - mobile 0428 557 564

David Ridley - mobile 0459 574 347

Email: grovedalewaurnponds.vic@lions.org.au



Uniting

- ✓ Do you have a few hours to spare each week?
- ✓ Are you looking for 15 hours volunteering per week?
- ✓ Are you motivated, reliable and keen to make a difference in your local community?

Uniting Barwon URGENTLY needs volunteers in the following roles:

**Logistics Head Volunteer (ongoing)

- Lead the maintenance and transport van crew volunteer team – ideally 3 mornings per week, e.g. Mon/Wed/Frid or Tues/Thurs/Frid
- Roster volunteers and schedule tasks - computer skills an advantage
- Ideal opportunity for a retired tradesperson looking for a rewarding challenge

**Christmas Programs Head Volunteer (end Sept - end Dec)

- Proactively assist our Emergency Relief Co-ordinators with the co-ordination and running of the Uniting Barwon Christmas Appeal
- Use your highly developed interpersonal communication skills, professionalism and rapport building skills
- Develop partnerships with key stakeholders (including businesses, shops and schools)
- Co-ordinate team members to carry out admin tasks, pick up and sort donations (including food and toys) and assist our clients during the lead up to Christmas

**Retail Volunteers (one or more Saturday shifts per month)

- Join the Saturday team at Highton, Geelong West or Point Lonsdale
- Indulge your LOVE of op shops
- Enjoy customer service, make new friends and have fun!

Uniting Barwon (formerly UnitingCare Geelong) is an emergency relief agency providing assistance to individuals and families in our local community who need practical support during times of financial and personal struggle. Our current vacancies include:

- Retail Team Members at our Highton, Geelong West, Norlane and Point Lonsdale Op Shops
- Christmas Program Team Members (November and December)
- Sorting of Donations (clothing and bric-a-brac etc.)
- Van Crew Members or Drivers (pickups and deliveries)
- Grounds and Maintenance Team Members (mowing, weeding, cleaning etc.)
- Food Distribution Team Members (assisting our clients)
- Receptionists (organising client appointments)
- Interviewers (assisting our clients)

If you—or someone you know—would enjoy being part of a can-do volunteer team, even for a few hours a week, please contact Elizabeth Hopkin on

4210 1113 or email Elizabeth.Hopkin@vt.uniting.org

Support vulnerable people in the community and help make a difference.

Volunteer appointments are subject to satisfactory criminal history checks, reference checks and Working with Children Check prior to commencement.



BOOK YOUR EVENT

Grovedale Neighbourhood House has a range of rooms, and a beautiful hall with a commercial kitchen that you can rent for workshops, meetings, events and activities. Give us a call now to discuss your needs and we will let you know availability and the range of reasonable rental costs.

Email info@grovedalenh.org.au. Call 03 5241 5717

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reception desk at 45 Heyers Road.



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