



BARWON NEIGHBOURHOOD HOUSES. ARTIST: BILLY-JAY O'TOOLE  
PAPUL ART, Wadawurrung Traditional Owner  
more on page 3



**FOR OUR ELDERS**  
2-9 JULY 2023

**GNH TERM 3 PROGRAM**  
SEE PAGE 8



The Grovendale Grapevine is compiled and published quarterly by Grovendale Neighbourhood House.

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Fridays CLOSED  
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Contributors should note that the right to modify submitted articles is retained by the Grovendale Grapevine. All contributors are asked to provide their articles electronically on Microsoft Word format and any images as separate high resolution files. New contributions welcome. Please email us.

#### LAYOUT & DESIGN

Tet Kelly / Kubo Kreative



Grovendale Neighbourhood House acknowledges Wadawurrung Traditional Owners of this land and all Aboriginal and Torres Strait Islander People who are part of the Greater Geelong community today.



## COORDINATOR'S REPORT

BY NATEESHA THOMASSEN



Welcome to the Winter edition of the Grapevine. We hope you're keeping warm and well as the days get shorter and colder.

We are excited to report that our first "Taster Series" activity of Tai Chi commenced in Term 2 and will continue in Term 3 on Tuesday mornings 11.30am-12.30pm and Thursday afternoons 1.30pm-2.30pm. Through our Taster Series we are offering a range of activities for our community to try with the hope that these activities may continue in the future. Taster Series activities are heavily discounted thanks to grant funding received from the City of Greater Geelong.

Macrame Pot Hanger Workshops were our second taster activity for the Term. As I write this, we are preparing to host these and are excited to see the gorgeous pots created by the participants. Check out our Facebook page or the next edition of the Grapevine to find out more about the workshops held. Keep an eye out in future editions of the Grapevine for more exciting taster activities.

We also hosted our first Safe Seats Safe Kids free car restraint check or fitting session on Tuesday 2 May. Bookings are now open for our next session scheduled for Tuesday 24 July, more information can be found on page 7.

We're also excited to have Hearing Australia onsite offering free hearing checks on Monday 14 August between 9.30am and 2pm for people 18 years and older. Bookings can be made by contacting us on 5241 5717.

Just a reminder that a new round of the Victorian Government Power Saving Bonus is currently available to all Victorian households. If you haven't claimed since the opening of this round on the 24 March, I encourage you to contact us on 5241 5717 to find out how we can help you claim the \$250 bonus.

We've also been fortunate to acquire more free RAT's and N95 masks for our community. The RAT's and masks can be collected from the Neighbourhood House reception desk during the Hub operating hours.

The Neighbourhood House team will be taking a break during the mid-year school holidays, closing our office from 2pm Thursday 22 June and reopening at 9am Monday 3 July.

Messages can be left on our voicemail 5241 5717 or via email and we will respond upon our return.

Wishing everyone a safe, happy and healthy winter.

### GROVEDALE NEIGHBOURHOOD HOUSE ACKNOWLEDGES THE SUPPORT OF:





# NAIDOC WEEK

2-9 July 2023

## Celebrating the Inspiring Artwork of Wadawurrung Traditional Owner BJ O'Toole

NAIDOC Week is a celebration of the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. It is held annually in Australia on the first full week of July.

In celebration of NAIDOC Week 2023, Grovedale Neighbourhood House would like to share and celebrate the work of local artist and Wadawurrung man Billy-Jay (BJ) O'Toole. The work on the cover of this edition of the Grapevine is titled 'Barwon Neighbourhood Houses' and was commissioned by the Neighbourhood Houses Barwon Network of which Grovedale Neighbourhood House is a member. This beautiful artwork captures the essence of Neighbourhood Houses Barwon and their Reconciliation journey together with the 24 Neighbourhood Houses in the Barwon region and the communities they serve.

The artwork description below tells the story of this journey.

Everyday the sunrises to bring us a new day. Bunjil (wedge tailed eagle) the creator of Wadawurrung country soars high in the sky, watching over Country, waters and people. Waa (The crow) is the protector.

The U shapes represent the 24 Barwon neighbourhood houses that are located across Wadawurrung and Eastern Marr Country the U shape symbolises sitting down. Community houses are the heart of suburbs a place to gather, provide services and information for all living in the community, The Eucalypt leaves are a sign of Welcoming used in Traditional ceremonies to cleans and provide a safe space and passage on Country

The hand in the middle symbolises everyone's commitment to Reconciliation, it takes many hands to come together.

The track markings are of kangaroos and emus that once were of plenty across Country.

Water gives life to country and all of us. Our sea Country, River Country and wetlands are home to abundance of species that roam across Wadawurrung and Eastern Marr Country.



BJ aims to educate people about his culture and love for land through his art. BJ grew up in Geelong on Wadawurrung Country, an area that stretches from the Great Dividing Range in Victoria's north all the way to the south coast, covering the land between Aireys Inlet in the west to the Werribee River in the east.

At the age of 23 he graduated with a Certificate IV in Aboriginal Cultural Heritage management and has managed and protected cultural heritage sites on Wadawurrung Country working for Wadawurrung Traditional Owners Aboriginal Corporation. Working on country everyday ignited his passion for art. Through his business Papul Art, BJ enjoys creating collaborative commissioned works - recent projects include interpretative signage that tells the story of falling waters at Lal Lal Reservoir (Central Highlands Water and Barwon Water), designing a playground in Ocean Grove, tops for the Torquay Tornadoes Hockey Club and footy boot artwork for Geelong Cats' star Tom Hawkins for the second Indigenous round.

If you would like to learn more about the BJ you can find him on Facebook by searching Papul Art.







# NAIDOC Week

**2-9 JULY 2023**

#NAIDOC2023 #ForOurElders

 @naidocweek  @naidocweek  facebook.com/NAIDOC

## For Our Elders, Bobbi Lockyer

Where there is knowledge there are our Elders. Our Elders paved the pathways for us, taught us our knowledge, our history, they passed down their art, stories and wisdom. Our Elders are the foundation of our communities and role models for our children. With this poster I wanted to showcase how important our Elders are in passing down traditions and culture to our children and future.

Aboriginal Flag designed by Mr Harold Thomas. Torres Strait Islander Flag reproduced by kind permission of the Torres Strait Island Regional Council, designed by the late Mr Bernard Namok.



naidoc.org.au







# Safe Seats Safe Kids

## IS YOUR CHILD TRAVELLING SAFELY?

GET FREE CHILDCAR RESTRAINT  
FITTINGS & SAFETY CHECKS



Grovedale Neighbourhood House invites local parents  
and carers to book in for a free child car  
restraint fitting or safety check!

### WHERE

Grovedale Neighbourhood House, 45 Heyers Road, Grovedale

### WHEN

Monday 24 July 2023 between 10.00am - 2.00pm

### HOW

Bookings are essential. Parents and carers (including grandparents!) can  
book in a free child car restraint fitting or check by registering through:  
[www.safeseatssafekids.com.au](http://www.safeseatssafekids.com.au)

Please note, if you need to have more than 1 child car restraint  
fitted/checked, you will need to book multiple appointments.

### WHY

90% of child car restraints are incorrectly installed or used, posing a serious  
safety risk to children travelling in those restraints. For peace of mind, have  
a professional fitter check your restraints so you know your child is safe.

For more information about the program, please visit:  
[kidsafevic.com.au/road-safety/free-child-car-restraint-checking-program](http://kidsafevic.com.au/road-safety/free-child-car-restraint-checking-program)

THESE EVENTS ARE HOSTED BY KIDSAFEVICTORIA IN  
PARTNERSHIP WITH NEIGHBOURHOOD HOUSES VICTORIA,  
WITH SUPPORT BY THE VICTORIAN STATE GOVERNMENT.



## GEELONG COUNCIL: LIBRARIES SECURED, GOLF COURSE REOPENS, AND COMMUNITY PROJECTS THRIVE

Firstly, let's address the issues of much discussion in the community.

Funding for our libraries remains a priority and the councillors are very confident we will find a budget process that keeps the libraries operating at their optimum.

While there has been considerable community angst, your local councillors remain steadfastly committed to funding our libraries.

The Queens Park Golf Course, driving range and pro shop are expected to reopen to green fee payers this week.

This is a result of your local councillors demanding that this course remain open to all, without compromise to services.

Council's significant investment in the Kardinia Ward is continuing, and it is fantastic to see many projects coming to fruition.

The Armstrong Creek West Community Hub opened in March and is due to have its first kindergarten classes starting in term three.

Meanwhile, work on the \$21.86 million Biyal-A Armstrong Creek Library is progressing well, and the state-of-the-art building is scheduled to be completed in mid-2024.

The much-loved Waurin Ponds Skate Park is close to being upgraded, and will become one of our premier youth skate and play sites.

The \$1.95 million redevelopment will create a space suitable for various wheeled sports, ages, and skill levels.

In other news, Council has announced the recipients of grants in the second round of the 2022-23 Community Grants program.

A number of organisations in the Kardinia Ward will benefit from the Environmental Sustainability and Healthy & Connected Communities grants.

Mount Duneed's Foundation 61 will receive \$10,000 towards solar panels, while the Belmont Lions Sports Club were allocated \$1,862 for sporting equipment.

Applications for this year's grants opened in June, and there is more than \$3.9 million available to assist community groups and organisations.

For further information and to apply visit [www.geelongaustralia.com.au/grants](http://www.geelongaustralia.com.au/grants).

Finally, if there are any Council related matters you need assistance with, please get in touch with the City via email ([contactus@geelongcity.vic.gov.au](mailto:contactus@geelongcity.vic.gov.au)) or phone on 03 5272 5272.

### *Stories are welcome*



Does your group or class have important updates for the community next term? If you use the Grovedale Neighbourhood House within the hub and have anything you would like to contribute or share with the Grovedale Hub community for the upcoming issues, please contact [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au).

# CITY OF GREATER GEELONG COMMUNITY GRANTS NOW OPEN

Does your community group have a great idea for a community project that needs some financial support to make it a reality? The City of Greater Geelong Community Grants are now open with more than \$3.9 million available to assist the community, arts, events, cultural, sporting, recreation, heritage, and environmental sustainability sectors.

Distributed across 13 different grant streams, funding ranges from small grants of \$500 to assist grassroots activities, through to \$350,000 to help shovel-ready community infrastructure projects.

## Community grants opportunities and key dates

### Opening on 3 June 2023 - closing on 24 July 2023

- **Arts Projects – (up to \$10,000)**  
To help deliver arts and cultural projects for those working in all art forms.
- **Community Events – (up to \$10,000)**  
To support moderate-sized public events that provide economic and community benefits.
- **Environmental Sustainability – (up to \$10,000)**  
To support projects that enhance our natural environment and drive environmental sustainability, as well as small environmental capital works up to \$10,000 and equipment grants up to \$2,000.
- **Healthy & Connected Communities – (up to \$10,000)**  
To help projects that will improve the health, wellbeing and capacity of our community. Also includes equipment grants up to \$2,000.
- **Climate Change Partnership – (up to \$50,000)**  
Partnership Grants for community led projects and activities to support the greater Geelong community to achieve net zero community emissions and increase resilience to the impact of climate change.

### Opening on 3 June 2023 – closing on 31 July 2023

- **Geelong Children's Week – up to \$500**  
Grants for not-for-profit community groups to run activities and events during Children's Week held annually in October.

### Opening on 3 June 2023 – closing on 21 August 2023

- **Community Infrastructure.** Grants for not-for-profit community groups for the planning and delivery of infrastructure projects.
  - **Planning (up to \$50,000):** Costs associated with facility development planning, concept designs and detailed designs for future infrastructure projects that demonstrate strong community benefit
  - **Capital Works (up to \$350,000):** To assist with cost of ready to go community infrastructure projects. Infrastructure projects must be openly accessible to and have strong community benefits.
- **Geelong Heritage.** Grants for conserving heritage buildings – including feasibility or planning studies - that have an identified historic value
  - **Conservation works (Up to 70% of eligible project costs with a maximum of \$40,000):** Building or streetscape projects that are visible to the public and focus on presentation to a street or public space and have an identified historic value.
  - **Planning (Up to 100% of eligible project costs with a maximum of \$10,000):** Feasibility and investigation projects to provide technical, planning, and project scoping advice for future restoration projects

### Opening in August 2023 – closing in November 2023

- **First Nations Cultural Heritage Grants – (up to \$90,000)**  
Grants for projects that recognise, restore, protect and preserve Aboriginal Cultural Heritage

Further information about the grants, the application criteria and how to apply is available on the City of Greater Geelong website <https://www.geelongaustralia.com.au/grants/default.aspx>



# WHAT'S ON TERM 3 2023

## TASTER SERIES

### TAI CHI

Tuesdays 11.30-12.30pm  
(commencing 11/7 for 9 weeks)  
Thursdays 1.30-2.30pm  
(commencing 13/7 for 9 weeks)  
\$2 per session for limited time only  
Contact: GNH 5241 5717

## GET ACTIVE

### STAYING ACTIVE

Low impact exercise  
Mondays 9.15am  
Wednesdays 9.15am  
\$8 per session  
Registration Essential  
Contact: GNH 5241 5717

### THE JUNGLE BODY WITH KAT B

Thursdays 6pm  
Contact: Katrina 0433 663 996



## DANCE

### WINGROVE CALISTHENICS

Mondays 5pm - Juniors  
Mondays 7pm - Seniors  
Tuesdays 4.30pm - Sub Juniors  
Tuesdays 6.30pm - Inters  
Thursdays 7.30pm - Masters  
Saturdays 9.30am - Tinies  
Contact: Cathy 0416 255 684

### FOLKWAVE PUNJABI DANCE

Tuesdays 6pm-8pm  
Contact: Avtar 0423 193 998

### LINE DANCING

Classes Fridays from 9am  
Events 4th Saturday of the month  
12noon-5pm  
Contact: Pauline 0409 164 701

### BALLROOM DANCING

Suitable for beginners  
Fridays 6.30pm-9pm  
Contact: Jose 0401 673 221

## MUSIC



### UKES 'N' MORE

Community Ukulele Group  
Wednesdays 7.30pm  
\$2.50 per session  
Contact: Ross 0430 871 045

### MUSIC WITH ABBEY

Music class for children  
Thursdays 2pm-3pm  
Contact: Abbey 0490 704 668

## TECHNOLOGY

### JEZA'S COMPUTER TECH HELP

Providing support with phone,  
tablet and laptop issues  
Tuesday mornings  
Bookings Essential  
Contact: GNH 5241 5717







## GET CREATIVE

### ACRYLIC & PASTEL ART CLASSES

Mondays 1.30pm-4pm

Contact: Jen Jones

0408 461 559

### SOGETSU IKEBANA

Thursdays 6pm-8pm

Contact: Christopher 5261 3983

### CRAFT CREATORS SOCIAL GROUP

Fridays 9.30am-12noon

\$4 per week

Contact: GNH 5241 5717

## LANGUAGE & PHILOSOPHY

### SECOND COMING OF CHRIST DISCUSSION GROUP

East meets West: A Philosophical study of the great work of Paramahansa Yogananda

Wednesdays 9.30am-12noon

\$2.50 per session

Contact: GNH 5241 5717

### GITA DISCUSSION GROUP

Wednesdays 12noon-3pm

\$2.50 per session

Contact: GNH 5241 5717

### SPIRITUAL DISCUSSION GROUP

Wednesdays 7pm-9pm

\$2.50 per week

Contact: GNH 5241 5717

### ZIMBABWEAN LANGUAGE CLASS

Sundays 2pm-4.30pm

Contact: Athanas 0424 326 267

**DO YOU HAVE AN IDEA FOR A CLASS, ACTIVITY OR GROUP?**  
**Grovedale Neighbourhood House**  
**would love to hear from you!**

Email [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au)

Call 03 5241 5717

## WELLBEING

### TOWN (TAKE OFF WEIGHT NATURALLY) WEIGHT LOSS SUPPORT GROUP

Wednesdays 6pm

Contact: Heather 0417 516 020

### BUDDHIST MEDITATION

Sunday fortnightly from 10.30am

Contact: Alex 0407 018 498



## U3A

### FOR ALL BOOKINGS CONTACT U3A 5244 5114

### SPANISH INTERMEDIATE / ADVANCED

Wednesdays 2pm-4.15pm

### TRAGEDY AND COMEDY IN LITERATURE

Thursdays 1.30pm-3.30pm

### YOGA

Wednesdays 1.45pm-3pm

Fridays 7.45am-9am

## COMMUNITY GARDEN

### FOOD SWAP

Bring your excess produce to swap at the Grovedale Community Garden

Third Saturday of the month

9.30am-10.30am

Contact: Vic 0407 231 350

## TOY LIBRARY

### GROVEDALE TOY LIBRARY

Tuesdays 9am-10.30am

Saturdays 9.30am-11.30am

Appointments may be necessary.

For more info go to:  
[grovedaletoylibrary.org.au](http://grovedaletoylibrary.org.au)

## SENIOR CITIZENS

### GROVEDALE SENIOR CITIZENS

Offering regular activities at the Grovedale Hub.

Contact: Julie 0419 549 521

### Carpet Bowls

Mondays 1pm-3pm

### Gentle Exercise

Tuesdays 9am-10am

### Cards 'Euchre'

Tuesdays 1pm-3pm

### Bingo

Thursdays 1pm-3pm

GNH TASTER SERIES

# Tai Chi & Qigong



Improve your mind and body through the ancient Chinese art of Tai Chi and Qigong.



\$2

per session

Tuesdays and  
Thursdays  
during Term 3

Open to all  
skill levels

**Tuesdays** 11.30-12.30pm  
July 11th, 18th, 25th  
August 1st, 8th, 15th, 22nd, 29th  
September 5th

**Thursdays** 1.30-2.30pm  
July 13th, 20th, 27th  
August 3rd, 10th, 17th, 24th, 31st  
September 7th

## LOCATION

Grovedale Neighbourhood House  
45 Heyers Road  
Grovedale

## CONTACT

For more information  
please call (03) 5241 5717.

Tai Chi is a moving form of meditation and Qigong (pronounced "chi gong") is a mostly stationary form of exercise.

In these sessions your instructor Desma will guide you through Qigong health exercises and then move to Tai Chi forms working on improving balance, relaxation, breathing and improving general health and wellbeing by exercising your internal organs.

Tai chi is great for your mind, body and soul. Exercise without the huff and puff but powerful and fun at the same time.

## GNH TASTER SERIES

This activity is part of the Grovedale Neighbourhood House Taster Series made possible by grant funding received from the City of Greater Geelong through its Community Investment and Support Fund.





# WAURN PONDS REMEMBERS PAST SERVICEMEN AND SERVICEWOMEN

The Waurm Ponds Memorial Reserve Committee invites the local community to attend a memorial service to pay tribute to all servicemen and servicewomen who have served in our defence forces. This year marks the 104th anniversary since the planting of the trees at the Waurm Ponds Memorial Reserve.

The people of Waurm Ponds along with the local servicemen planted trees to honour the sacrifices of each servicemen and servicewomen who served during World War One. The Reserve is now a peaceful reflection on all service personnel who have served in our defence forces.

The Service will be held on Sunday 2nd July 2023, commencing at 10:45am with a short march prior to the service. Local servicemen and servicewomen past and present are invited to participate in the short march. Please form up at the Memorial Reserve, Waurm Ponds Drive, at 10:30am.

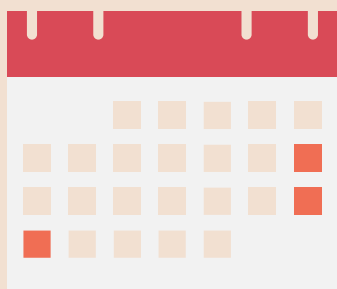
Rev Peter Jewell from the Grovedale Uniting Church will lead the prayers along with the Sing Australia Geelong



Choir, Sophie Collins singing along with the Geelong Memorial Brass Band playing the music.

Community organisations and individuals are welcome to lay floral tributes and wreaths in memory of all service personnel.

After the service light refreshments will be served in the Waurm Ponds Hall. If able, a plate to share would be greatly appreciated.



## DEADLINE FOR THE NEXT ISSUE OF THE GRAPEVINE

CALL FOR CONTENT: Monday, 14 August 2023

COPY DUE: Monday, 28 August 2023

PUBLICATION: Monday, 11 September 2023

Want to receive a reminder to submit your article?

SIGN UP AT: <https://bit.ly/Grapevinereminder> or call us on 5241 5717

# EXPERIENCE THE TIMELESS BEAUTY OF SOGETSU IKEBANA

When the Sogetsu Ikebana group meets on Thursday evenings, from 6:00 pm to 8:00pm, the students include four members who have been attending classes for almost 19 years. This longevity does not mean we are slow learners or that the course takes so long to complete. No, it is because we still get so much out of attending classes and practising this ancient form of Japanese flower arranging.

From the moment we arrive with our bucket of flowers and branches, vases and secateurs, we know we are among friends. After the preliminary chatter, we start work on whatever our exercise is for that night and a wonderful calm settles in. For about 90 minutes the outside world fades out of view. There is no competition, we share material, lend a hand when we can, and at the end we look up to see what the rest of the group has created and what we can learn from each other's efforts. There might be students working at three or four different levels, and we will all have received advice and assistance from our teacher, Christopher James. When we go home we do so with the satisfaction of having created something beautiful and learned something new.

Prospective students should know that they do not need any floristry experience, artistic talent or special equipment. All they need for their first lesson is a container, a pair of secateurs and floral material. The first sections of the curriculum will cover the basic rules and variations of those arrangements. Sogetsu Ikebana is one of several schools of this ancient practice, but it is a modern, sculptural form, and once the basic skills are acquired, you get to do freestyle exercises or learn how to focus on colour, straight or curved lines, using leaves only, working with fruit or vegetables, and a range of other approaches.

It is fair to say that budding ikebana practitioners will soon view western flower arrangements very differently.

They will also find themselves collecting stuff and allowing it take over their home. They will be looking at all kinds of things they might one day use as a vase or checking the side of the road for interesting branches. There is a reason for Christopher's blog's name being Roadside Ikebana. Eventually it is also possible to become involved with the Melbourne branch of Sogetsu School of Ikebana or participate in exhibitions. Members of our class have, for example, contributed to exhibitions at Geelong's Wintergarden and Qdos Gallery in Lorne, as well as a number of Melbourne venues.



Two exhibitions which may interest readers of Grapevine will be held as follows:

**Hiroshima Day Peace Day Service**  
St Paul's Cathedral, Melbourne  
Sunday August 6th, 10:00 am

**Annual Exhibition:**  
Labassa National Trust Mansion  
Theme: Sustainable and Local Ikebana  
2 Manor Grove, Caulfield North  
Friday September 15th – Sunday 17th



For about 90 minutes the outside world fades out of view. There is no competition, we share material, lend a hand when we can, and at the end we look up to see what the rest of the group has created and what we can learn from each other's efforts.



# 5 WAYS TOY LIBRARIES CAN HELP FAMILIES

By GROVEDALE TOY LIBRARY

As a hub for families to share resources, connect with one another, and foster a sense of belonging, Grovedale Toy Library is more than just a place to borrow toys—it's a vibrant community center.

**Community Connection:** Toy libraries serve as a community hub where families can come together to share resources and connect with one another. The Grovedale Toy Library hosts Stay and Play events every term for their member families. On May 27th, we held a World Play Day event celebrating all things sustainable, and we have a **Musical Stay and Play** coming up on June 24th. We also have a special **School Holiday Games Day** coming up, which will be open to non-members.

**Cost of Living Relief:** Toy libraries provide a cost-effective solution for families by eliminating the need to constantly buy new toys, games, and puzzles for their children. Our members **save an average of \$3,400 a year** by being a part of Grovedale Toy Library!

**Sustainable Play:** Toy libraries promote sustainability by reducing the amount of waste generated from discarded or unused toys. Over half (51%) of the toys

bought in Australia end up in landfill within a year. Increased utilization of toy libraries could significantly reduce this.

**Toy Rotation:** Toy libraries offer a wide variety of toys that children can borrow and play with, which helps stimulate their creativity and imagination. On average, a child gets bored of a toy within 36 days, making toy rotation so important to stimulate children's minds!

**Support Development:** Toy libraries can provide educational toys that promote learning and development in children, which can be especially beneficial for families with limited access to educational resources. We have a very popular range of **Story Sacks** with toys accompanying classic children's books, and a large range of **STEM toys**, including a variety of coding toys! The library is about to expand our **Medical Toys** range thanks to a generous grant from **Geelong Community Foundation**, giving our member families simple and effective tools to help improve their children's health literacy.

To find out more, check out [www.grovedaletoylibrary.org.au](http://www.grovedaletoylibrary.org.au) or find us on Facebook or Instagram.

## TOY LIBRARIES OF GEELONG, THE BELLARINE & THE SURFCOAST



## LEAVE THE TOYS TO US!



# A LOOK INTO THE ENRICHING KINDERGARTEN EXPERIENCE

By GROVEDALE CHILD AND FAMILY CENTRE



The children and teachers at Grovedale Child and Family Centre in 2023 are really looking forward to Term 3 in the Kindergarten year.

Last term we had Hearing Australia come out and do hearing tests for the children. We had the Victorian Police come and do incursions for the classes where we could learn about all the things that the Police can help us with. We went on excursions to the Grovedale West Primary School and regular visits to the community garden next door. We also have the Barwon Health Dentist team coming out to do free checks on the children.

As part of a national quality standard the service was assessed and rated as Exceeding the NQS and it shows the hard work and dedication of the team, families and children to bring a high quality service to the area.



If you are interested in our kindergarten program, please head to the City of Greater Geelong website to complete an expression of interest to join the waitlist. The enrolment process for 2024 is still ongoing.



## Connect with GNH

We're on facebook and Instagram. Like/Follow us to get the latest updates as we share real time information from the community.



# Rediscover the sounds you love



Book a free\* Hearing check

**Location: GROVEDALE COMMUNITY HUB**  
**45 Heyers Rd**  
**Grovedale Vic 3216**  
**14 August 2023**  
**9:30am – 2:00pm**  
**Call 5241 5717**

\*Only 15 minute hearing checks are free. Other services may attract charges/fees or may be subsidised for those eligible under the Australian Government Hearing Services Program. A hearing check is a screening that helps identify people that may have hearing loss

 [hearing.com.au](https://hearing.com.au)



# EMBRACING RETIREMENT: TALES FROM THE GROVEDALE MARSHALL PROBUS CLUB



The Grovedale Marshall Probud Club is a Combined Club for men & women retirees.

Probud provides retirees with the opportunity to connect socially, which is so important in today's world. Membership is open to anyone who is retired or semi-retired, so why not join the tens of thousands of Probud members across Australia and New Zealand and find out about your local Probud Club today.

Probud Clubs offer a range of activities including trips and outings for members to enjoy, depending on their interests, lifestyle and location. Probud Club members meet monthly, to enjoy the company of like-minded fellow retirees and listen to interesting guest speakers. Members also meet most weeks at either coffee mornings or lunches, plus get together for day trips and holidays much further afield such as a recent trip to Tasmania and a trip to Canberra Floriade which is scheduled for later in the year.

PROBUS is a local, national, and international association of retired people who come together in non-political, non-sectarian, non-profit, autonomous clubs which provide regular opportunities for members to meet others in similar circumstances, with similar levels of interest, make new friends, and maintain and expand their interests. Probud provides so many opportunities for members to stay active, engaged and connected. When you retire those friendships that are developed through your working life are often lost. Probud is a great way to develop new friendships, to quote a recent Probud Club member "the day I joined my Probud Club, I instantly had 50 or more new friends".

Enjoy your retirement – Join our Probud community today!

Monthly meetings are on the second Thursday of each month at 9.45am for 10am in the Grovedale Community Hub, 45 Heyers Road, Grovedale. Everyone Welcome!



Some reasons to join!

- Listen to interesting guest speakers
- Regular activities & outings
- Make some great new friends
- Lunches and coffee mornings throughout each month

General Enquiries:

Anne Lane (Secretary)  
48lane44@gmail.com

Membership Enquiries:

Viv Buchanan, 0458 288 504 or email:  
Viviennebuchanan51@gmail.com

Mailing Address: Grovedale Marshall Probud Club.  
PO Box 2140, Grovedale East, VIC 3216

Website: <https://www.probusouthpacific.org/microsites/grovedalemarshall>



## Greeting from the Lions Club of Grovedale/Waurn Ponds



Give us a call!

Although the Lions Club of Grovedale/Waurn Ponds has only been around since 1985 (That's 38 years), we are proud to be a part of the great international organisation of Lions Clubs.

As Lions in Australia, for 75 years, we've served with uncommon kindness, putting the needs of our neighbours, our communities, and our world first. Since the first Lions club was formed in Lismore, NSW in September 1947, we have grown to be Australia's largest service club organisation.

We look back at our storied past with pride, but we know it's only the beginning. Every day, we're building on our legacy with the goal of making an even greater impact in the future.

### Lions Projects and Foundations

Lions Clubs throughout Australia and Papua New Guinea are involved in establishing and managing a range of national Projects and Foundations. Our Projects and Foundations play a significant part in funding vital medical research, improving health care, assisting adults and children with disabilities,

responding to natural disasters and emergencies, and improving the lives of others. Browse some of our current projects and foundations at the link below.

<https://lionsclubs.org.au/our-programs/>

We are sure you will see something you would love to be involved with.

There is no obligation to give us a call and have a chat.

Grovedale/Waurn Ponds Lions - Contact Phone numbers:

Mark Grey (President 2023-2024) – 0428 557 564

Allan Reeve (Membership Chairman 2023-2024) – 0418 527559

David Ridley (Club Secretary 2023-2024)– 0459 574 347

Thanks for reading.



## BOOK YOUR ACTIVITY WITH GNH

Located in Heyers Rd, Grovedale, the vibrant Grovedale Neighbourhood House offers a diverse selection of rooms and a stunning hall complete with a well-equipped commercial kitchen, available for rent to cater to your specific requirements. Whether you're planning workshops, meetings, events, or engaging activities, our flexible spaces are designed to accommodate your needs. Reach out to us today and our friendly team will be delighted to assist you in discussing availability and providing you with details regarding the range of affordable rental costs we offer.

Email [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au). Call 03 5241 5717. More

information is on <https://www.grovedalenh.org.au/venue-hire/>





Uniting Barwon (formerly UnitingCare Geelong) provides emergency relief (ER) assistance to individuals and families in our local community who need practical support during times of financial and personal struggle.

Our Grovedale volunteer vacancies include:

- Mid-week shifts sorting donations (clothing and bric-a-brac etc.)
- Mid-week morning and afternoon shifts for van crew members or drivers (pickups and deliveries)
- Grounds and maintenance team members (mowing, weeding, cleaning etc.)
- Mid-week morning shifts for food distribution team members (assisting our clients); receptionists (organising client appointments); and interviewers (assisting our clients)
- NILS microfinance volunteers

Other vacancies with Uniting Barwon include:

- Mid-week or Saturday shifts at our Highton, Geelong West, Norlane, Point Lonsdale and Werribee Op Shops.

Staff and volunteers have been busy refreshing all Uniting Op Shops. Our Porter Avenue Highton Op Shop is closed from 5th June with the **Grand Re-opening on Friday 23rd June**.

If you—or someone you know—would enjoy being part of a can-do volunteer team, even for a few hours a week, please contact Jan Douglas on **4210 1113** or email [Jan.Douglas@vt.uniting.org](mailto:Jan.Douglas@vt.uniting.org)

**Support vulnerable people in the community and help make a difference.**

*Volunteer appointments are subject to satisfactory criminal history checks, reference checks and Working with Children Check prior to commencement.*

## 3216 COMMUNITY



**Grovedale Uniting Church** is

situated on the corner of Torquay and Reserve Roads, Grovedale.

A warm, friendly, caring community, we meet each Sunday for worship at

**9:30am**, with the church also being open for prayer and reflection from **11am to 1pm** the first Saturday of the month. The **Prayer Group** also meets in the church most **Thursday mornings at 9:40am**. Christians believe that prayer can be a powerful force for change, and can also bring comfort and healing.

For further details, or for a personal prayer over the phone, please contact **Peter** on **0419 165473**.

Earlier this month we hosted a successful fundraising concert for Armstrong Creek Uniting Church Faith Community, involving a number of artists from the church and community. We would like to do more of these types of things and would be interested in exploring partnerships with others in the community around using our church as a performance space. We also have a need for volunteers, especially in our Opshop, Bookshop, and Mainly Music programs. If you are interested in gardening, we would also welcome your involvement in caring for our grounds. Please call **Peter** on **0419 165473** if you are interested in any of the above.

**Our regular activities continue:**



**10am Tuesdays during school term.** A music and movement program for children from birth to 4 years old. Cost \$5 per family. Please ring before attending as there may be a waiting list.



**5pm on the 4th Friday of the month.** Focused on families, there is craft and games followed by an interactive worship time, concluding with a shared tea. A Donation for costs is taken.

**Please contact Dianne on 0458 726259** for details on both Messy Church and Mainly Music.

Find us on Facebook: **Grovedale UC Children and Family**

**Bible Study Growth Group: 7:30pm Tuesdays** during school term.

**Craft Group: 10am Thursday** during school term. Details call **Rhonda on 5243 6496**.



**“LET’S SING”** Group singing for fun. Meeting on the last Sunday in the month from 3pm -5pm, it’s a fun opportunity to gather for singing and fellowship. Everyone is welcome. No experience is needed. \$2.00 donation. Contact **Rhonda on 5243 6496**



**Chattels and Chats Opshop and Bookshop**

Open **Wednesday, 10am-4pm. Friday, 10am-3pm.**

**10am-3pm First Saturday of the month.** Details call Contact **Wendy on 0488 435702**.

We also share our site with *Interlude Coffee* and **UNITING** Barwon. **UNITING** provide support to those who may be homeless, or who need financial or welfare assistance. Open **9:30am-12 noon Monday to Friday**, they can be contacted on **4210 1100**. If you have a question about Faith or Spirituality or would like to know more about the church, please contact **Rev Peter Jewell** on **0419 165473** or Em. [psjewell@netspace.net.au](mailto:psjewell@netspace.net.au)

[grovedale.unitingchurch.org.au](http://grovedale.unitingchurch.org.au)





# Be the Difference

Become part of your local community

Help socially isolated elderly members connect with others. Volunteer with genU and break those feelings of loneliness for others, connect via sharing stories and giving back.



**JOIN OUR VOLUNTEER COMMUNITY TODAY!**

To express interest and find out more

Phone: (03) 5282 0038

Email: [volunteers@genu.org.au](mailto:volunteers@genu.org.au)



Scan the QR code or visit [genu.org.au/careers/volunteering](https://genu.org.au/careers/volunteering)

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## ADVERTISE WITH US

We accept advertising for the online version of the Grapevine.

Please contact [info@grovedalenh.org.au](mailto:info@grovedalenh.org.au) or phone us at (03) 5241 5717.

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**PRINT:** Pick up a copy from the Grovedale Neighbourhood House reception desk at 45 Heyers Road.



**GROVEDALE**

45 Heyers Rd, Grovedale VIC 3216

Phone: 5241 5717

[www.grovedalenh.org.au](http://www.grovedalenh.org.au)