



What's On Term 1 2024



GET CONNECTED

CONNECTING PIECES

Work on a jigsaw puzzle whilst enjoying a cuppa and conversation with others
Wednesdays 10.30am-11.30am
FREE
Contact: GNH 5241 5717

NEW!

TASTER SERIES

\$5 per workshop
All materials supplied
Bookings Essential
Contact: GNH 5241 5717

NEW!

ART JOURNALING

Thursday 15 February
10.30am-12.30pm

MANDALA POWER

Thursday 22 February
10.30am-12.30pm

DANCE

WINGROVE CALISTHENICS

Mondays 5pm - Juniors
Mondays 7pm - Seniors
Tuesdays 4.30pm - Sub Juniors
Tuesdays 6.30pm - Inters
Thursdays 7.30pm - Masters
Saturdays 9.30am - Tinies
Contact: Cathy 0416 255 684

FOLKWAVE PUNJABI DANCE

Tuesdays 6pm-8pm
Contact: Avtar 0423 193 998

LINE DANCING

Classes Fridays from 9am
Events 4th Saturday of the month
12noon-5pm
Contact: Pauline 0409 164 701

BALLROOM DANCING

Suitable for beginners
Fridays 6.30pm-9pm
Contact: Jose 0401 673 221

MUSIC

UKES 'N' MORE
Community Ukulele Group
Wednesdays 7.30pm
\$3.00 per session
Contact: Ross
0430 871 045

GET CREATIVE

KIDS ART CLASSES

Mondays, Tuesdays and
Wednesdays
5.30pm-6.30pm
Contact: Jessica 0490 028 113

NEW!

ACRYLIC & PASTEL ART CLASSES

Mondays 1.30pm-4pm
Contact: Jen Jones
0408 461 559

SOGETSU IKEBANA

Thursdays 6pm-8pm
Contact: Christopher 5261 3983

CRAFT CREATORS SOCIAL GROUP

Fridays 9.30am-12noon
\$4 per week
Contact: GNH 5241 5717

LANGUAGE & PHILOSOPHY

SECOND COMING OF CHRIST DISCUSSION GROUP

East meets West: A Philosophical
study of the great work of
Paramahansa Yogananda
Wednesdays 9.30am-12noon
\$3 per session
Contact: GNH 5241 5717

ZIMBABWEAN LANGUAGE CLASS

Sundays 2pm-4.30pm
Contact: Athanas 0424 326 267

TRAINING OPPORTUNITY

FREE 'BE A DIGITAL

MENTOR' WORKSHOP
Learn how you can help others
gain confidence online
Thursday 21 March 10am-3pm
Lunch provided.
Visit digitalmentors.nhbarwon.org.au to register.

NEW!



COMMUNITY GARDEN

FOOD SWAP

Bring your excess produce
to swap at the Grovedale
Community Garden
Third Saturday of the month
9.30am-10.30am
Contact: Vic 0407 231 350

WELLBEING

TOWN (TAKE OFF WEIGHT NATURALLY) WEIGHT LOSS SUPPORT GROUP

Wednesdays 6pm
Contact: Heather 0417 516 020

BUDDHIST MEDITATION

Sunday fortnightly from 10.30am
Contact: Alex 0407 018 498

TOY LIBRARY

GROVEDALE TOY LIBRARY

Tuesdays 9am-10.30am
Thursdays 9.30am-11am
Saturdays 9.30am-11.30am
Appointments may be necessary.
For more info go to:
grovedaletoylibrary.org.au

GET ACTIVE

TAI CHI

Tuesdays 10.30am-11.30am
\$8 per session
Contact: GNH 5241 4717

STAYING ACTIVE

Low impact exercise
Mondays 9.15am
Wednesdays 9.15am
\$8 per session
Registration Essential
Contact: GNH 5241 5717

THE JUNGLE BODY WITH KAT B

Thursdays 5.45pm
Contact: Katrina 0433 663 996

U3A

For all U3A bookings
contact U3A 5244 5114

OUR SOLAR SYSTEM (AND MORE)

Tuesday Fortnightly
1.30pm-3.30pm

CALLIGRAPHY CONTINUING

Tuesday 13/2 and 12/3
11.45am-1.45pm

ADVANCED PAINTING ACRYLIC

Wednesdays 2pm-4pm

TRAGEDY AND COMEDY IN LITERATURE

Thursdays 9.30am-11am

SENIOR CITIZENS

GROVEDALE SENIOR CITIZENS

Offering regular activities at the
Grovedale Hub.
Contact: Julie 0419 549 521

Carpet Bowls

Mondays 1pm-3pm

Gentle Exercise

Tuesdays 9am-10am

Cards 'Euchre'

Tuesdays 1pm-3pm

Bingo

Thursdays 1pm-3pm